



# The Connection

"Keeping our community connected"

## MARCH 2021

Monthly Newsletter of the East Central Newcomer Welcome Centre Inc.



### ECNWC OFFICE UPDATE

Our office hours are Monday to Friday from 8am to 12pm and 12:30pm to 3:45pm. Due to the ongoing pandemic, we are closed to the public but still booking individual client appointments. Call (306)783-2777 to book an appointment.

### Government of Canada expands restrictions to international travel by land and air.

Travelers entering Canada at the land border or by air are now required to take a COVID-19 molecular test on arrival as well as toward the end of their 14-day quarantine. Travelers arriving by air will also be required to stay in a government-authorized hotel for up to 3 nights, at their own cost, while they await the results of their COVID-19 test taken on arrival. Click [HERE](#) to view the list of eligible hotels. All travelers will also need to submit their travel and contact information, including a suitable quarantine plan, electronically via ArriveCAN before boarding a plane or crossing the border to Canada. These new measures aim to reduce the spread of COVID-19 and new variants related to international travel. Any traveler who refuses to comply with any of these measures could be subject to fines and enforcement action. For more information, click [HERE](#).

### FUN Fact about Canada!



You have probably heard most Canadians using the word "eh" in their speech! This "eh" is a big part of the Canadian accent.

This famous Canadian interjection is actually listed in the Canadian Oxford Dictionary as a valid word. The definition is:

1. the sound that people make when they want someone to agree or reply, "Good party, eh?"
2. the sound people make when they are surprised "Another new dress, eh!"
3. the sound that people make when they want someone to repeat something "I'm not hungry." "Eh?" "I said I'm not hungry."

Now that you know the definition, why don't you give it a try, eh?

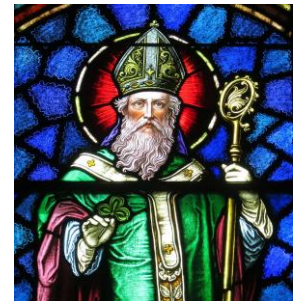
We provide free settlement services to newcomers and their families within the East Central region. It's our goal to provide the information, referrals and advice you may need to assist in your settlement!

Call our office at (306) 783-2777 if you have ANY questions. We are happy to help you!

### Why Saint Patrick's Day?

#### Meet Saint Patrick!

St. Patrick, the patron saint of Ireland, is one of Christianity's most widely known figures. But for all of his prevalence in culture—namely the holiday held on the day of his death that bears his name—his life remains somewhat of a mystery.



St. Patrick was born in Britain—not actually Ireland—near the end of the fourth century. He is believed to have died on March 17, around 460 A.D.. At the age of 16, Patrick was taken prisoner by a group of Irish raiders who were attacking his family's estate. They transported him to Ireland where he spent six years in captivity. After more than six years as a prisoner, Patrick escaped. To do so, Patrick walked nearly 200 miles from County Mayo, where it is believed he was held, to the Irish coast. After escaping to Britain, Patrick reported that he experienced a second revelation—an angel in a dream tells him to return to Ireland as a missionary. Soon after, Patrick began religious training, a course of study that lasted more than 15 years. After his ordination as a priest, he was sent to Ireland with a dual mission: to minister to Christians already living in Ireland and to begin to convert the Irish. (Interestingly, this mission contradicts the widely held notion that Patrick introduced Christianity to Ireland.) To learn more about the history of Saint Patrick, visit this link: [Saint Patrick - Wikipedia](#)

### EXPLORE our Community!

Spring is just around the corner and March is always a great time to get outside and enjoy the last bit of winter while the temperatures start to warm up! This year the Duck Mountain Provincial Park staff created a snow maze out at Madge Lake for families to enjoy at no cost! This has been a popular attraction and definitely worth checking out if you are up for a drive!



Click [here](#) to learn more about Madge Lake and the Duck Mountain Provincial Park!

For more information and updates, please visit and like our [East Central Newcomer Welcome Centre Facebook Page](#).





