



# Snapkick

Dojo student newsletter



West Valley Martial Arts

*"A martial artist is an artist of life."*

*- O'Sensei Richard Kim*

*March, 2017*

## **A Brief History Of O'Sensei Kim (Part 3/3)**

*By Sensei Louis Jemison*

From 1964-1975 O'Sensei would teach full time in San Francisco too a small group of lucky Americans. If the class got to be over 50 students the group would be doing push-ups, sit-ups and very physical exercises till the class was reduced back to about 50 students.

As well as teaching the physical aspects of the martial arts, O'Sensei taught the philosophy, history, strategy and spiritual aspects of the arts. He was an excellent lecturer and a storyteller second to none. O'Sensei would hold a two hour lecture after every Saturday practice while he taught at the San Francisco YMCA. Copies of many of these lectures are available through the Zen Bei Butoku Kai and many have been published in a couple of different formats by Master Publications.

O'Sensei wrote a monthly column for "Karate Illustrated" magazine and wrote a number of books including: "The Weaponless Warriors", "The Classical Man." and a Kobudo series. He was named Karate Sensei of the Year and later inducted into the Black Belt Hall of Fame. He was the Director of the American Amateur Karate Federation and Vice President for the International Traditional Karate Federation. As a testament to O'Sensei's achievements, Master Hidetaka Nishiyama of the International Traditional Karate Federation presented O'Sensei Kim with the rank of Judan (10th degree black belt) at his memorial service.

## **Mat Chats**

### **Four rules of personal safety**

- Week 1. Use your mind - Create safe habits
- Week 2. Use your words - How to talk to a bully
- Week 3. Use your legs - Chicken versus coward
- Week 4. Ask for help - Tell a teacher / parent / friend

O'Sensei traveled extensively throughout the United States, Canada and Europe teaching the martial arts. It was at one of these extensive seminars that O'Sensei would meet and except as a student Jean Chalamon. O'Sensei saw in Jean Chalamon a fellow martial artist, a warrior with an open heart.

O'Sensei passed away in November 2001 and placed the stewardship of his martial arts organization in the hands of his student, Louis Jemison. Louis Jemison formed the Zen Bei Butoku Kai into a non-profit 501(3)C Corporation in 2001. The Kokusai Butoku Kai (the international organization Master Richard Kim began in the 1990's) currently thrives under the leadership of Master Jean Chalamon and Hanshi Rod Sanford. Louis Jemison was elected by the Kokusai Butoku Kai as its first President and is the current holder of this position.

**Parents:**

**We have set our 2017 summer camp schedule!**

These camps are available for students of *all skill levels* ages 7 and up.

**All camps run from 9:00am - 2:00pm**

**June 19 - 23 Special Black Belt Kata: Chinte**

**July 17- 21 Special WEAPONS Kata: Sekkiun No Tanto\*\***

**August 7-11 Special Black Belt Kata: Jion**

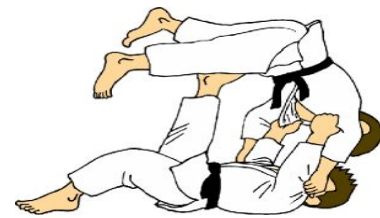
\$239.00 Sibling discount is \$30 off

\*All camps will include: **special camp t-shirt, snacks, and lunch on Friday.**

\*Camp sizes are limited to 22 students.

\*\* This camp will include a short wooden practice sword.

Sensei Dan Wakefield has been running youth summer karate camps for 20 years. These camps always prove to be a *fun, rewarding experience for kids.*



All month long in our classes we will be practicing Jiu Jitsu. What is Jiu Jitsu? Jiu Jitsu is a martial art, combat sport, and a self defense system that focuses on grappling and especially ground fighting. Jiu Jitsu promotes the concept of a smaller, weaker person that can successfully defend against a bigger, stronger assailant by using leverage and proper technique.



**Movie Night / Parents' Night OUT!**

**Friday, March 24<sup>th</sup>**

**From 7:00pm -10:00pm**

**Ages 6 and up**

**Fee is \$20.00 per child in advance \$25 at the door**

**(Price includes pizza and drinks)**

**Space is limited to the first 50 students!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>March 2017</b>						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 <b>Testing</b> Regular class times Thurs & Fri	24 <b>Movie Night!</b>	25
26	27	28	29	30	31	Notes: