

Intimate care Policy

Date of Last Review: Sep 2019

Date of Next Review: Sep 2020

Windrush recognises that, while we would prefer children to be independent in their toileting, not all children will be capable of this by the time they commence Nursery.

We aim to provide the opportunity for all children to use the toilet independently and to provide assistance for children who require it. Where children are in pull-ups, we will remind them at frequent intervals to use the toilet. If a child is in nappies, these will be changed as necessary. All used pull-ups and nappies will be disposed of in the on-site refuse, securely wrapped. This is emptied on a daily basis by the premises manager.

- Our toilet/nappy policy will be discussed with each family as their child starts at Windrush to ensure we are familiar with the child's needs. Children will be shown the toilet areas before they actually need to use them, to help promote confidence and familiarity in a new environment.
- Windrush staff will remind children to use the toilet and change nappies/pull-ups when necessary but we do not potty-train children.
- We will keep parents updated with their child's progress as appropriate.
- In the event of clothing being soiled, we ask parents to provide a set of clean, basic clothing. Parents are asked to return these as soon as possible to Windrush in a clean state. These clothes are only used for their child.
- Windrush does have a supply of spare clothing should there be none available for a child and ask that the parent returns these, washed, as soon as possible.
- For children using nappies /pull-ups, parents must provide adequate supplies, including wipes/cleanser and nappy sacks, for use during each session. These items will only be used for that child.
- Windrush will provide sensitive baby wipes for occasional use as necessary. We will use a wall mounted changing mat which has a safety strap to ensure the child does not roll off or harm themselves.
- **Staff will wear protective** gloves and apron. These will be disposed of after each use.
- Only staff who have been successfully processed through our recruitment, reference and Enhanced CRB Disclosure process will be authorised to assist the children in the toilet.
- All children will be encouraged to adopt good personal hygiene by washing their hands properly. Windrush will provide visual reminders to show good hand washing practice. Activities and routines will also include reminders about the need for good personal hygiene.

