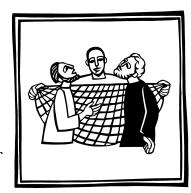


# Holy Eucharist Rite Two

An Instructed Eucharist
The Fifth Sunday after Epiphany
Sunday, February 5, 2023

Welcome to 'Old Durham' Church! You are welcome here for worship, service,- and fellowship in the name of our Lord, Jesus Christ. Today we gather to celebrate Eucharist together in a manner mindful of our responsibility to protect the health and well-being of one another. Please see the current list of our health-protection measures on the announcement sheet. If you have questions, feel free to raise them with Rev. Catharine.



This church is part of the Episcopal Diocese of Washington, and has been feeding souls on this site for over 350 years. It is our prayer that you will encounter God's love, peace, and hope here. As Christians in the Anglican tradition, our worship is rooted in Holy Scripture and in the Book of Common Prayer, which for centuries has united Christians all over the world in a common, ever-evolving, format of prayer and worship. You, the members of the congregation, play an important role in our worship; please follow along in this leaflet and speak your parts (printed in bold) with confidence.

All baptized Christians, regardless of denomination, are welcome to receive Communion.

Our historic church building has no running water. Restrooms are located in the Parish Hall, across the parking lot from the church.

**Standing, sitting, and kneeling:** All directions to stand, sit, or kneel are to be understood "as able." In the Episcopal tradition it is most common to stand for praise and prayer, sit to listen and learn, and kneel to express humility and penitence.

# MINISTERS IN TODAY'S SERVICE

Readers: Barbara and Chris D; Intercessor: Carl; Ushers: Rick V and Marie; Altar Guild: Patsy; Acolyte: Sue K; Deacon: The Rev. Susan Fritz;

Presider and Homilist: The Rev. Catharine T. Gibson.

# An Instructed Eucharist

Today's service is an opportunity to learn more about the worship we offer when we gather on Sunday at church. This morning we will celebrate an 'Instructed Eucharist.' Verbal explanations of the parts of the service will be offered throughout. The hope is that these explanations will deepen your appreciation of the liturgy and allow you to participate in it more whole-heartedly.

The explanations have been compiled and adapted from a variety of sources, including:

- An Instructed Eucharist by The Rev. Samuel T. Lloyd III, Rector, Trinity Church, Boston, MA. Published as a pamphlet by Forward Movement.
- Instructed Eucharist: a teaching commentary for liturgical services by The Rev. David Bateman.
- 'A Sample Instructed Eucharist' by The Rev. Titus Presler, St. Peter's Episcopal Church, Cambridge, MA.
- 'A Guide for an Instructed Eucharist', source unknown.
- 'Instructed Eucharist' prepared by The Reverend Dr. Catherine C. Gregg, Rector Grace Episcopal Church, St. George, UT, from material originally written by The Rev. Canon Gene R. Wallace.
- 'Instructed Eucharist' by The Very Rev. Craig A. Phillips, Rector, St. Peter's Episcopal Church, Arlington, VA.
- Ritual Excellence: Best Practices for Leading and Planning Liturgy. James W. Farwell, New York: Seabury Books, 2023.

# The Word of God

## **Entrance Rite**

**ENTRANCE HYMN** Thy strong word did cleave the darkness (Ton-y Botel) Blue Hymnal #381, verses 1 & 4

#### **OPENING ACCLAMATION**

Presider Blessed be the one, holy, and living God.

People Glory to God for ever and ever.

#### **COLLECT FOR PURITY**

**OPENING ANTHEM** Songs of thankfulness and praise (Salzburg) Blue Hymnal #135, verses 1 & 3

#### THE COLLECT OF THE DAY

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**.

## The Lessons

### FIRST READING: Isaiah 58:1-9a [9b-12]

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. <sup>2</sup>Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. <sup>3</sup>"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. <sup>4</sup>Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on

high. <sup>5</sup>Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? <sup>6</sup>Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? <sup>7</sup>Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? <sup>8</sup>Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. <sup>9</sup>Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

Reader The Word of the Lord.

People Thanks be to God.

#### **PSALM: Psalm 112:1-10**

<sup>1</sup>Hallelujah! Happy are they who fear the Lord \* and have great delight in his commandments!

<sup>2</sup>Their descendants will be mighty in the land; \* the generation of the upright will be blessed.

<sup>3</sup>Wealth and riches will be in their house, \* and their righteousness will last forever.

<sup>4</sup>Light shines in the darkness for the upright; \* the righteous are merciful and full of compassion.

<sup>5</sup>It is good for them to be generous in lending \* and to manage their affairs with justice.

For they will never be shaken; \* the righteous will be kept in everlasting remembrance.

They will not be afraid of any evil rumors; \* their heart is right; they put their trust in the LORD.

Their heart is established and will not shrink, \* until they see their desire upon their enemies.

They have given freely to the poor, \* and their righteousness stands fast forever; they will hold up their head with honor.

The wicked will see it and be angry; they will gnash their teeth and pine away; \* the desires of the wicked will perish.

## SECOND READING: 1 Corinthians 2:1-12 [13-16]

<sup>1</sup>When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. <sup>2</sup>For I decided to know nothing among you except Jesus Christ, and him crucified. <sup>3</sup>And I came to you in weakness and in fear and in much trembling. <sup>4</sup>My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, <sup>5</sup>so that your faith might rest not on human wisdom but on the power of God.

<sup>6</sup>Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. <sup>7</sup>But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. <sup>8</sup>None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. <sup>9</sup>But, as it is written,

"What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—

"these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. "For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. "Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader The Word of the Lord.

People Thanks be to God.



#### GOSPEL: Matthew 5:13-20

Deacon The Holy Gospel of our Savior Jesus Christ according to

Matthew.

People Glory to you, Lord Christ.

[Jesus said:] <sup>13</sup> 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

<sup>14</sup> You are the light of the world. A city built on a hill cannot be hid. <sup>15</sup>No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup>In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. <sup>18</sup>For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. <sup>19</sup>Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup>For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Deacon The Gospel of our Savior.

People Praise to you, Lord Christ.

#### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will

have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy, Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy, Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy, Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy, Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit, particularly those whom we now name aloud or in the silence of our hearts. (*Pause.*) Give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy, Hear our prayer.

We commend to your mercy all who have died, particularly those whom we now name aloud or in the silence of our hearts. (*Pause.*) May your will for them may be fulfilled. We pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy, Hear our prayer.

The Presider concludes the prayers with a collect.

#### **CONFESSION OF SIN**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

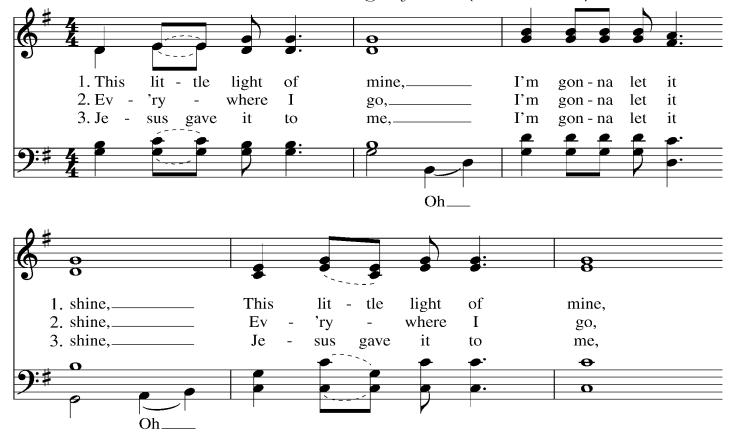
#### THE PEACE

Presider The peace of Christ be always with you.

People And also with you.

# The Holy Communion

**OFFERTORY HYMN** This Little Light of Mine (LEVAS 221)





# The Great Thanksgiving

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

san - na in the

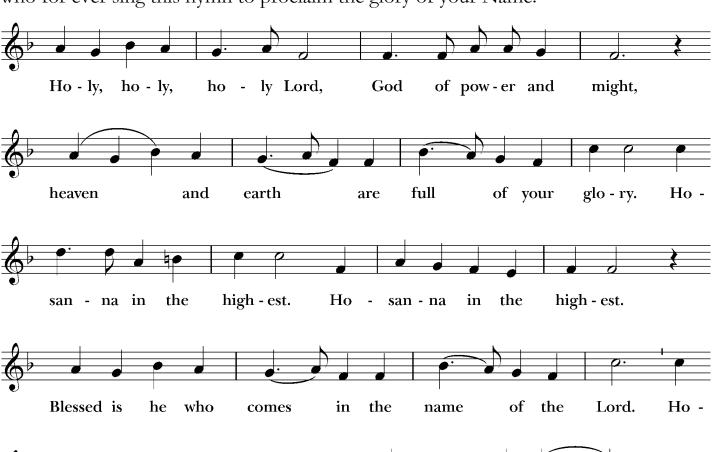
high-est.

