



# THE UNRECABLES

NEWS

THE UNRECABLES • MEMBER CHAPTER OF MOVE UNITED

WINTER ISSUE

OFFICIAL PUBLICATION OF  
THE UNRECABLES

JANUARY-MARCH 2024

## THE UNRECABLES TO START SKIING IN JANUARY

### PRESIDENT'S MESSAGE MICHELLE MCCARTHY



**H**appy New Year! The 2023-24 snow riding season is in full swing, however, we need more snow on our SoCal mountains! Our first trip will be running this month. We are all eager to get back to the mountains. I am looking forward to meeting our new members as the season progresses.

We are grateful for our Board members who have been volunteering for years, and we are excited to work with the new volunteers who have stepped up into board positions this year.

Our amazing, phenomenal, wonder woman **Hannah** will be stepping down from her MANY years as Equipment Manager at the end of this season. We are looking for a volunteer to take on her role of loading, unloading, and over-seeing maintenance of our equipment at Mammoth. Please contact me if you are interested, and **Hannah** will start your training.

Please join us on our monthly Zoom calls on the second Tuesday

*continued -- p. 3*



Sigrid checks out the conditions at Mammoth in December.

### The Unrecables 2024 Ski Trips

Jan 19-21  
Feb 23-25  
March 22-24  
April 19-21  
May 10-12  
May 31-June 2

Contact Victor Chan  
to book your trip.

### INSIDE THIS ISSUE

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**SEASON BEGINS IN JANUARY**  
**VICTOR CHAN**



The 2023-24 season is getting off to a slow start with minimal snow at Mammoth. We had to cancel the November and December trips. Hopefully, January will bring lots of new snow for our January 19-21 trip. So far 16 of us are going and I'm confirming with a couple more. Since we had to cancel the instructor/volunteer trip, we plan to rotate shadows for the students and run some clinics over the weekend. I've been able to work with Central Reservations to book several condos for the upcoming season with the understanding that we can make changes later and receive credit towards future bookings. Condo prices seem to have stabilized so rates are the same as last year, \$90 per person per night and \$25 per night for kids up through high school age. As in the past, folks who end up being assigned to a couch or sofabed will receive a discounted rate. I plan to formalize that policy soon, including if someone would prefer to sleep on a couch for the discounted rate.

At our last Board meeting we decided to give credit for a future trip to the people who donated their condo fees to the club last February when the roads closed and despite trying for hours to get up to Mammoth, could not. I have contacted those who were affected to let them know.

Our 2024 trips schedule (and confirm by dates) are:  
Feb 23-25 (Feb 2)  
March 22-24 (March 1)  
April 19-21 (March 29)  
May 10-12 (April 19)  
May 31-Jun 2 (May 10)

**CENTURY CITY SKI CLUB DONATES TO THE UNRECABLES**  
**RICHARD OLMSTED**

I had the distinct pleasure to attend the 'Pray for Snow' winter party of the Century City Ski Club on November 18th out in the hinterlands of Thousand Oaks. I was asked by the Board to attend on behalf of our club to accept a donation for The Unrecables. Who can say no to a hosted party of Mexican food, too many desserts, day drinking, and accepting money for The Unrecables? Not me.

Their club was begun back in 1972 as a social club able to bring like minded skiers to together for ski trips and social gatherings. Their membership has grown to nearly 250 members over the years. In addition to organized ski trips to Mammoth, they do trips to other North American ski areas and the occasional international destination. All trips are listed on the website. There is also water themed sports like water skiing, wakeboarding & kayaking.

Paula and I arrived fashionably L.A. late around 12:45pm and jumped

right into the burrito buffet. After a nice convo with Sherry, Dave, the trip director, and some other nice folks at our table I went to refill my wine glass and talk with club President **Kay Collins**. She thanked me for coming out and gave me a run-down of the club (see above). Afterwards, she introduced me to the group and presented me with their donation of \$715, half of what they raised through an IKON pass raffle. Kay shared that in addition to sports and social activities they incorporate various service activities to give back to the community. I was able to address the group, thank them for the donation and share what little I know about The Unrecables, our mission and the wide range of physical challenges we can address to get people on the snow.

I thank the Board for allowing me the privilege to represent the club with CCSC. Think snow! ♦

*Richard*

Let me know as soon as you can prior to the confirm dates if you need club accommodations so if I need to book additional condos we have more choices and can get better rates.

Thank you for your support. ♦

*Victor*

**The Unrecables**  
**Scholarships Available**

Eligible to current members  
for trips and events.  
One scholarship  
per member per season.

For details please contact  
**Michelle or Victor**



**SIGRID CELEBRATES HER MAMMOTH FREEBEE  
SIGRID NOACK**



As you see in the photos, even Mammoth Woolly helped with the celebration!

When the Unrecables December club trip was cancelled, Sigrid decided to drive up to Mammoth anyway. She had good reason and was quite anxious to pick up her new season pass. This was the huge day, that she had been waiting for! Sigrid has bought season passes for many, many years, the cost being up to \$1,000 in some years. But this was that very special year... FINALLY!

The year, that she was picking up her Mammoth FREEBIE Season Pass! It felt so wonderful skiing for free, finally...

But things changed quickly! No, the season pass is valid all 2023-24 ski season at Mammoth and other ski areas associated with Mammoth...

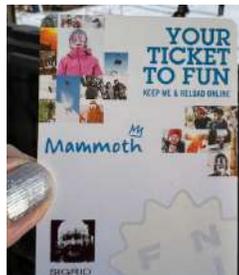
But at the end of ski day 2, after riding the brand new chair 16 on its opening day, Sigrid decided to ride that beautiful 6'er chair one more time, before heading back to her lodging. On the way to Canyon Lodge, it happened!

She heard and felt a snowboarder approaching from behind! While trying to evade him, he must have hit her skis, as somehow she crashed forward and downhill...

Sigrid spent 3 days in Mammoth Hospital with 3 fractures of her pelvis. No surgery, just rest and being as active as the pain allowed. Now with a walker and crutches, she is improving slowly, but definitely, surely... looking forward to spending many more serious skiing days at Mammoth later this season, making good use of that phenomenal Freebie Season Pass!

How many ski seasons before YOU are eligible for that Freebie Mammoth Season Pass? ♦

*Sigrid*



**Thank You  
Mammoth Mountain**

*for your support of our  
adaptive ski program.*

**LONG BEACH  
ADAPTIVE SPORTS FAIR**  
Saturday, April 13, 2024 10-2 pm  
Long Beach City College  
4901 E. Carson, Long Beach, CA \* Free parking off Clark at Lew Davis Dr.

Come ready to participate in any of these activities: (closed toe athletic shoes required)  
Baseball, Basketball (Wheelchair & Standing), Bocchia, Dance, Fitness, Disc & Snag Golf, Martial Arts, Pickleball, Soccer, Tennis (Wheelchair & Standing), Volleyball & Yoga

MUST pre-register- Scan this QR code & receive a free swag bag

Come spend the day at this FREE event with Fun, Games, Food Trucks, Free Raffle Prizes & Local Resources

Presented by:  
LONG BEACH CITY COLLEGE FOUNDATION, LONG BEACH CITY COLLEGE, PLAYMAKERS, SOCIAL ADAPTIVE SPORTS

**LA COUNCIL  
2023-24 BOARD OF DIRECTORS**

Sandy Blackwell, President  
Sandra Knapp, Secretary  
Norbert Knapp, Treasurer  
Gena Lighthouse, VP Membership  
Iris Williams, VP Programs  
Laura Preiss, VP Travel  
Herb Daerendinger, VP Comm.  
David Krupp, Past President



**President's Message**

*continued -- p. 1*

every month! **Gordon** sends the link one week prior. If you do not receive a link, feel free to contact any board member. Our contact info may be found at the end of this newsletter.

Let's continue to pray for snow as we look forward to some fabulous times in 2024. ♦

*Michelle*

**SUPPORT THE UNRECABLES  
AND SHOP RALPHS!**

**RE-REGISTER YOUR RALPHS CARD**

1. Go to [www.RALPHS.com](http://www.RALPHS.com)
2. Scroll to bottom of the Home page.
3. Click "Kroger Community Rewards" under Community Contribution.
4. Click Link your Shopper's Card.
5. Fill in your info (NPO # WY343).
6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

*Thank you for your support!*

**Contact Sigrid Noack**  
[sigski@gmail.com](mailto:sigski@gmail.com)

**CALENDAR OF EVENTS**

**January**

- 9 Social on Zoom @ 6:30p
- 19-21 Mammoth trip

**February**

- 13 Social on Zoom @ 6:30p
- 23-25 Mammoth trip

**March**

- 12 Social on Zoom @ 6:30p
- 22-24 Mammoth trip

**April**

- 9 Social on Zoom @ 6:30p
- 13 Adaptive Sports Fair
- 19-21 Mammoth trip

**May**

- 10-12 Mammoth trip
- 14 Social on Zoom @ 6:30p
- 31-6/2 Mammoth trip

**June**

- 6-9 FWSA Convention in Reno
- 11 Annual Meeting & Elections



**MEMBERSHIP MATTERS  
JOHN GRAY**



**U**nrecables Family: The 2023 - 24

Winter ski/snowboard season is here!

