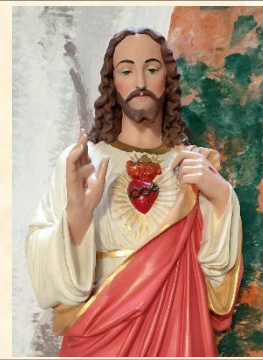




Sacred Heart Parish Preston



322 Bell St, Preston 3072
Phone (03) 9480 3398 or (03) 9484 2124
Email: preston@cam.org.au
Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest

Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD

0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officers:

Robert Dullard

Safeguarding Committee: Members:

Mary Harb, Teresa Dang, Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Ophelia Swai,

Anisasio (Pauline) Veamatahau, Mark

Tierney, Ben Fortuna, Natalie Baran,

Judeline Wadhvani and Joanne Verga

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (Italian), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February, May,

August & November at 1:30pm

Next Healing Mass: Friday 2 February 2024

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)



Holy Rosary: Thursday (English) after the

9:10am Mass

Reconciliation:

NOW - Every Saturday at 5:15pm

Baptisms & Weddings: By appointment only

Breakfast with Fr Aloysius

1st Monday of the month, the next one is on

Monday 5 February in the presbytery after

9:10am Mass.

Bulletin printed 25/2/2024

Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

4th Sunday in Ordinary Time (Year B) Sunday 28 January 2024

'His teaching made a deep impression on them because, unlike the scribes, he taught them with authority.'

Teaching with authority is one of the expectations we have of a church which teaches in Jesus' name. But there are many kinds of authority. There is the 'authority which comes from holding a certain position. There is the authority that comes from knowing from experience what you are talking about. There is the authority whose advice comes from one whose life utterly reflects shared experiences being discussed.

If we were asked, who do we genuinely respect as our greatest teachers, our answers would vary but a common element in all might be the gift of the teacher who took a genuine interest in us as individuals – becoming one with us – in order to learn about our experiences and their impacts to address our weaknesses and patiently encourage our strengths that we might achieve what we thought was initially beyond our capabilities.

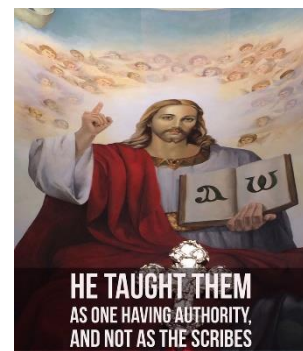
The First Reading and the Gospel today raise the issue of the authority of those who speak the Word of God. Authentic prophets needed an inner life in close communion with God as well as a genuine connection with their community in order to be channels of God's relationship with His people.

People of Jesus' time experienced a difference in the way he taught from many scribes and teachers of his time. He did not lay burdens on them and He practiced what He preached. It is easy to imagine the people thinking, "Yes, this man knows our situation. He speaks as one of us." Jesus knew what it was like to be poor and merciful, knew the struggle to be a peacemaker and to be pure of heart and to keep trusting God when times were tough. He held up as His model - a child.

If Jesus exercised authority, it was not in the dominant and oppressive fashion of the Rulers and the Learned Ones but derived from His lived experience of the plights of the poor. His power was directed towards liberating people from unjust laws, the debilitation of mental and physical illnesses and the slavery of sin. His was a teaching of inclusion rather than exclusion and was different also in that he encouraged people to believe in themselves. This was His feature of authority. Jesus was the humanization of God.

The paradox of today's Gospel story is that it was the ordinary people –not the learned and powerful - who were able to discern God in Jesus and ordinary people with first-hand experience of daily struggles of life that Jesus called to followed Him. Such is the nature of the discipleship to which we are called – having experienced the Love of God in our own lives we are called as Jesus' disciples to open our eyes, ears and hearts to be bearers of the Good News of God's Compassionate Love to others.