**People** We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

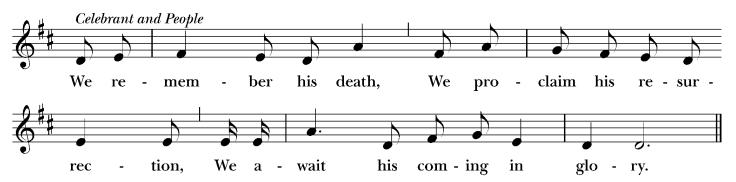
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - san-na in the

high-est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,



And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

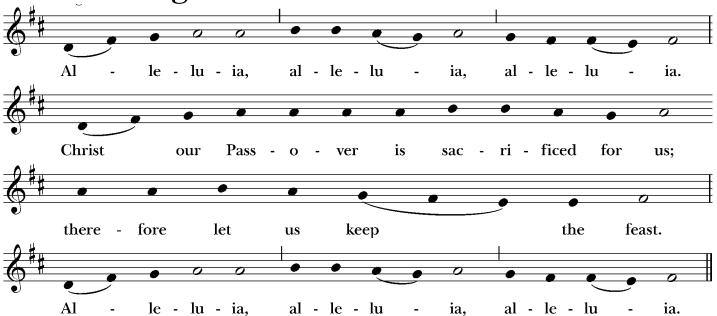
By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



#### THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread



#### **INVITATION**

The Presider invites the People to Communion with the words of St Augustine, Behold what you are; may you become what you receive.

#### ACT OF RECEPTION FOR ONLINE CONGREGATION

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory, and particularly for the blessings given me.... I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace.

Amen.

#### **POST-COMMUNION PRAYER**

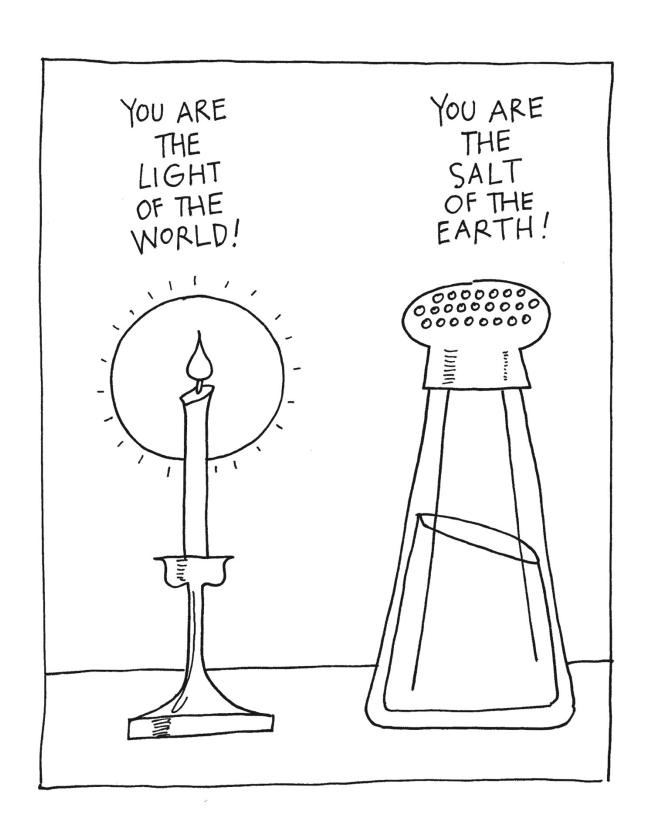
Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

#### **BLESSING**

#### **POST-COMMUNION HYMN**

Judge eternal, throned in splendor (Komm, o komm, du Geist des Lebens) Blue Hymnal #596

#### **DISMISSAL**





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Barbara Macri, Rick Posey, Frank Santora, Rick Viohl (Junior Warden)
Parish Treasurer: Carl Lockamy.

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