

September Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
			1) Smoothie bowls with granola and milk.
5) Labor Day. No School.	6) maple brown sugar oatmeal with fruit and milk.	7) Breakfast burrito with salsa, fruit and milk.	8) Breakfast bowls with fruit and milk.
12) Assorted cereal bars with fruit and milk.	13) scrambled eggs with a breakfast pastry, fruit and milk.	14) French toast with syrup, sausage patties, fruit and milk.	15) Assorted cold cereal with fruit and milk.
19) Strawberry cream cheese filled bagel bites with fruit and milk.	20) breakfast sandwich with a hash brown and milk.	21) broccoli cheddar breakfast egg bakes with fruit and milk.	22) breakfast potato hash with eggs, fruit and milk.
26) Assorted cold cereal with fruit and milk.	27) scrambled eggs with cheese, toast, jelly, fruit and milk.	28) Pancakes with butter, syrup, fruit and milk.	29) Biscuits and gravy with fruit and milk.

Notes:

There will be two types of milk offered at each meal:

Breakfast: skim and 1% white

Lunch: 1% white and fat free chocolate

*Menu is subject to change as needed.

“This institution is an equal opportunity provider.”