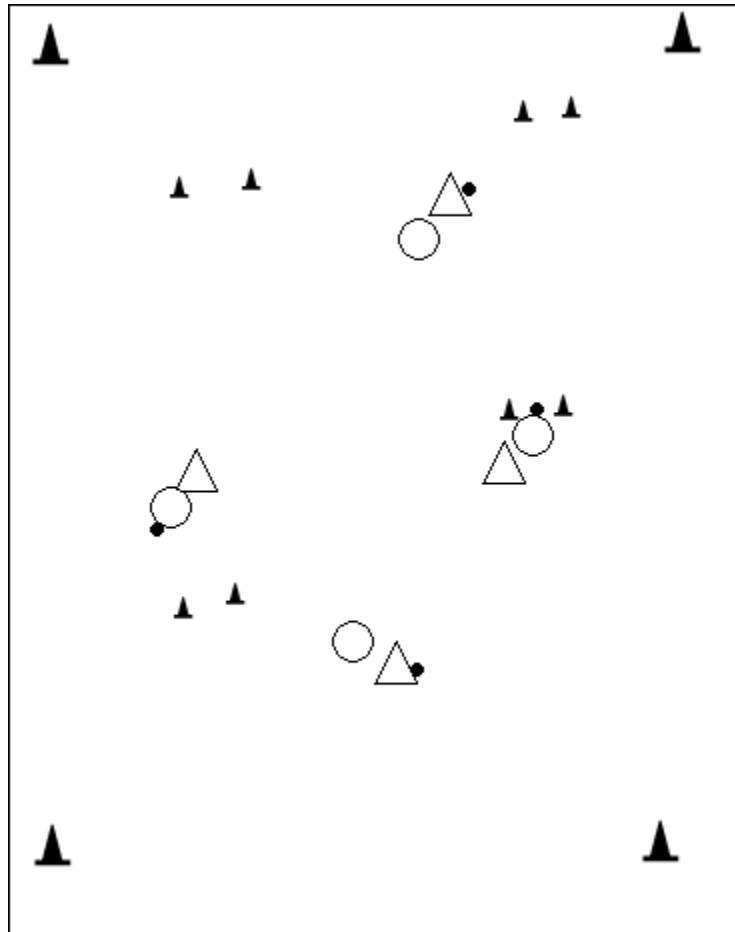


1 V 1 Dribbling Through Gates



Setup - Large field with a bunch of "cone gates" about one yard apart. Pair up players
One of the two players needs a soccer ball.

The Game - On the coaches whistle, players try to dribble through as many gates as possible while the other player tries to steal the ball. Play for a certain amount of time. 30 to 60 seconds. Cannot go through the same gate twice in a row. One point for each gate. If the other player steals the ball, he gives it back to attacker. When time is up, switch positions.

Player with most points wins.