

Norcal Powerlifting 2019 SF Open Diversity 2019_08.03.19_FINAL

Name	Age	Sex	Weight (lb)	Weight Class	Division	Category	Squat (kg)			Bench (kg)			Deadlift (kg)			Best Total (kg)	Coefficient Wilk's	Coefficient Age (Foster, McCulloch)
							1	2	3	1	2	3	1	2	3			
POWERLIFTING																		
Kai Moore	13	F	96.8	97	Youth	R/P	40	42.5	47.5	20	22.5	25	55	57.5	62.5	135	190.36	
Michaela Diaz	30	F	111.6	114	Open	R/P	77.5	82.5	0	32.5	0	0	102.5	107.5	110	225	286.34	286.34
Jaylin Mica	16	F	123	123	Teen	R/P	57.5	60	65	35	37.5	0	75	80	87.5	190	224.21	253.36
Ahana Mukherjee	27	F	119.6	123	Open	R/P	60	65	67.5	42.5	45	0	92.5	97.5	100	212.5	256.33	256.33
Nicky Sengchanh	30	F	121.8	123	Open	R/P	105	115	120	55	0	60	130	142.5	147.5	327.5	389.45	389.45
Yael Sarig	17	F	126.8	132	Teen	R/P	105	110	112.5	55	60	0	117.5	122.5	122.5	295	339.91	367.10
Alexis Arlen	20	F	127.8	132	Junior	R/P	0	95	100	50	52.5	0	120	130	137.5	290	332.10	342.07
Teah Fisher	21	F	133.2	132	Open	R/P	75	80	85	30	0	40	85	87.5	92.5	217.5	241.19	246.01
Jessica Sohn	27	F	128.2	132	Open	R/P	92.5	97.5	0	50	55	0	110	117.5	122.5	275	314.16	314.16
Betty Thang	37	F	130	132	Sub-maste	R/P	70	77.5	0	45	0	0	75	85	90	212.5	240.13	240.13
Russelle McDermott	42	F	125.4	132	Master	R/P	60	67.5	0	37.5	0	42.5	92.5	102.5	110	220	255.71	260.82
Amber Steele	31	F	145.4	148	Open	R/P	92.5	97.5	100	54.5	57.5	0	118	125	130	287.5	298.40	298.40
Julie Weatherwax	34	F	143.4	148	Open	R/P	97.5	100	110	65	70	75	132.5	137.5	140	325	340.78	340.78
Pamela Teding	36	F	145.8	148	Open	R/P	127.5	135	140	62.5	67.5	0	125	137.5	140	347.5	359.95	359.95
Pamela Teding	36	F	145.8	148	Sub-maste	R/P	127.5	135	140	62.5	67.5	0	125	137.5	140	347.5	359.95	359.95
Maya Kulick	19	F	154	165	Teen	R/P	92.5	97.5	0	50	52.5	0	105	112.5	115	265	264.02	274.58
Margret Crowe	33	F	164.8	165	Open	R/P	70	80	85	45	50	0	97.5	110	117.5	252.5	240.54	240.54
Melissa Vosper	35	F	163.2	165	Sub-maste	R/P	100	107.5	110	55	62.5	0	120	132.5	137.5	310	297.14	297.14
Chloe Holden	26	F	193.2	181	LGBTQ	R/P	62.5	72.5	85	52.5	0	0	90	97.5	110	247.5	216.33	216.33
Melanie Munsayac	40	F	181	181	Master	R/P	125	132.5	135	60	62.5	65	132.5	140	145	345	311.28	311.28
Geselle Strom	35	F	191.6	198	Open	R/P	120	130	0	65	70	77.5	140	145	0	352.5	309.26	309.26
Rowena Moore	52	F	185	198	Master	R/P	125	130	132.5	52.5	55	0	132.5	140	142.5	330	294.42	343.00
Natasha Allen	29	F	202.6	220	Open	R/P	105	112.5	120	45	50	0	110	117.5	125	295	252.77	252.77
Julie Southern	46	F	265.4	275	Master	R/P	35	45	50	45	52.5	60	100	110	117.5	227.5	181.82	194.18
Mandy Smith	40	F	289	308	Open	R/P	142.5	152.5	157.5	65	77.5	82.5	135	145	157	397	312.49	312.49
PUSH/PULL																		

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							1	2	3	1	2	3	1	2	3			
Julie Weatherwax	34	F	143.4	148	Open	P/P				65	70	75	132.5	137.5	140	215	225.44	225.44
Priyanka Jain	42	F	170.6	181	Master	P/P				37.5	40	42.5	70	75	80	122.5	114.25	116.54
Rowena Moore	52	F	185	198	Master	R/P				52.5	55	0	132.5	140	142.5	197.5	176.21	205.28
DEADLIFT																		
Carly Watts	18	F	225	242	Open	RDL							165	172.5	0	172.5	142.80	151.36
BENCH ONLY																		
Alexandra Bassett	28	F	219.8	220	Open	RB				72.5	77.5	82.5				82.5	68.75	68.75
MEN'S POWERLIFTING																		
Jordan Mica	7	M	86.6	97	Youth	R/P	35	37.5	40	20	25	0	52.5	55	57.5	122.5	167.55	
Dimitri Grover	13	M	126.4	132	Teen	R/P	67.5	72.5	80	80	82.5	87.5	92.5	95	97.5	265	235.81	
Adnan Rana	23	M	131.2	132	Junior	R/P	145	155	160	92.5	97.5	0	172.5	177.5	0	435	373.79	373.79
Jayden Bautista	16	M	138	148	Teen	R/P	85	92.5	95	52.5	55	60	105	112.5	117.5	272.5	223.79	252.88
Adrian Balagtas	28	M	146.6	148	Open	R/P	145	155	0	97.5	97.5	97.5	200	215	222.5	475	370.69	370.69
Adam Ferber	69	M	143.2	148	Master	R/P	0	52.5	0	60	67.5	0	60	70	82.5	202.5	161.12	259.41
Ryland Nella	16	M	151	165	Teen	R/P	72.5	0	0	45	0	0	102.5	117.5	0	235	179.10	202.39
Patrick Narcisco	16	M	150.4	165	Teen	R/P	115	122.5	127.5	70	75	80	135	145	152.5	360	275.23	311.01
Michael Calvo	21	M	161.8	165	Junior	R/P	182.5	190	200	115	125	0	227.5	0	0	552.5	399.77	407.77
Sanjay Kairam	35	M	164.8	165	Novice	R/P	140	147.5	155	100	0	0	150	157.5	165	420	299.97	299.97
Sanjay Kairam	35	M	164.8	165	Sub-maste	R/P	140	147.5	155	100	105	105	150	157.5	165	425	303.54	303.54
Felipe Rivera	38	M	161.4	165	Open	RW	142.5	150	157.5	112.5	117.5	120	145	155	172.5	450	326.18	326.18
Marco Salvemini	17	M	171.2	181	Teen	R/P	122.5	132.5	137.5	87.5	95	0	135	147.5	0	380	264.46	285.61
Shane Robert	33	M	180.4	181	Open	R/P	190	210	0	120	130	0	215	235	0	575	387.10	387.10
Adin Ilfeld	17	M	194.8	198	Teen	R/P	147.5	155	155	77.5	0	85	165	175	185	425	273.92	295.83
Indivar Singh	27	M	194.2	198	Open	R/P	185	195	195	130	135	0	205	215	0	545	351.83	351.83
Morgan Clendaniel	37	M	193.6	198	Novice	R/P	157.5	167.5	175	85	90	0	205	215	227.5	492.5	318.46	318.46
Morgan Clendaniel	37	M	193.6	198	Sub-maste	R/P	157.5	167.5	175	85	90	0	205	215	227.5	492.5	318.46	318.46
Scott Mills	41	M	195.8	198	Master	R/P	170	170	175	125	127.5	130	190	200	205	510	327.82	331.09

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							1	2	3	1	2	3	1	2	3			
Christopher Stumph	35	M	211.4	220	Novice	R/P	140	150	165	105	112.5	117.5	185	195	207.5	490	303.53	303.53
Bill Goward	63	M	210	220	Master	R/P	102.5	110	115	65	0	0	142.5	152.5	160	340	211.23	300.16
Luis Cervantes	24	M	227.2	242	Open	R/P	117.5	122.5	132.5	92.5	95	100	130	137.5	145	377.5	227.10	227.10
Eric Seager	41	M	234	242	Open	R/P	175	180	185	90	0	0	185	0	0	460	273.85	276.59
Eric Seager	41	M	234	242	Master	R/P	175	180	185	90	0	0	185	0	0	460	273.85	276.59
William Muniz	26	M	270	275	Open	R/P	175	187.5	192.5	150	155	160	220	230	235	587.5	336.22	336.22
PUSH/PULL																		
BENCH ONLY																		
Dimitri Grover	13	M		132	Teen	B				80	82.5	87.5				87.5		
Kenneth Hall	31	M	185	181	Novice	B				127.5	135	0				135	89.53	89.53
BEST LIFTER TEEN/JUNIOR																		
Yael Sarig	17	F	126.8	132	Teen	R/P	105	110	112.5	55	60	0	117.5	122.5	122.5	295	339.91	367.10
Michael Calvo	21	M	161.8	165	Junior	R/P	182.5	190	200	115	125	0	227.5	0	0	552.5	399.77	407.77
BEST LIFTER OPEN																		
Pamela Teding	36	F	145.8	148	Open	R/P	127.5	135	140	62.5	67.5	0	125	137.5	140	347.5	359.95	359.95
Shane Robert	33	M	180.4	181	Open	R/P	190	210	0	120	130	0	215	235	0	575	387.10	387.10
BEST LIFTER MASTER																		
Melanie Munsayac	40	F	181	181	Master	R/P	125	132.5	135	60	62.5	65	132.5	140	145	345	311.28	311.28
Scott Mills	41	M	195.8	198	Master	R/P	170	170	175	125	127.5	130	190	200	205	510	327.82	331.09