



Lunch

Starters

TRUFFLE or OLD BAY® FRIES

Shoestring fries tossed with truffle oil, Parmesan cheese, and rosemary or choose Old Bay® seasoning with a drizzle of housemade malt vinegar aioli..... \$7

SEARED TUNA

Sushi grade ahi, seared rare, topped with house remoulade with sides of thinly sliced marinated cucumber, melon salsa and dressed greens \$16

BRUSCHETTA

Rustic bread toasted and topped with garlic, tomatoes, fresh basil, olive oil, and balsamic reduction..... \$10
Add melted mozzarella\$1.50

HOUSEMADE MEATBALLS

Two large meatballs in tomato sauce, topped with melted mozzarella cheese and served with rustic garlic toast ... \$12

QUICHE of the DAY Made from scratch and served with balsamic dressed greens.....\$16

Salads

KALE & QUINOA POWERHOUSE

Baby kale, mint, cherry tomatoes, cucumbers and feta topped with a blend of quinoa, edamame, young green chick peas, and dressed with citrus vinaigrette\$13

McGREGOR

Mixed greens, cherry tomatoes, cucumbers, carrots, oranges, house balsamic vinaigrette and topped with blue cheese crumbles.....\$13

LOBSTER CAKE

Our popular housemade cake is served grilled on a bed of mixed greens, grapes, and oranges, topped with melon salsa and dressed with our citrus vinaigrette \$17

GREEK

Romaine lettuce, beets, cucumbers, cherry tomatoes, Kalamata olives, red onion, peperoncini, and feta cheese with Greek-style dressing\$13

MEDITERRANEAN TUNA

Our take on the classic niçoise features chunks of albacore tuna, cherry tomatoes, potatoes, green beans, black olives, and hard-boiled egg on mixed greens with house herbed vinaigrette.....\$16

CAESAR

Crisp romaine lettuce tossed with house Caesar dressing, our own seasoned croutons, topped with shaved Parmesan cheese.....\$11
add white anchovies...\$2

CHICKEN or TUNA SALAD

A scoop of diced chicken breast, celery, raisins, pecans, and mayonnaise, or albacore tuna with celery, onion, and mayonnaise. Made in house and served with a slice of pound cake and seasonal fruit.....\$14

ADDITIONS

Chicken breast\$7.50 | Salmon or shrimp\$9.50
Lobster cake or seared ahi\$11 | Fish of the dayMP

DRESSINGS

Balsamic Vinaigrette, Caesar, Citrus Vinaigrette, Greek, Mediterranean Herb, Ranch, 1000 Island
Extra dressing 2oz...\$0.5 4oz...\$1

PICK TWO Choose a half sandwich, accompanied by either our soup or salad options. No substitutions..... \$12

HALF SANDWICH

BLT, chicken or tuna salad, on white, wheat, or rye bread
gluten-free bread add \$2

CUP of SOUP

Choose one of our scratch made soups of the day

SIDE SALAD

Balsamic Greens baby greens and house balsamic vinaigrette
Caesar romaine lettuce, croutons, Parmesan, and housemade Caesar dressing

Sandwiches

Include housemade chips and dill pickle. Substitute fries or balsamic greens...\$1.75
Truffle or Old Bay® fries...\$3.50 | Potato salad or fruit...\$2 | GF bun or toast available...\$2

FRENCH DIP Housemade roast beef, served cold on toasted baguette with melted provolone cheese, and a side of hot au jus for dipping..... \$15

LUCKY 13 Grilled turkey patty, caramelized onions, Swiss cheese, lettuce and house joppiesaus (curried mayo) on brioche bun\$13.50

McGREGOR CATCH Fish of the day, blackened or grilled, topped with our housemade relish and served on a brioche roll Market Price

JUICY BURGER 1/2 pound of ground beef cooked to order and served with lettuce, tomato, and red onion on brioche roll..... \$13

