

Menu Form for children ages 1-12 years

Month Menu # 11 Year 2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> • Bread or bread alternate (including cereal) • Juice or fruit or vegetable • Milk, Fluid 	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	<ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate 	Juice Granola Bars	Juice Lemon Poppy Seed Muffins	Water Hummus Pita Bread	Juice Breadsticks Cheese	Water Strawberries Cornbread
Lunch	<ul style="list-style-type: none"> • Meat or meat alternate • Vegetable and/or fruit • 2nd Vegetable or fruit • Bread or bread alternate • Milk, fluid 	Chicken Nuggets Peas Mandarin Oranges Bread & Butter Milk	Biscuits/ Sausage Gravy Tator Tots Fruit Cocktail Biscuits Milk	Ravioli Lasagna Green Beans Peaches Bread and Butter Milk	Shake & Bake Chicken Mashed Potatoes Applesauce Rolls Milk	Walking Tacos Corn Bananas Bread and butter Milk
Snack	<ul style="list-style-type: none"> • Milk, fluid • Juice or fruit or vegetable • Bread or bread alternate • Meat or meat alternate 	Water Vegetable Pizza	Water Banana Nutella Graham Cracker	Water Raspberries Vanilla Yogurt Animal Crackers	Water Jello Pears Crackers	Water Cheese Curds Cheese Nips

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal