



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

July 12, 2017

Volume LXXI, Number 1

President-Elect Betty presided since President Skip was ill. Guests: our speaker, Steve Hart. Visiting Rotarians: None. Attendance: 18 members and 1 guest for a total of 19.

Announcements and Business:

1. Treasurer John read a letter of thanks from Audrey Hawkins, Co-Chair of the Rockbridge Christmas Basket Program, for our contribution of \$5,000 at our last meeting.
2. PP Julia Van de Water presented our club a check for \$87.48 as our 5% share of purchases made at Kroger this quarter using Kroger Gift Cards. The amount is small because many of our members have not registered under Kroger's new scheme. Please go online and register if you have not done so – this is such a painless way of raising club funds that it is a shame for us not to do better.
3. Treasurer John presented PP Betty McMichael a check for \$177.00 as winner last week of the big POT!

Minute for Rotary:

According to Allan Somerville Brown, Treasurer John started it all. He gave Allan a bag of coins from the UK just prior to his recent trip there. Allan had some difficulty because the UK had recently recalled the old version of the one pound coin and replaced it with a new one and could only replace them in England. But don't despair – Allan contributed them to "Coins for Children" on the plane.

Program:

Steve Hart is a Lecturer in the Department of Civil and Environmental Engineering at VMI. He is serving as Chair of the Rockbridge Regional Fair's Board of Directors this year.

Scheduled for September 7-9, the Board promises the Fair will be bigger and better than ever this year. The date of the Fair was shifted later in the year at the request of our public schools in order for them to utilize it in their educational program.

"For many years, the Rockbridge County Fair was something our community looked forward to all year, every year. It was a place where people from all around came together to take part in an event that highlighted all of our best assets. Unfortunately, in recent years, for many different reasons, the fair has struggled. We lost our pride and excitement. In 2016, Rockbridge Regional Fair and Expo, Inc. (RRFE, Inc.) was born and a team was formed; passionate, excited and ready to once again, create that same sense of community togetherness, education, leadership and pride. "Excited" and "proud" are two words commonly used at our meetings. EXCITEMENT can be defined by a feeling of great enthusiasm and eagerness, while PRIDE can be defined as a feeling of deep pleasure or satisfaction as a result of one's own achievements. It is the mission of RRFE, Inc. to bring back excitement and pride in the first annual, Rockbridge Regional Fair and Expo, coming this September to the Virginia Horse Center in Lexington, Virginia.

"As a 501c3 company, our goal is to increase the number of local businesses and individuals we partner with, in an effort to provide a fun, educational, affordable and memorable fair experience our region can enjoy. The program for this year's fair looks fresh and new. For example, it will have a stronger youth component. Youth will be invited to participate in for-school-credit projects such as working alongside fair organizers to market and advertise the fair and coordinate events, they will participate in school research projects and art projects that

will be on display at the fair, and they will also compete in youth divisions of fair competitions such as quilting, hay bale decorating, livestock shows and pageants. We will also be hosting a slew of other exciting events that will include a Country Music Fest, Workshops, Beauty Pageant, Livestock Shows, Student Displays, Antique Tractor Pull, Horse Pull, Beer Garden, Skid Steer Rodeo, 16+ Rides, AND MORE.” Also scheduled are COW Pie Bingo and a Pig Agility Contest.

Entry tickets are \$5 PER VEHICLE; they are \$20 for the Music Fest! Sponsors are Devils Backbone Brewing Company, Cornerstone Bank, DuPont Community Credit Union, and High Country Outfitters. Music will be provided by Runaway June and Luke Pell with special guest Sarajane McDonald & Sweetfire.

Steve concluded with a plea for volunteer judges for the pageant and festival.

THURSDAY-SATURDAY

Thursday - 4:00PM-10:30PM (Morning field trips)

Friday - 2:00PM-10:30PM

Saturday - 2:00PM-10:30PM

SUNDAY - Closed

VIRGINIA HORSE CENTER

487 Maury River Rd

Lexington, VA 24450

(Rockbridge County)

Approval of Prospective New Members:

Our Board of Directors has approved the following four prospects for membership:

David Ryan. Classification: Information Technology. David works at home for GE in the area of IT having to do with locomotives. Attended club picnic meeting 6/21/17. Sponsor: Chip Honsinger.

Meghan Ryan. Classification: Veterinary Services. Meghan has bought Sheryl Carls' Lexington Animal Hospital and replaced Sheryl in the business. Attended club picnic meeting 6/21/17. Sponsor: Chip Honsinger.

