



JUNIOR ATHLETES

Big Little School

SPORTS & FITNESS



Questions: Call Joshua Rogers (832) 498-3252

email - coachjosh@juniorathletes.net

2's & 3's - Younger students will be introduced to a wide range of sports and activities as they focus on improving and developing fine and gross motor skills, flexibility, balance and muscle development. Baseball, soccer, basketball, flag football, and tennis, as well as other non-sports based lessons (obstacle course, scooter boards, bowling, etc.) make up our curriculum.

4's & 5's - Our class will focus on teaching/ improving the fundamentals and mechanics of a variety of Sports, team building, and sportsmanship. Flag football, basketball, baseball, soccer, and tennis. Other Fun Fitness Activities like Bowling, Relay Races, Capture the Flag, etc. will also be included. Through the course of this class students will get to enhance their skills to another level through competitive fun scrimmages and drills. Our Program works towards improving hand-eye coordination, balance, speed, and agility.



Prorated monthly cost: \$45/month



Fall Session

Sept. - December
Wednesdays: \$180



WEDNESDAYS:

***2's & 3's - 12:15 - 12:45**

4's & 5's - 12:45 - 1:15*

