



# The Country Playhouse Academy Menu

**December 2-6, 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<ul style="list-style-type: none"> <li>• Life Cereal</li> <li>• Orange Slices(1)</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Oatmeal</li> <li>• Tropical Fruit</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sausage and Egg Scramble</li> <li>• Mixed Melon</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole grain English Muffins w/ Butter and Jam</li> <li>• Mixed Berries</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheerios</li> <li>• Bananas</li> <li>• Milk</li> </ul>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<ul style="list-style-type: none"> <li>• Chicken Alfredo Penne</li> <li>• Green Beans</li> <li>• Pears</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey, Vegetable and Black Bean Tortilla Soup</li> <li>• Corn Tortilla Chips(2)*</li> <li>• Mixed Fruit</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg Salad Sandwiches on Whole Wheat</li> <li>• Normandy Vegetables</li> <li>• Grapes(4)*</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Tater Tot Casserole</li> <li>• Corn(7)</li> <li>• Peaches</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pepperoni, Ham and Cheese Flatbread Pizza</li> <li>• Lettuce and Cucumber Salad w/Ranch (10)</li> <li>• Pineapple(11)</li> <li>• Milk</li> </ul>
<b>Snack 1</b>	<b>Snack 1</b>	<b>Snack 1</b>	<b>Snack 1</b>	<b>Snack 1</b>
<ul style="list-style-type: none"> <li>• Apple Sauce</li> <li>• Graham Crackers</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Club Crackers</li> <li>• Cream Cheese and Raisins/Craisins</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Carrots(5)*and Bell Pepper Slices w/Ranch Dip</li> <li>• Ritz Crackers</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Wheat Thin Crackers(8)</li> <li>• String Cheese</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Animal Crackers</li> <li>• Milk</li> </ul>
<b>Snack 2</b>	<b>Snack 2</b>	<b>Snack 2</b>	<b>Snack 2</b>	<b>Snack 2</b>
<ul style="list-style-type: none"> <li>• Goldfish Crackers</li> <li>• Apple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Apple Slices(3)</li> <li>• Pretzels</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Cheddar Cheese Slices</li> <li>• Multi-Grain Crackers(6)</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese-It Crackers</li> <li>• Orange Slices(9)</li> <li>• Water</li> </ul>	<ul style="list-style-type: none"> <li>• Chex Mix</li> <li>• Orange Juice</li> </ul>

Menu #5

Infant food substitution: ( ) (1)Mandarins (2)Soft Corn Tortillas (3)Blueberries (4)Fruit Cocktail(5)Par-Boiled Carrots (6)Goldfish (7)Peas & Carrots (8)Saltines(9)Pear(10)Cooked Carrots(11)Peach  
 Toddler food substitution: \* \* Soft Corn Tortillas \* Fruit Cocktail \* Par-Boiled Carrots