# Community Activities & Event

Here is a list of some of the upcoming activities or events happening in our community!  
If you are interested in any of these please call our office at (306) 783-2777 and we can help you register and /or attend with you.



## Fraud & Scam Protection Webinar

Education / Adults

**WHAT?** March is Fraud Prevention month! Join us for a virtual presentation by the Canadian Anti-Fraud Centre as they review how to protect yourself from fraud or scams and what to do if you are a victim.  
**WHEN?** March 10th, 2021 from 1pm to 2pm  
**WHERE?** ONLINE through Zoom. Must register by March 8<sup>th</sup> at 4pm.  
**COST?** FREE (Contact [sallard@ecnwc.ca](mailto:sallard@ecnwc.ca) or our office to register)



## Career Loans Webinar

Education / Adults

**WHAT?** Join guest speaker Jacqueline Almedia from Alpha & Omega Strategies as she reviews Principles to Live By for Your Career Success in Canada!  
Guest Speaker:  
**WHEN?** Tuesday, March 23rd @ 12 noon  
**WHERE?** Online. Participants must preregister.  
**COST?** FREE. Must register by emailing [sallard@ecnwc.ca](mailto:sallard@ecnwc.ca)



## Resume Writing Workshop

Education / Adults

**WHAT?** A virtual workshop in partnership with ECNWCI and Partners in Employment that provides information to newcomer on creating an effective resume.  
**WHEN?** April 14<sup>th</sup> & April 21<sup>st</sup>, 1:00 pm to 4:00 pm  
**WHERE?** Online. Participants will be supplied with a workshop package prior to the online session.  
**COST?** FREE. Must register by emailing [sallard@ecnwc.ca](mailto:sallard@ecnwc.ca) or call our office.



## Multifaith Festivals in March

<b>Baha'i Faith</b>	<b>March 1</b> – Ala / 19 Day Fast Begins <b>March 20</b> – Baha & Naw-Ruz	<b>Judaism</b>	<b>March 28 – April 4</b> - Pesah (Passover)
<b>Buddhism</b>	<b>March 14</b> – Memorial of Shan-tao /Zendo Daishi <b>March 17</b> - Festival of Higan-e	<b>Scientology</b>	<b>March 13</b> – Birthdate of Ron Hubbard
<b>Christianity</b>	<b>March 5</b> – World of Prayer Day <b>March 15</b> – Great Fast (Lent) Begins <b>March 28</b> – Palm Sunday (Holy week begins)	<b>Shinto</b>	<b>March 20</b> – Shunbun-no-hi
<b>Hinduism</b>	<b>March 11</b> – Mahashivaratri <b>March 29</b> – Holi	<b>Sikhism</b>	<b>March 14</b> – Sikh New Years Day <b>March 29</b> – Hola Mohalla
<b>Islam</b>	<b>March 10</b> – Laylat al Mi'raj <b>March 28</b> - Laylat al Bara'at	<b>Wicca</b>	<b>March 20</b> – Ostara
		<b>Zoroastrianism</b>	<b>March 16-20</b> – Ghambar Hamaspathmaedem <b>March 21</b> – Now Ruz (Fasli) <b>March 26</b> – Birthdate of Prophet Zarathustra
		<b>Aboriginal Spirituality</b>	<b>March</b> – Pexsisen (Moon of opening hands)
		<b>Supplemental</b>	<b>March 17</b> – St. Patricks Day <b>March 21</b> – Earth Hour (20:30)

*These dates were highlighted in the Multifaith Calendar which is distributed by the Multicultural Council of Saskatchewan.*

## SEND US YOUR PHOTOS!



Show us your love for East Central Saskatchewan by contributing a photo (taken by you) that highlights the beauty of our area! If your photo is selected, it will be highlighted in our Newsletter and you will **WIN an ECNWCI prize!** Email photos to [sallard@ecnwc.ca](mailto:sallard@ecnwc.ca).



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