Add: American, cheddar, provolone, or Swiss cheese ...\$1.50
blue cheese...\$2.50 | bacon...\$2.50 | sautéed mushrooms...\$2 Sub vegetarian patty...add \$2 ✓

TURKEY CLUB Turkey breast roasted in house, stacked with crispy bacon, lettuce, tomato, and mayonnaise on white toast.....\$13.50

PHILLY CHEESESTEAK Thinly sliced ribeye served with sauteed mushrooms, onions and peppers on our French bread sub with choice of cheese \$15

VEGGIE PHILLY Grilled eggplant, zucchini, mushrooms, onions and peppers, served on a French bread sub with our herbed cream cheese spread, choice of melted cheese, and balsamic reduction.....\$14 ✓

REUBEN Housemade corned beef or roasted turkey, Swiss cheese, sauerkraut, and 1000 Island dressing on grilled rye.....\$14.50

CHICKEN CAESAR WRAP Blackened or grilled chicken breast, romaine lettuce and tomato tossed with house Caesar dressing and wrapped in a flour tortilla..... \$13.50
Add bacon...\$2.50

TUNA MELT White albacore tuna salad, sliced tomato, melted Swiss cheese, served warm on grilled rye..... \$14

PATTY MELT 1/2 pound of ground beef cooked to order and covered with sauteed onions, Swiss cheese, and 1000 Island dressing on grilled rye\$14.50
Sub vegetarian patty...add \$2 ✓

WILD THING Thinly sliced house roast beef, herbed garlic cream cheese spread, lettuce, and red onion served on a buttery croissant..... \$15

LITTLE ITALY Sopressata salami, capocollo, mortadella, provolone, with housemade pickled red onions, mixed greens, and citrus vinaigrette. Served cold or grilled on a sub roll..... \$14

BLT Crispy bacon, lettuce, tomato, and mayonnaise served on white toast \$11

HOT CHICK Grilled or blackened chicken breast served with lettuce, tomato, and onion on brioche roll\$12.50
Add: American, cheddar, provolone, or Swiss cheese...\$1.50 bacon...\$2.50

CHICKEN or TUNA SALAD Always housemade! Diced chicken breast, celery, raisins, pecans, and mayonnaise, or albacore tuna with celery, onion, and mayonnaise served with lettuce and tomato on a buttery croissant \$13

CREATE your own PASTA Served with rustic garlic bread

Choice of: Fettuccine, penne, or spaghetti
Gluten-free fettuccine.....add \$2
Choice of sauce: Alfredo.....\$14 Basil Pesto.....\$12
Diva (tomato cream).....\$14 Tomato.....\$12

Add: One housemade meatball.....\$5
Grilled or blackened chicken\$7.50
Salmon or shrimp.....\$9.50
Fish of the day \$MP
Peppers, mushrooms, or spinach\$2 ea

Sides

SOUP of the DAY
Cup\$4.50 Bowl \$7
FRENCH FRIES\$4
POTATO SALAD\$5.25
HOUSEMADE CHIPS\$4

Beverages

COFFEE or ICED TEA\$3.25
SOFT DRINKS\$3
CRAFT SODAS (ask server for flavors).....\$4.50
MINERAL WATER (still or sparkling) \$5
JUICE (apple, cranberry, orange, V8®).....\$3lg \$6
MILK.....\$3 **CHOCOLATE MILK**\$3.25

WE ARE PROUD TO OFFER SCRATCH MADE ITEMS PREPARED TO ORDER

REAL FOOD TAKES TIME - ALLOW A FEW EXTRA MINUTES FOR YOUR FOOD TO ARRIVE

PLEASE NOTE, THERE IS A \$3 SHARE CHARGE

Warning: Consuming raw or undercooked meats, poultry, seafood, or eggs, increases the risk of food borne illness.
We are unable to guarantee that any of our menu items are completely free of allergens.
20% gratuity is automatically added to parties of 6 or more.