Lord Our God, help us to love
you with all our hearts
And to love all people as you
love them. (Opening Payer)



**HE TAUGHT THEM
AS ONE HAVING AUTHORITY,
AND NOT AS THE SCRIBES**

Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
27-Jan-24	Marlene Vergou Mary Harb	Terry Murphy
03-Feb-24	Celia Lemos Teresa Dang	Charlotte Bainy
10-Feb-24	Rohan Lemos Terry Murphy	Mary Harb

	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass Ministers of Communion
28-Jan-24	Jessica Suppiah Ophelia Swai	Eileen Stevens
04-Feb-24	Jessy Thambiraj Judeline Wadhvani	Giovanna D' Intino
11-Feb-24	Jessica Suppiah Hannah Lopez	Tony Eley

	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass Ministers of Communion
28-Jan-24	Natalie Baran	Damian Casamento
04-Feb-24	Tim Rankin Michelle Totawatte	Damian Casamento
11-Feb-24	Natalie Baran Tim Rankin	Damian Casamento

WE PRAY FOR:

The elderly and the sick

Sandra Bishop, John Storrie
Our Sacred Heart School student Samantha Corsi
Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

We Commemorate:

*Giuseppe Gandolfo (13th Anniv.)
O Lord may perpetual light shine upon them.
May they rest in peace. Amen.*

Last Week's Collection: 21.1.2024

1st Collection for our Church: \$1,160
2nd Collection for support of clergy: \$730
Thank you for your kind generosity!

Sacrificial giving via QR code

To support our parish and priest, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston. It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer. Kindly consider donating to both the Church and Presbytery accounts. Many thanks for your continued generosity and support to Sacred Heart parish.



Healing Mass
The next Healing Mass will be
Friday 2 February at 1:30pm

Please take the bulletin home

ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



✠ Solemnities / Feasts / Memorials of the Week ✠

Wednesday 31 January St John Bosco, Priest
Thursday 1 February St Brigid of Ireland
Friday 2 February The Presentation of the Lord
Candle Mass – BYO candles
World Day of Prayer for Consecrated Life
Saturday 3 February St Ansgar (Oscar), Bishop & St Blaise, Bishop, Martyr



THOUGHTS FROM POPE FRANCIS



Let us Pray Together for Christian unity. May we never tire of invoking the Lord for peace in Ukraine, Israel and Palestine, and in many other parts of the world. It is always the weakest who suffer when peace is lacking.



Feast of the Presentation of the Lord – Candle Mass

Friday 2 February at the 9:10am Mass.
You may bring candles to be blessed by Fr Aloysius.



PARISH LITURGY TEAM MEETING

“Liturgy” comes from a Greek term meaning “public work or work done on behalf of the people” and is central and fundamental to the unity and ongoing life of the Church.

It is vital for every parish to form a strong, active and experienced Liturgy Team to enhance and provide rich liturgical experiences that will involve all members of our attending Community. This requires a common understanding of the purpose, themes, sources and structure of the Liturgies.

Sacred Heart Parish wishes to reimagine ways in which we can further enhance our offering of rich liturgical experiences to everyone who attends our parish. We are keen to reconvene with leaders of all groups that contribute to liturgies. An important meeting will be held on:

Wednesday 21 February commencing at 7.00 pm sharp in the presbytery. *

Leaders or a delegated representative of the following groups are expected and encouraged to attend: All choirs, Readers, Communion Ministers, Collection Ministers, Sacristans, Slide Projectionists (of each Sunday Mass time), Parish Environment (Cleaning and Decoration).

We look forward to seeing you at this vital meeting to enrich the liturgical life of our parish as we prepare to journey through the Holy Season of Lent- and beyond with fresh hearts and minds this year.

*Light refreshments will be served. If you are able to attend, please email Rachel Costa, Parish Secretary on Preston@cam.org.au
Fr Aloysius and the current Liturgy Group



NEW LIFE IN GOD'S SPIRIT

An eight-week seminar every Wednesday
Commencing on the 7th of February 2024 with Mass
TIME: 1:30pm – 3:00pm
St. Raphael's Catholic Church
17 Hardy St. Preston West
For More Details Contact
Marijana 0422 340 675
The Living Gospel Prayer Group

7/2 – Mass and introduction
14/2 – session 1 - God's promise – you will receive power
21/2 – session 2 - The unconditional love of God
28/2 – session 3 - Jesus is Lord
6/3 – session 4 - The gift of God's Spirit
13/3 – session 5 - Forgiveness, healing and reconciliation
20/3 – session 6 - New life in God's Spirit
27/3 - sessions 7/8 - Growth and community in the Lord



ORDER OF MALTA LOURDES DAY MASS – SATURDAY 10 FEBRUARY 2024



For some years now, the Order of Malta has organised an annual Lourdes Day Mass to provide an opportunity to pray for the sick and infirm particularly for those who would not otherwise have the possibility of visiting Lourdes.

The Mass will take place again on *Saturday, 10th February at 10.30am at St Patrick's Cathedral*, with Archbishop Peter A Comensoli as the principal celebrant.

For further information, please contact: Sauro Antonelli AM on 0411 250 288.



Final summing up of the Giving Tree

To all who have supported our parish giving tree Christmas appeal and/or alternatively contributed towards assisting families in need at this time through personal / group donations and our church "donation boxes".

Over this December/January period your generous support has raised over \$3170.

Be assured that all donations received will continue to go towards assisting, on your behalf, families and neighbours struggling at this time to meet every day essential and impending education expenses.

Our Sincere gratitude and may God bless you all.
The St Vincent de Paul Team.



Piety Shop

Columban calendars are now available in the Piety shop - \$10

The piety shop stocks small gifts and cards for **all Sacraments** as well as various religious items at reasonable prices. Please take the time to have a look after any of the weekend Masses.

Thank you.



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



A NEW YEAR

"What you do makes a difference, and you have to decide what kind of difference you want to make." – Jane Goodall
In the new year, prioritise simplicity and family bonds. Every day is a blank slate, a chance to reset and move forward. Embrace any change you may face with a practical mindset and remember that progress often comes in small steps. Look ahead with confidence, focus on what you can control and tackle challenges with resilience. Avoid stressing about the little things. Dedicate time to strengthen family ties, as those quality moments count. Reconnect with friends you may not have seen for some time. Remember, a simple, kind act, no matter how small, has the power to transform someone else's world. Cherish those moments with family and friends, for in those shared experiences, we find life's true joy.

"Dear God, grant me the **Serenity** to accept the things I cannot change, the **Courage** to change the things I can, and the **Wisdom** to know the difference."

Amen

Sourced from www.majellan.media



NEED TO DISPOSE OF A VEHICLE?

Disposal of a car from a deceased estate, or when a family member has had to relinquish their licence or go into residential care, can be a challenging process. Getting a roadworthy, taking photos to advertise on the internet, cleaning and polishing, taking calls (if they come), even finding a garage until a prospective buyer turns up (if indeed they do!).

If you need to dispose of a vehicle from a deceased estate or which is no longer required, could you consider gifting it to the "Lifeboat Foundation", a registered charity with tax deductible status, which for ten years has been providing pastoral and practical support to nearly 150 victims / survivors across Australia of church-related sexual abuse.

Many of these suffer post-traumatic stress disorder (PTSD), have limited or no employment, and a donated vehicle could vastly improve their quality of life and / or generate funds to assist personal, medical and accommodation needs.

If you would like to explore the possibility of gifting a potentially suitable vehicle to "Lifeboat", contact Fr. Kevin Dillon (frkdillon@outlook.com.au or 0421 777 360) or Adam Kaali (0411 486 605 or

adam-kaali@hotmail.com).



Joke Corner

Because the new school year is about to begin ...

Why did the students eat their homework?
Because the teacher told the class it was a piece of cake.

What school requires you to drop out to graduate?
Sky-diving school.

What's the difference between a teacher and a train?
One says, "Spit out the chewing gum!" and the other says, "Chew, Chew!"

Why did the Echo get detention on the last day of school?
It kept answering back!

ENTRANCE ANTIPHON

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

PENITENTIAL ACT

I confess to almighty God and to you,
my brothers and sisters, that I have
greatly sinned, in my thoughts and in
my words, in what I have done and in
what I have failed to do,

And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary Ever-
Virgin, all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on
earth peace to people of good will. / We
praise you, / we bless you, / we adore
you, / we glorify you, / we give you
thanks for your great glory, / Lord God,
heavenly King, / O God, almighty
Father. / Lord Jesus Christ, Only
Begotten Son, Lord God, Lamb of God,
Son of the Father, / you take away the
sins of the world, / have mercy on us; /
you take away the sins of the world, /
receive our prayer; / you are seated at
the right hand of the Father, / have
mercy on us. / For you alone are the
Holy One, / you alone are the Lord, /
you alone are the Most High, / Jesus
Christ, / with the Holy Spirit, / in the
glory of God the Father. / Amen.

FIRST READING

Deuteronomy 18:15-20

Moses said to the people: "The Lord
your God will raise up for you a
prophet like myself, from among
yourselves, from your own brothers; to
him you must listen. This is what you
yourselves asked of the Lord your God
at Horeb on the day of the Assembly.
"Do not let me hear again" you said
"the voice of the Lord my God, nor
look any longer on this great fire, or I
shall die"; and the Lord said to me, "All
they have spoken is well said. I will
raise up a prophet like yourself for
them from their own brothers; I will put
my words into his mouth and he shall
tell them all I command him. The man
who does not listen to my words that he
speaks in my name, shall be held
answerable to me for it. But the prophet
who presumes to say in my name a
thing I have not commanded him to
say, or who speaks in the name of other
gods, that prophet shall die."

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 94(95):1-2,6-9

The Response Is:

*If today you hear his voice, harden not
your hearts.*

Come, ring out our joy to the Lord;

hail the rock who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

*If today you hear his voice, harden not
your hearts.*

Come in; let us bow and bend low;

let us kneel before the God who made
us:

for he is our God and we

the people who belong to his pasture,
the flock that is led by his hand.

*If today you hear his voice, harden not
your hearts.*

O that today you would listen to his
voice!

'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw
my work.'

*If today you hear his voice, harden not
your hearts.*

SECOND READING

1 Corinthians 7:32-35

I would like to see you free from all
worry. An unmarried man can devote
himself to the Lord's affairs, all he need
worry about is pleasing the Lord; but a
married man has to bother about the
world's affairs and devote himself to
pleasing his wife: he is torn two ways.
In the same way an unmarried woman,
like a young girl, can devote herself to
the Lord's affairs; all she need worry
about is being holy in body and spirit.
The married woman, on the other hand,
has to worry about the world's affairs
and devote herself to pleasing her
husband. I say this only to help you, not
to put a halter round your necks, but
simply to make sure that everything is
as it should be, and that you give your
undivided attention to the Lord.

The Word of the Lord

All: Thanks be to God.

*Please stand for the Gospel
Acclamation.*

GOSPEL ACCLAMATION

Alleluia, alleluia!

A people in darkness have seen a great
light:

a radiant dawn shines on those lost in
death.

Alleluia!

GOSPEL

Mark 1:21-28

Jesus and his disciples went as far as
Capernaum, and as soon as the sabbath
came he went to the synagogue and
began to teach. And his teaching made a
deep impression on them because, unlike
the scribes, he taught them with
authority.

In their synagogue just then there was a
man possessed by an unclean spirit and it
shouted, 'What do you want with us,
Jesus of Nazareth? Have you come to
destroy us? I know who you are: the Holy
One of God.' But Jesus said sharply, 'Be
quiet! Come out of him!' And the
unclean spirit threw the man into
convulsions and with a loud cry went out
of him. The people were so astonished
that they started asking each other what it
all meant. 'Here is a teaching that is new'
they said 'and with authority behind it: he
gives orders even to unclean spirits and
they obey him.' And his reputation
rapidly spread everywhere, through all
the surrounding Galilean countryside.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

APOSTLES' CREED

I believe in God, / the Father almighty, /
Creator of heaven and earth, / and in
Jesus Christ, his only Son, our lord, / who
was conceived by the Holy Spirit, / born
of the Virgin Mary, / suffered under
Pontius Pilate, / was crucified, died and
was buried; / he descended into hell; / on
the third day he rose again from the dead;
/ he ascended into heaven, / and is seated
at the right hand of God the Father
almighty; / from there he will come to
judge the living and the dead. / I believe
in the Holy Spirit, / the holy catholic
Church, / the communion of saints, / the
forgiveness of sins, / the resurrection of
the body, / and life everlasting. Amen.

COMMUNION ANTIPHON

Let your face shine on your servant.

Save me in your merciful love.

O Lord, let me never be put to shame, for
I call on you.

