



Two Faced



Date:	21/Jan/2017	Measurement:	60 x 40
Time:	N/A:N/A	Players:	10
Duration:	N/A	Level:	U8 - 18+

Objective: Score more than your opponent.

Description: Ten or more players. Two areas approx the size of two penalty areas. A flat goal or flags are in the center as a goal. One team scores on (Ex:) the north facing side. The other team scores on the south facing side. Regular soccer rules. Many rules can be added. If there are too many players consider 3 teams and the winner stays. (Ex: first team to 3 goals or 3 minutes)

Coaching Points: Communicate. Goalkeepers especially must be involved.

Progression: Touch line can create corner kicks everytime the ball goes out Every time the ball crosses the end line (edge of penalty area) it is a free kick. Free kicks can all be indirect, or direct.