



February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 <u>Track Practice</u> 5pm to 6pm	6	7 <u>Track Practice</u> 5pm to 6pm	8	9
10	11	12 <u>Track Practice</u> 5pm to 6pm	13	14 <u>Track Practice</u> 5pm to 6pm	15	16
17	18	19 <u>Track Practice</u> 5pm to 6pm	20	21 <u>Track Practice</u> 5pm to 6pm	22	23
24	25	26 <u>Track Practice</u> 5pm to 6pm	27	28 <u>Track Practice</u> 5pm to 6pm		

EVENTS

Track Practice

Practices are held on the College Park High School track.



March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <u>Coach Certification Night</u>	5 <u>Track Practice</u> 5pm to 6pm	6	7 <u>Track Practice</u> 5pm to 6pm	8	9 <u>War Path Invitational</u> YVHS
10 Daylight Savings	11	12 <u>Track Practice</u> 5:30pm to 7:00pm	13	14 <u>Track Practice</u> 5:30pm to 7:00pm	15	16 <u>Meet 1</u> DVC (CTK HOST)
17	18	19 <u>Track Practice</u> 5:30pm to 7:00pm	20	21 <u>Track Practice</u> 5:30pm to 7:00pm	22	23 <u>Meet 2</u> YVHS
24	25	26 <u>Track Practice</u> 5:30pm to 7:00pm	27	28 <u>Track Practice</u> 5:30pm to 7:00pm	29	30 <u>Meet 3</u> YVHS
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EVENTS

Track Practice

Practices are held on the College Park High School track.

Meet Locations & Addresses

Ygnacio Valley High School (YVHS)
755 Oak Grove Rd. Concord, CA 94518

Diablo Valley College (DVC)
321 Golf Club Rd. Pleasant Hill CA 94523



April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <u>Track Practice</u> 5:30pm to 7:00pm	3	4 <u>Track Practice</u> 5:30pm to 7:00pm	5	6 <u>Meet 4</u> DVC
7	8	9 <u>Track Practice</u> 5:30pm to 7:00pm	10	11 <u>Track Practice</u> 5:30pm to 7:00pm	12	13 <u>Qualifying Meet</u> DVC (CTK HOST)
14	15	16 <u>Track Practice</u> 5:30pm to 7:00pm	17	18 No Track Practice (Holy Thursday)	19	20 No Meet (Easter Weekend)
21 Easter	22	23 <u>Track Practice</u> 5:30pm to 7:00pm	24	25 <u>Track Practice</u> 5:30pm to 7:00pm	26	27 <u>Relay Meet</u> DVC
28	29	30 <u>Track Practice</u> 5:30pm to 7:00pm				

EVENTS

Track Practice

Practices are held on the College Park High School track.

Meet Locations & Addresses

Diablo Valley College (DVC)
321 Golf Club Rd. Pleasant Hill CA 94523

Ygnacio Valley High School (YVHS)
755 Oak Grove Rd. Concord, CA 94518



May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 <u>Track Practice</u> <u>Sectional 1600M</u> - YVHS	3	4 <u>Sectional Meet</u> DVC
5	6	7 <u>Track Practice</u> 5:30pm to 7:00pm	8	9 <u>Track Practice</u> 5:30pm to 7:00pm	10 <u>Diocesan 800M/1600M</u> Logan High School	11 <u>Diocesan Meet</u> DVC
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	June 1 CTK Track & Field Picnic! Pleasant Hill Park

EVENTS

Track Practice

Practices are held on the College Park High School track.

Meet Locations & Addresses

Diablo Valley College (DVC)
321 Golf Club Rd. Pleasant Hill CA 94523

Logan High School
1800 H St. Union City, CA 94587

Ygnacio Valley High School (YVHS)
755 Oak Grove Rd. Concord, CA 94518

End of Season Picnic – June 1

Pleasant Hill Park
147 Gregory Lane Pleasant Hill, CA 94523