Come join us for a weekend of fun, laughs, and adventure at Mammoth Mountain. We welcome all levels of students, volunteers, and experienced instructors.

Help us provide an exceptional experience this season for our adaptive skiers and snowboarders who are eager to get outside and race down the slopes of Mammoth Mountain. Please send in your Membership Application and MEMBERSHIP DUES and any additional donation you feel is appropriate to help us continue in support of our mission: "to promote adaptive sports (ex: skiing Mammoth), and encourage people with disabilities to participate in sports, recreational and social activities in their communities".

To renew your membership, or to become a member for the first time, please visit us at [www.unrecables.org](http://www.unrecables.org). You can download the membership application from the website, and for your convenience, you can pay dues online. If you are unable to join us on the slopes this upcoming season, we would still appreciate your membership dues.

Please contact our Membership Director, **John Gray**, with any questions: [membership@unrecables.org](mailto:membership@unrecables.org). ♦

*John*

**The Unrecables  
2024 Nominations**

May 14

**Annual Meeting & Elections**  
June 11

**BENEFITS OF MEMBERSHIP**

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities
- Members do not pay any trip fees for ski trips to Mammoth
- Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.
- Students: No fees for the lifts, ski equipment or professional instruction
- Exclusive invitations to our parties and special events
- Members are invited to attend our Board and Social Meetings
- Eligible to run for office
- May assist with organizing trips and activities
- Your dues help us to continue to offer these FREE services.
- Gives you that really good feeling that you are doing the right thing!

**We appreciate your  
Participation and Support**

Membership categories:

Individual	\$40
Individual Lifetime	\$320
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or \$200/five years

**Membership Renewals**

2023-24

New member

Lukas Smith

Renewed Members

- Kelly Anderson
- Dave Blanchard
- Gordon Cardona
- Chelsea Faulkner
- Kim Gundlach
- Bob Hayes
- Matt Horn
- Eugene Kim
- David & Inge Scheinfarb

# The Unrecables Clothing & Merchandise Store



The Unrecables Merchandise and Clothing Store is now open! There are 38 products to choose from. All the profits (100%) from the items sold go directly to The Unrecables fund for continuing our mission to provide exciting and meaningful snow sports experiences on the slopes of Mammoth Mountain for individuals with a physical disability. We continue to offer these services with no charge to the student for ski equipment, ski instruction, and lift tickets. The link to The Unrecables Store can be found on our homepage ([www.unrecables.org](http://www.unrecables.org)).

"The Voice of the Western Skier"



# Far West Ski Association's

## 2024 Mini Ski Trip

March 17—22, 2024

*Copper Mtn., CO*

**TRIP PACKAGE PRICE STARTING AT**

**\$944**

*Based on double occupancy. Single supplement pricing is available  
Price does NOT include air, transfer, or lift tickets.*

*Sign up by October 1<sup>st</sup> and you will get a discount on your trip price.  
Early Bird discount expires October 2, 2023*

*Trip Insurance is highly recommended to protect your trip costs*

Gold Quality Condo Lodging is supreme level of accommodation strategically located throughout the Center Village allowing convenient access in all the Resort's exciting activities. Amenities include a fitness center, outdoor spa and heated pool, underground parking. Buildings are within 0-4 min. walk to closest chairlift. Gold lodging have one bed in each bedroom and a sofa sleeper in the living room.

The Cambria Hotel is the newest building at Copper Mtn. located on the Ten Mile Creek in Center Village. Sophisticated, modern finishes throughout and a short walk to the slopes, retail, and dining. Other amenities: lobby bar open every evening and breakfast available to purchase each morning, mini fridge, comp WIFI, two outdoor hot tubs overlooking the creek, exercise room and outdoor uncovered parking.

150 Runs—25% Beginner; 24% Intermediate; 34% Advanced; 17% Expert

Contact: Nancy Ellis – 530-414-8261 – [FWSAtravelnancy@sbcglobal.net](mailto:FWSAtravelnancy@sbcglobal.net)

Information & Online Signup: <http://fwsaminiCP.sat.tours>

FWSA CST #2036983-40

### Included:

Five night's lodging

- Cambria Hotel
- \*1bdm Condo (K/Q Bedding)
- \*2bdm Condo (K/Q Bedding)
- \* Gold Quality Condo Lodging

Welcome Reception

### Optional for Purchase:

3-day Adult Lift Ticket--\$273

4-day Adult Lift Ticket--\$346

Discounted Equipment Rental

Copper is on the IKON Pass (Resort Access w/out reservations; Unlimited Access without Blackout dates)

### Optional Activities:

- Sledding
- Ice Skating
- Mountain Coaster
- NASTAR Racing
- Snowshoeing
- Sleigh Rides
- Free Mountain Tours
- Snow Maze

"The Voice of the Western Skier"



# 91<sup>st</sup> Annual Far West Ski Association Convention June 6 - 9, 2024

at the

# Atlantis

CASINO RESORT SPA • RENO



FWRA & FWSA



Hosted by *Bay Area Snow Sports Council*  
and *Sierra League & Council*

## Atlantis Casino Resort Spa

3800 S. Virginia Street, Reno, NV 89502

Reservations <https://reservations.travelclick.com/98418?groupID=2016540>

or call 800-723-6500, Group Name: **Far West Ski Association**

**Room Rates per night plus tax** single or double occupancy —  
**\$119** (Wed - Thurs) **\$179** (Fri & Sat) + \$17.50 daily resort fee

**Room Registration Deadline - May 16, 2024**

## Hotel Features

- World Class Casino
- Forbes 4-Star Spa Atlantis
- Indoor & Outdoor Pools & Outdoor Whirlpool Spa
- 8 Award Winning Restaurants; 10 Bars & Lounges
- Atlantis Family Entertainment Fun Center
- FREE Wi-Fi in guest rooms, FREE Parking
- Rates are available 3 days pre and post Convention

## Transportation

- Air transportation is via Reno-Tahoe International Airport, located just 15 minutes from the Atlantis
- The Atlantis offers free airport shuttle service (4:30 am - 12:15 am)

## Convention Highlights

- Silent Auction & Trade Show
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

## Optional Activities

- **Thursday**
  - Bike Ride along Tahoe River
  - 27th Annual Pub Crawl
- **Friday**
  - 17th Annual Michael German Memorial Golf Tournament
  - Pool Party
  - Club Happy Hour

### Debbi Kor

FWSA Convention Chairperson  
[fwsadebbi@comcast.net](mailto:fwsadebbi@comcast.net)  
or 503.314.7078

### Barbara Razo

Silent Auction Chairperson  
[SilentAuction@fwsa.org](mailto:SilentAuction@fwsa.org)  
or 714-401-7341

### Paul Vlasveld

BAC Host Council  
Convention Coordinator  
[pvasveld@comcast.net](mailto:pvasveld@comcast.net)  
or 408.314.4649

### Jo Simpson

Sierra Host Council  
Convention Coordinator  
[jo\\_simpson@sbcglobal.net](mailto:jo_simpson@sbcglobal.net)  
or 775.722.6468

A portion of the Silent Auction proceeds will benefit "Achieve Tahoe".

[www.fwsa.org](http://www.fwsa.org)



# FWSA 2024 AFRICA ADVENTURE TRIP TANZANIA & ZANZIBAR



September 28—October 7, 2024

## Lodging Package:

Double Occupancy      \$5865 per person  
Single Supplement      \$6585 per person (limited availability)

**Note: Group Air pricing will be available.**

## Package Includes:

- ◆ 1 night stay in the 4.5 Star Arusha Serena Hotel in Arusha
- ◆ 2 nights stay in the 4 Star Ngorongoro Serena Lodge in Ngorongoro
- ◆ 2 nights stay in 4 Star Serengeti Serena Lodge in Serengeti
- ◆ Game drives & private safari experiences—all meals included during the safaris
- ◆ All park fees, government taxes and service charges
- ◆ Experienced English speaking driver-guides
- ◆ Authentic Bush dinner
- ◆ Welcome & Farewell events
- ◆ Airport transfers for group air arrangements
- ◆ 1 night accommodation in the 5 Star Hotel Zanzibar Stone Town
- ◆ 2 night accommodation in the 4.5 Star Neptune Pwani Beach Resort
- ◆ Stone town tour plus Spice tour with lunch at The Beach House



Ngorongoro Crater



Lake Duluti

Lake Duluti



Safari Cruiser with Cheetah



Contact: Debbie Stewart  
FWSA VP of Int'l Travel  
430 S. Church St.  
Visalia, CA 93277  
Cell: 559/737-0882  
FWSAIntlTrvl@prodigy.net  
Trip Co-Leader: Gloria Raminha



You must be a Member of a Far West Ski Assn. Affiliated club or a FWSA Direct Member!

