

NHSGA All American Varsity Teams

To nominate a team for All American honors, follow these procedures:

- A. The coach must be a current member of the NHSGA.
- B. The **Varsity Team Score** is based on the accumulation of **three (3)** raw scores on each event.
- C. These scores are to be an average of three competitions, one of which must be in a championship competition (i.e. 5 or more team invitational, League, Regional or State meet series). Exceptions can be made by the NHSGA president.
- D. The score sheets must clearly show the competition involved and must be signed by the head judge, coach and athletic director. (Elite level only)
- E. The use of the All American Averaging Scoring form must be used.
- F. There is no longer any application fee, however, gymnasts coach must be a member of NHSGA.
- G. A typed or printed list of the team members' names, the name of your principal and your schools address, must be submitted.

Non-returnable score sheets or copies of the original score sheets must be postmarked by **JUNE 1st** (of **gymnastics year**) to be accepted. Mail the Team nomination to

Pat Simon
105 Wilcox Road
Milford, CT 06460

Qualifying Scores:

Men's Scores
Standard/Elite
140.0 / 155.0

Honorable Mention: If your Varsity boy's team averaged between **136.0-139.99** your team is eligible for 2 honorable mention certificates (one for the coach and one for the school. Send your requests to:

Pat Simon 105 Wilcox Road Milford, CT 06460

LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1st. NO APPLICATIONS ACCEPTED AFTER JULY 1st!

Please limit your scores to two decimal places only, round up.

**Applications must
be postmarked by
JUNE 1**

Revised
11/28/16



NATIONAL HIGH SCHOOL GYMNASTICS ASSOCIATION

NHSGA All American Varsity Teams Men

Average 4 scores this year 20__-20__

AVERAGING SCORE FORM

Name of High School _____

Address _____

City, ST, Zip _____

Head Coach's Name _____

Assistant Coach's Name _____

Principal's Name _____

E-mail Address _____ Please write neatly

Note: The copies of the elite score sheets submitted must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

AVERAGE SCORES EQUALS: _____

	Meet #1	Meet #2	Meet #3	Meet #4
Opponent & Date of Meet	_____	_____	_____	_____
Meet Score	_____	_____	_____	_____

Comments and additional information: _____

**Please include a list of certificate winners.

LATE FEE OF \$10 PER TEAM IS REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1st. NO APPLICATIONS ACCEPTED AFTER JULY 1st!

**Send to:
Pat Simon
105 Wilcox Road
Milford, CT 06460

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Applications must be postmarked by JUNE 1

Revised
11/28/16

NHSGA All American Individual Gymnasts (Varsity Only)

To nominate a Varsity gymnast for All American honors please observe the following procedures:

- A. The coach must be a member of the NHSGA
- B. The qualifying score must be an average based upon five (5) competitions, two of which must be from tournament of five or more teams and /or from a league, regional, sectional or state tournament. (Exceptions can be made by the NHSGA president)
- C. For **Elite** gymnasts the non-returnable score sheets or copies of the original must clearly indicate:
 1. The gymnasts full name.
 2. The scores awarded.
 3. The signature of the head judge, coach and your athletic director.
- D. The use of All American Averaging Scoring Form for each nominated gymnast **MUST** be used and contain the following
 1. The age of the gymnast.
 2. The class in school of the gymnast.
 3. The All American average you computed with the meet sites and dates.
 4. What college the gymnast plans to attend after graduation. (if known for seniors only)
- E. No longer any fees, however the gymnasts coach must be a member of the NHSGA.

The non-returnable scores sheets or copies of the original score sheets must be **post marked prior to JUNE 1st**. Mail Women's All American Gymnast Nominations to to **Pat Simon 105 Wilcox Road Milford, CT 06460**

Qualifying scores:	Men's Scores	
		Standard/Elite
	Floor Exercise	8.5 / 8.9
	Pommel Horse	7.9 / 9.0
	Still Rings	8.3 / 9.1
	Parallel Bars	8.2 / 9.1
	Vault	8.5 / 9.2
	High Bar	8.2 / 9.0
	All Around	46.2 / 53.4

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Honorable Mention: Even if your team did have an All American individual, a coach can request honorable mention status for one or two of their most deserving gymnasts. No scores need to be submitted. Your recommendation only is needed. Send requests to **Pat Simon 105 Wilcox Road**

Milford, CT 06460

Please make checks payable to: **NHSGA**

Applications must be postmarked by JUNE 1



NATIONAL HIGH SCHOOL GYMNASTICS ASSOCIATION

NHSGA All American Men Season/Year Applying For: _____
ALL AMERICAN AVERAGING SCORE FORM

Gymnasts Name: _____
 Year in School: 9 10 11 12
 Name of High School _____
 Address, City, State, Zip _____

Head Coach's Name _____ Preferred Phone Number: _____

NSHGA Member Circle One Yes No

(If NO: A membership form MUST accompany this form)

E-mail: _____ Please write legibly

NOTE: To be considered for ELITE ALL AMERICAN, copies of score sheets must be submitted and must be signed by the Head Judge, the Coach and the Athletic Director to be considered valid.

Only two decimal places please, round up after that.

Event	Date and Score #1	Date and Score #2	Date and Score #3	Date and Score #4	Date and Score #5	Average
Floor 8.5 / 8.9						
Pommels 7.9 / 9.0						
Still Rings 8.3 / 9.1						
Parallel Bars 8.2 / 9.1						
Vault 8.5 / 9.2						
High Bar 8.2 / 9.0						
All Around 46.2 / 53.4						

Send Form to **Pat Simon 105 Wilcox Road, Milford, CT 06460**

LATE FEE OF \$5 PER GYMNAST REQUIRED IF APPLICATION IS RECEIVED AFTER JUNE 1ST. NO APPLICATIONS ACCEPTED AFTER JULY 1ST!

If your gymnast/team qualifies for the elite status, please send us an action photo of her/him. We need pictures for the yearbook and calendar. THANKS!

Applications must be postmarked by JUNE 1