

For those on Zoom and others who may wish to send a card or letter (or email), there are plenty of folks in our congregation (and beyond) who would appreciate hearing from you. If you are wondering who to send a card to you can see the list below. Another possibility is to send a letter on behalf of hungry people by participating in an Offering of Letters with Bread for the World (see next page).

In our church community:

- You could send a card to Wayne Shireman and family on the loss of Irene. His address is Bickford Cottage, 2418 Kent Ave #117, Ames 50010
- Rosemarie Starett is recovering from a stroke. 1100 Adams St. #104, Ames IA 50010.
- Randall O'Brien (shoulder), Sadie Searl (hip) and Susan Russell (knee) are recovering from surgery.
 Randall O'Brien, 2218 Ironwood Ct., Ames 50014
 Sadie Searl, 1025 Gaskill Dr., Ames 50014
- Dick Gee, Iowa Veteran's Home, 1301 Summit St., Marshalltown IA 50158
- Buck Peterson has not been feeling well. 1100 Adams #122, Ames 50010
- Send a card to one of our members in a health care center or assisted living, or who can't get to church regularly.

Wallace Sanders, 2300 Northcrest Parkway HCC-13, Ames IA 50010
Dorothy Ewing, 2300 Northcrest Parkway HCC, Ames, IA 50010
Pat Johnson, 2300 Northcrest Parkway HCC, Ames, IA 50010
Jenna McCarley, 2200 Hamilton Dr. #140, Ames 50014
Jim Sassaman, 2310 Northcrest Parkway #107, Ames 50010
Harris Seidel, 2310 Northcrest Parkway #211, Ames 50010
Roberta Ridley, 2310 Northcrest Parkway #105, Ames 50010
Johnie Hammond, 1801 20th St. #H-15, Ames 50010
Gary & Nancy Maydew, 3300 George W Carver Ave #217, Ames 50010

You might send a card to one of our staff members and particularly to those who do not have a lot of personal contact with our members to tell them you appreciate what they do: Sierra Livengood (Office Manager) and Kathy Greiner (custodian). You can send a card to them at the church at 200 Lynn Ave., Ames 50014.

Bread for the World Offering of Letters

Bread for the World is a Christian organization that advocates for hungry people around the world and encouragers our legislators to remember people who are hungry through an "Offering of Letters." This year's focus is on the farm bill. A sample letter is below and an article taken from the Bread for the World magazine follows. (Sorry, the article is a copy of a copy.)

Bread for the World website: https://www.bread.org/

Rep.	
U.S. House of Represe Washington, DC 2051 Sen.	5
U.S. Senate Washington, DC 2051	
	Global Food Crisis
Dear Senator	, / Dear Representative,
	ion's most important national food system legislation. It is critical to the at home and abroad. Indeed, the farm bill impacts each one of us.
	renew our food and farm programs through the farm bill, I urge on that builds healthy, equitable, and sustainable food systems.
Specifically, I ask you to:	norse programs like Food for Peace McGovern-Dole school lunch program, cally paths McGovern-Dole school which serves children in 48 countries. Offering these Congress must resurborize This program has improved health and visit
 Increase funding 	om further restrictions. for fresh produce within SNAP benefits through the Gus Schumacher
Reduce food wasReauthorize the	re Program (GusNIP). ste by cosponsoring the Food Date Labeling Act, H.R.3159/S.1484. Food for Peace global nutrition program at no less than its current level of ally and allow additional flexibility to provide the most effective form of children context.
moved to help and advo	about why this is important to you. For example: As a person of faith, I am ocate for people experiencing hunger and poverty – no matter where rge you to support a farm bill that builds healthy, equitable, and ns.]
Sincerely,	
	DESTRUCTION OF THE PARTY OF THE
ng lives now and addressing t	electrical or town of the form
[Your name]	



FALL 2023

BREAD FOR THE WORLD is a Christian advocacy organization urging decision makers to support policies and programs to end hunger in the United States and around the world.

Bread Members Urge Congress to Act Quickly

Your Response to the Global Food Crisis

hanks to you and others, members of Congress are hearing that the reauthorized Farm Bill should strengthen food assistance here in the United States and overseas.

In addition to funding SNAP benefits for U.S. families, the Farm Bill supports programs like Food for Peace and the McGovern-Dole school lunches. Congress must reauthorize the Farm Bill later this year or these programs will lose their funding.

Congressional action is critical. Much of Africa is suffering from a fifth year of drought, and Russia is now blocking Ukrainian wheat shipments. With famine-like conditions in many areas, refugee camps are overflowing with women and children on the brink of starvation. As a result, the cost of food assistance has nearly doubled.

In addition to providing emergency

humanitarian aid, the Farm Bill supports efforts to help farmers and others respond to climate change. Evidence shows that every dollar invested in building resilient food systems saves three dollars in humanitarian aid.

Among these investments is the McGovern-Dole school lunch program, which serves children in 48 countries. This program has improved health and nutrition and boosted school enrollment, especially for girls. Providing these lunches has also encouraged locally grown vegetables, fruits, and eggs.

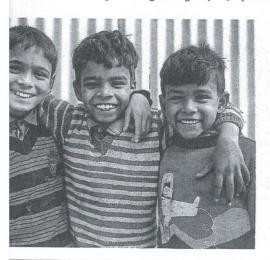
Bread for the World has been working with Republican and Democratic leaders in Congress to increase funding for these programs. The Bread for the World Advocacy Summit in June, Gen-Z "fly-in" in July, and a host of in-district meetings

with members of Congress have all created an outpouring of support for reauthorizing the Farm Bill.

"Bread members have been so responsive," says Matt Gross, Bread for the World's director of organizing and grassroots support. "They've enthusiastically participated in regional briefings, Offerings of Letters in congregations, and visiting with their senators and representative when they returned home to their states and districts in August."

Bread's work on the Farm Bill has also urged improvements in the SNAP program, which benefits one out of eight Americans. Inflation has cooled, but food and housing costs remain high. Additional SNAP benefits that were part of pandemic assistance have expired. Food banks are seeing record-long lines as people struggle to feed their families.

With your continued financial support and active involvement, Bread for the World can keep the pressure on Congress to strengthen programs that are saving lives now and addressing the long-term causes of hunger.



You and other Bread for the World members are helping persuade Congress to improve food assistance for children in India and other countries, where hunger has increased because of climate change and high food costs.

PHOTO © PEXELS/AYUSHMAN

ACT NOW!

Visit Bread.org/CallCongress to call your members of Congress. Urge them to support and pass a Farm Bill that does more to reduce hunger in the United States and around the world.