

School Trauma Kit Instructions

1. **Gloves:** These are for your protection. Wear them whenever treating a person for bleeding.
2. **Combine ABD Pad:** These are to be placed directly over a bleeding wound.
3. **Rolled Gauze:** This is to be wrapped around the affected limb to hold the ABD in place. Wrap tightly to apply proper pressure for bleeding control.
4. **Brown Coban:** This is a self-adhering tape which can be used similarly to the rolled gauze.
5. **SWATT-T Tourniquet:** Follow instructions printed on the tourniquet. Wrap as tightly as you can by stretching the tourniquet out until the ovals become circles and the diamonds become squares. Tuck the loose end under the tourniquet to secure. You may cut excess material off as needed.
6. **Ziplock Bag:** This is to be used as an occlusive dressing to cover any penetrating wound to the chest or upper torso. Try and check for any exit wounds on the opposite side. A gloved hand can also be used for this purpose.
7. **Red/Green Sheet:** Place this card in a visible place. Green indicates there are people in the room, but no one is injured. Red indicates there are injuries in that room.