CST #2036983-40



# THE UNRECABLES

## MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Date \_\_\_\_\_

Family Members \_\_\_\_\_ Mobile \_\_\_\_\_

Address \_\_\_\_\_ Phone (home) \_\_\_\_\_

City, State, Zip \_\_\_\_\_ E-mail \_\_\_\_\_

Name & DOB \_\_\_\_\_ Name & DOB \_\_\_\_\_

Disability \_\_\_\_\_

Medical Equipment (i.e., wheelchair) \_\_\_\_\_

Medications \_\_\_\_\_ Dosage \_\_\_\_\_ Allergies \_\_\_\_\_

Physician's Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Emergency Name \_\_\_\_\_ Emerg Ph \_\_\_\_\_ Relation \_\_\_\_\_

Healthcare Insurance Co. \_\_\_\_\_ Healthcare I.D. No. (i.e., Medicare/Kaiser) \_\_\_\_\_

Are you a U.S. Veteran?      Yes      No      Military Branch & Years \_\_\_\_\_

Describe any medical conditions limiting your participation in strenuous activities (i.e., heart condition, seizure disorder, etc.):

\_\_\_\_\_  
\_\_\_\_\_

What sport or activity could you teach/lead/assist? \_\_\_\_\_

Are you interested in serving on any of the following committees? (Check all that apply)

\_\_\_\_\_ Publicity/PR      \_\_\_\_\_ Winter Trips      \_\_\_\_\_ Equipment      \_\_\_\_\_ Transportation

\_\_\_\_\_ Fundraising      \_\_\_\_\_ Social Programs      \_\_\_\_\_ Newsletter/Web site/Social Media

*Read & Sign  
the Waiver on back!*

I consent to adding my contact information to the Membership Directory that is distributed to members. Yes \_\_\_ No \_\_\_

### ANNUAL MEMBERSHIP FEES

*(includes memberships in Move United, LAC, FWSA)*

_____ Individual \$40.00	_____ Family \$60.00
_____ Individual Lifetime \$320.00	_____ Family Lifetime \$480.00
_____ Organization (1 year) \$50.00	_____ Organization (5 years) \$200.00

Check payable to: The Unrecables. Read & sign the Waiver & Release on the back, and mail this form and a check to:  
**John Gray, Membership Director, 4890 Renovo Way, San Diego, CA 92124.**

Phone: 858-740-8017; e-mail: [membership@unrecables.org](mailto:membership@unrecables.org)

# Move United Waiver & Release of Liability Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this Move United Waiver & Release of Liability Agreement is to exempt, waive, and relieve Released Parties from any and all liability for any harm, wrongful death, personal injury, property damage, claim or cause of action, including, but not limited to liability arising from the negligence of Released Parties. “Released Parties” include Move United, Disabled Sports USA Los Angeles - The Unrecables, and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

**In consideration of the undersigned Participant being allowed to participate in any way in Move United and/or Disabled Sports USA Los Angeles - The Unrecables related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:**

**1. Risks of Activity.** Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

**2. Risks of Participation.** The Undersigned recognizes and understands that while Released Parties have undertaken reasonable steps to lessen the risk of transmission of communicable diseases, including but not limited to, COVID-19, in connection with participation in the activities, the Released Parties are not responsible in any manner for any risks related to communicable diseases in connection with Participant’s participation in the activities. Specifically, the Undersigned understands that COVID-19 is a highly contagious and dangerous disease, and that contact with the virus that causes COVID-19 may result in significant personal injury or death. The Undersigned is fully aware that participation in the activities carries with it certain inherent risks related to transmission of communicable diseases (“Inherent Risks”) that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a communicable disease; (2) the risk of transmitting or contracting a communicable disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from communicable diseases or the treatment thereof. Further, the Undersigned understands that the risks of all communicable diseases are not fully understood, and that contact with, or transmission of, a communicable disease may result in risks to the Participant including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

The Undersigned hereby voluntarily accepts and assumes all risk of loss, personal injury, sickness, death, damage, and expense for the Participant arising from such Inherent Risks. Furthermore, the Undersigned represents and warrants that Participant does not knowingly carry any communicable diseases that may be transmitted during participation in the activities.

