



Ryan He
Special Olympics

When did you start playing your sport and how did you get introduced to it?

I started to swim in June 2012. My mom was helping me into the pool.

Do you play any other sports?

Yes-basketball, soccer, track, bocce and bowling.

What has your sport taught you and what lessons have you pulled from it?

How to keep up my energy and patience.

What do you wish you knew when you were just starting?

I wish I could put my head into the water.

What quote/inspiration do you resort to when things get really hard?

My mom never gives up on me.

Share something about you that isn't well known.

I've been to all the Six Flags in America.

Where do you go from here? College plans?

I will go to College of DuPage.

Do you have a role model?

Smart like my dad.