**3. Release and Indemnification.** Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in any Move United/Disabled Sports USA Los Angeles - The Unrecables events or activities or the Participant’s presence on or travel to the premises where such events or activities take place, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims, or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in such events or activities or the Participant’s presence on or travel to the premises where such events or activities take place.

**4. Helmet Use.** Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

## HAPPY BIRTHDAY!

### JANUARY

- 3 Jesse MacGregor
- 12 Mika Ito
- 16 Inge Hobo-Scheinfarb
- 27 Keri Acosta

### FEBRUARY

- 6 Lukas Smith
- 14 Robert Arias
- 17 Annette Mann
- 18 Nancy Brown
- 24 Soggy Kosger
- 26 Stephanie Oberle
- 27 Soo Lee



### MARCH

- 5 Dan Gertler
- 9 Joseph Takeli
- 20 Georgina Hackett
- 21 Jason Fourier
- 23 Chuck DeBerard

### Sunshine

**Family of Ken Sodoma**  
*he passed September 29*

**Daniel Palacios & Family**  
*his brother passed December 1*

**Sigrig Noack**  
*recovering from a ski accident*

**Robert Arias**  
*hospitalized at Topanga Terrace in  
Canoga Park with a treaghia*

### Thank You Donors

Century City Ski Club

## THE UNRECABLES ADVISORY BOARD

**Bob Darvish, M.D.**  
*Physical Medicine & Rehabilitation,  
V.A. Medical Center, West L.A.*

**Billy Kidd**  
*Olympic Silver Medalist  
Director of Skiing, Steamboat Ski Resort*

**Jon Halperin, MD**  
*Chief of Physiatry  
Sharp Rees-Stealy in San Diego  
Ski Patrol Snow Valley*

## FWSA TRIPS

### FWSA Mini Ski Week 2024

Copper Mountain, CO  
March 17-22, 2024

### FWSA Mini Ski Week 2025

Big White, MT  
Date TBD

### International Ski & Snowboard Adventures

**Madonna di Campiglio, Italy**  
Feb 25-March 10, 2024  
**Val d'Isere, France with extension**  
February 2025

### Summer Ski Week 2025

Val Nevado, Chile with extension to the  
Atacama Desert

### FWSA Adventure Trips

Tanzania & Zanzibar, Africa  
Sept 28-Oct 7, 2024  
Galapagos Islands - 2026

Check out details at [fwsa.org](http://fwsa.org).



## THE UNRECABLES 2023-24 BOARD OF DIRECTORS

**Michelle McCarthy, President**  
[president@unrecables.org](mailto:president@unrecables.org)  
310-795-5517

**Richard Olmsted, Vice President**  
[olmstedrr@yahoo.com](mailto:olmstedrr@yahoo.com)  
805-368-7977

**Amanda Davis, Secretary**  
[amanda.davis.home@cox.net](mailto:amanda.davis.home@cox.net)  
949-887-3690

**Will Chung, Treasurer**  
[will90254@yahoo.com](mailto:will90254@yahoo.com)  
310-562-5396

**John Gray, Membership Director**  
[membership@unrecables.org](mailto:membership@unrecables.org)  
858-740-8017

### APPOINTED BOARD MEMBERS

**Soo Lee, Ski Director**  
[sookimania@hotmail.com](mailto:sookimania@hotmail.com)  
310-895-6274

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# THE UNRECABLES NEWS

## NEXT NEWSLETTER DEADLINE: MARCH 4

Coming up in the next issue:

- Ski trips review
- FWSA Convention preview ... and much more

**UNRECABLES  
SOCIALS  
ON ZOOM**

**2ND TUESDAY  
MONTHLY  
6:30 PM**

Jan 9  
Feb 13  
March 12  
April 9

*Check your e-mail or Facebook  
for Zoom meeting link,  
or e-mail  
gwcardona68@gmail.com.*

## SPECIAL THANKS

Victor Chan  
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## Photos Courtesy

Victor Chan  
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## THE UNRECABLES MEETINGS

**SOCIALS:** Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link.

**BOARD MEETINGS:** Every second Tuesday monthly, following the Social on Zoom.

**LA COUNCIL MEETINGS:** First Monday quarterly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

## FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.  
FIRST WITH SAFETY AWARENESS

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WINTER 2024

**Happy  
Valentines**