Paul Barron. Former member for 18 years, 1/94-6/03 and 6/06-12/15. Classification: Library and Archives. Paul has just retired from the George C. Marshall Museum and is very active in voluntary service in Lexington. Sponsor: Chip Honsinger.

Atin Basu. Former member for seven years. 4/00-3/07. Classification: Economics Education. Atin is still serving on the faculty at VMI. Sponsor: Betty McMichael.

Any member who objects to offering membership to any of these prospects should submit their objection(s) in writing to Secretary Julie within seven days of receipt of this Bulletin.

Happy Bucks:

- Kent McMichael was happy (?) to relate that a handi-man service didn't show up to install an ice maker at KA on Monday am; when he didn't show, Kent telephoned him and found him in Anchorage, AK with his wife, having forgotten his date at KA; he explained he had just returned from a helicopter flight over a glacier; must be a more profitable occupation than Kent realized; Kent was envious.
- Julia Van de Water returned this am on an overnight flight from Honolulu riding in business class, no less; she was involved in training incoming presidents of Delta Kappa Gamma in 22 western states; she is leaving again on Monday to do the same training in Myrtle Beach; she celebrated her birthday at a luau while there; tough duty.
- Linda Krantz and hubby will celebrate their 50th wedding anniversary on July 29th with a concert at their home; all are invited to attend; begins at 6:30 pm but would be a good idea to call and reserve space.
- Chip Honsinger endorsed Linda's parties – he has attended many of these wonderful affairs with various musicians signing up to perform for 15-20 minute sessions; Chip has thoroughly enjoyed these concerts; price is nibbles or dessert to share.

Pot:

Stewart Fleming won the raffle but not the POT, now rebuilding after Betty's win last week.

Future Programs & Activities:

Jul 19: 2017 RI International Convention in Atlanta by Chip & Mary Honsinger, RoD Betty McMichael

Jul 26: Tour VMI's Corps Physical Training Facility, RoD Betty McMichael

Aug 02: Club Assembly; Board Meeting; RoD Skip Ravenhorst

Aug 09: TBA

Aug 15: Joint Meeting with Kerrs Creek Ruritan Club (NOTE: ON A TUESDAY)

Aug 23: Joint Meeting with Jaycees to Finalize RCF Plans; RoD Kent McMichael

Aug 27: Rockbridge Community Festival; Chair: Kent McMichael

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

July 19, 2017

Volume LXXI, Number 2

President Skip presided. Guests: Prospective members Meghan and David Ryan were guests of our club. Visiting Rotarians: None. Attendance: 16 members and 2 guests for a total of 18.

Announcements and Business:

1. PE Betty passed around a sheet to sign up for new "Rotarian at Work" T-shirts. They are \$10 each and available in multiple sizes. Please contact Betty and place your order so we will have them before the Rockbridge Community Festival (RCF).
2. Chair Kent McMichael reported strong sales of booths for the RCF. He says everything seems to be coming together well.
3. Next week our club will tour the new Corps Physical Training Facility (CPTF) at VMI. Meet in the middle of the new bridge across Main Street at 6:00 PM. To park in the lot across from the CPTF, as you come down Main Street from town, turn about 45° to left at traffic light, go up road and take first left and drive to end of lot nearest town; then turn left down into lot and park anywhere available. (This is necessary because parking in the lot is at an angle toward the river.)

Program:

Chip and Mary Honsinger attended the the recent Rotary International Convention in Atlanta. Chip reported on seven major topics at the convention:

1. the 100th birthday of the Rotary Foundation;
2. Polio Plus;
3. Human trafficking and slavery;
4. Rotary in China;
5. Shelter Box;
6. Advancing age of Rotarians; and
7. Future of Rotary International.

In 1985, more than 350K children contracted polio. Last year only 37 children in Afghanistan and Pakistan came down with the disease. \$1.5B is needed to *Drop to Zero*. RI is committed to \$150M in 3 years; Bill Gates pledged twice that (\$300M)! (That makes a total of more than \$1.5B from the Gates Foundation.) The convention hall rocked. Other speakers then announced the following pledges: Canada (\$75M); European Union Commission of International Cooperation and Development (\$61M); Pakistan (\$155M); Nigeria (\$134M); Germany (\$11M); United Arab Emirates (\$30M); Japan (\$55M); and USA (\$233M), making a total of more than \$1.2B raised or pledged already toward the \$1.5B needed. The noise from the audience was deafening.

Former UN Ambassador Andrew Young (now 85) gave a superb speech without notes. The role of RI, he said, is to fill in between the majority-elected government and profit-oriented companies. Rotary is the glue or grease between. "Think globally," he said, "but act locally."

Today, more than 46M people are held in slavery (forced by violence to work) more than at any other time in history. More than 21% are in the sex industry. What needs to be done?: greater law enforcement and greater support for survivors. What can Rotarians do?: urge government leaders to tackle the problem, encourage law enforcement, educate the public to recognize and report victims, serve the survivors (to be rehabilitated), and have a "hard"

conversation with our children to preclude their victimization. A former sex victim spoke to the convention about her experience, recovery, and current efforts to fight slavery.

Mary and Chip held a long conversation with Rotarian James Feldkamp, the Rotary China Secretary. There are only 25 Rotary Clubs in mainland China, because one must have a foreign passport to be a member. China does not allow its nationals to join RI, but efforts are underway to change this policy. But there are Chinese nationals in the Rotary Community Corps (RCC). RCC members carry out projects in their communities and support local Rotary Club projects but are not members of a Rotary club. There are 9400 corps in 92 countries with more than 200K members.

New developments in Shelter Box: Not only the original fairweather tent (~12' diameter, ~\$1000) but also a new (2015) Repair Kit (~\$100) and a 12' double-walled (~3-4" air space between) tent for freezing weather with a stove for heat. One accessory was a Lunenaid light in a sealed air pouch powered by a solar panel with a storage capacity for overnight.

3/4 of all Rotarians are age 50+ (Lexington Rotary: 93% >50, two are <50, two are in 50s, and all others are 60+). Worldwide average is 58, which was our Lexington average 12 years ago. England and New Zealand average 73. 5% of Rotarians are 80+ (Lexington has 6, or 21%.) In a recent large survey, 73% of Rotarians said that they expect to remain Rotarians for life. Average club service in Lexington is 22 years with Robert Sayre at 59 and Rae at 57. Increases in number of women members are most important (and the audience roared), now at 20% (same in Lexington). At the current rate, it will take 3 decades to reach 50-50 parity.

RI has a strategic plan or "vision" written in 2010 and reviewed in 2013. It has three priorities: to support and strengthen our clubs; to focus and increase our humanitarian service; and to enhance Rotary's public image and awareness. Key trends are:

Technology - increasing connectivity (by cell phones, computers, etc.)

Demographic - population now 7B+ will grow to 9B by 2050 (mostly in advanced countries); age will increase, more urban living.

Economic - China/India/USA will be largest economies; middle class will grow in emerging countries.

Social - 25% of Generation Z (age <60) will interact with peers in other countries; 32% prefer to be self-employed.

Competition for RI by on-line fund-raising and on-line volunteer matching. Each club needs a strategic plan for membership retention purposes. Look in your own home for a prospective Rotarian, your spouse. One club cited has ~65 members, including 15 couples.

At the closing ceremony all living past RI presidents lined up and were introduced. Sam Owon from Uganda is president-nominee for 2018-19. President Ian Riseley (Australia) said that the greater the diversity of club members, the more productive the club is likely to be. He urged inducting more women - we must bring in younger members to survive..

PolioPlus is RI's #1 priority. Next year President Ian will ask clubs for two numbers - money and hours devoted to humanitarian endeavors. He emphasized that environmental sustainability issues concern us all so he will ask each club to plant one tree for each member. He said that Rotary not only better the lives of others but, in doing so, it better our lives too.

Making a difference keeps us coming back to Rotary!

Mary displayed many items that were available for club members in the House of Friendship.

Thanks Chip, for an excellent summary!

Board Meeting:

Summary of actions of our Board of Directors at their July 12 meeting:

1. Approved four prospective members published in the July 12 *Bulletin*.

2. Decided to keep the Route 11S territory for Roadside Clean-Up as is for now. It is a four (4) mile stretch which is longer than most routes but it was decided to give it a try one more time. If participation is low, Club will likely ask VDOT to reduce the length of the permit.
3. Approved bi-weekly meetings beginning in September.
4. Approved up to \$500 for a Rockbridge County school teacher to rent a box truck and haul 5,000-9,000 books from a public school library in NJ to our area. The books will be distributed FREE OF CHARGE to local teachers and librarians before making them available to the community. Julie Goyette will be the POC for this.
5. Approved purchase of "Rotarian at Work" T-shirts. Cost to the members is \$10 each. Members will be contacted by email and at meetings to determine sizes.

Happy Bucks:

Kent McMichael - (included next week).

Skip Ravenhorst - (included next week).

Dick Minnix had a sad buck: he and Rae have reached an age where they are unable to present the Mr. Wizard – type science shows they have been doing for many years; Dick is willing to coach someone else who is willing to take over.

Linda Krantz reminded us of the concert at her home celebrating her and David's 50th Wedding Anniversary; she also highly recommended a book: *Devil in the Grove* by Gilbert King, about the plight of African Americans – not a happy read.

Linda's Joke:

Next week.

Pot:

Meghan Ryan drew the raffle winner and came up with her own number (!) but did not win the big POT, now rebuilding at \$23.50.

Future Programs & Activities:

Jul 26: Tour VMI's Corps Physical Training Facility, RoD Betty McMichael

Aug 02: Club Assembly; Board Meeting; RoD Skip Ravenhorst

Aug 09: TBA

Aug 15: Joint Meeting with Kerrs Creek Ruritan Club (NOTE: ON A TUESDAY)

Aug 23: Joint Meeting with 3 Lexington and BV Clubs with DG Ryan, Site TBD, RoD Betty McMichael

Aug 27: Rockbridge Community Festival; Chair: Kent McMichael

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

July 26, 2017

Volume LXXI, Number 3

President Skip presided. Guests: Partners Nancy Cuzzimano, Melou Piegari, Mary Ellena Ward and Lynn Williams. Visiting Rotarians: None. Attendance: 19 members and 4 guests for a total of 23.

Announcements and Business:

1. PE Betty passed around a sheet to sign up for new "Rotarian at Work" T-shirts. They are \$10 each and available in multiple sizes. Please contact Betty and place your order so we will have them before the Rockbridge Community Festival (RCF).
2. Great to have Nick Cuzzimano back; he is still working toward recovery from a hip operation.
3. Don't miss the following in the August 2017 issue of *the Rotarian* magazine:
 - a. Article on "My Journey into Rotary: Why one new member decided to join Rotary – and what he found when he hit the road to see how different clubs can be." See page 28.
 - b. "To commemorate The Rotary Foundation's centennial, the Marinelli family foundry made a bell, which the two brothers rang with senior leaders at the RI Convention in Atlanta in June." See photo on page 49.
 - c. James Ronald Ferrill, a member of the Martinsville Club, took office on July 1 as a club-nominated Director of RI. He will serve a four-year term. See page 61.

Program:

We met off site for a tour of VMI's new Corps Physical Training Facility (CPTF)." PE Betty introduced Captain Isaac Slone, Director of the CPTF. Capt. Sloan is a native of Roanoke and graduate of Ferrum College. He also earned a graduate degree at Salem International University in WV. He and his wife and 6-year old son reside in Staunton. A five-year veteran of the Physical Plant at VMI, he became Director of the CPTF in late 2015.

Captain Sloan led our group on a walking tour on the 350m track on the upper level of the facility. He pointed out the various features, including exercise stations, classrooms, and obstacle course features. Our group showed special interest in the ropes course located in the rafters. These are primarily team obstacles designed to promote team unity and leadership. There are no safety nets but participants are connected via a halter to wires (similar to seat belts in autos) that catch those who might fall and lower them gently to the floor.

The main floor is taken up by an 8-lane, standard 200m track accompanied by two pits for both long and high jump, and safety-netted space for the shot put and 35-pound weight throw. Another point of interest was a climbing wall. VMI has a Climbing Team that works out here daily. Captain Sloan himself was a former professional climber.

Although we did not see it, there is a 126 space parking garage beneath the track level. At the present, it is not open to anyone except facility employees. The CPTF is still so new that policies for its use are still being formulated. For example, it was built with 84.5M of money from the Commonwealth. As you are aware, state funds are not used for athletic facilities. So they are treading lightly to see that it is not identified as such. And yet, there will be track meets held there along with the Southern Conference Championships next Spring.

All track surfaces are covered with a springy, rubbery substance. Captain Sloan hopes the upper track will eventually be open to the public for walking, but that is problematic, since cadet usage is greatest from 4-7 pm on weekdays.

Captain Sloan was an excellent tour guide, even charismatic. A good candidate for Rotary, but he probably wouldn't be interested in us unless and until he relocates his family to this area.

Thanks Betty, for arranging an excellent tour.

Happy Bucks:

Continued from last week:

- Kent McMichael - praised the Coco Cola Company for their devotion to charity, especially MD; also pointed out that many of their senior leadership are KA alumni; and that their super secret formula is in the vault (apparently the KA vault).
- Skip Ravenhorst - was happy to be back from his recent illness; but was most happy with the superb job PE Betty did while he was out and continues to do – he remarked, “we’ll be in good hands next year.”
- Linda Krantz reminded us of the music concert at her home **on July 29th beginning at 6:30 pm** celebrating her and David’s 50th Wedding Anniversary; she also highly recommended a book: *Devil in the Grove* by Gilbert King, about the plight of African Americans – not a happy read.

Linda’s Joke:

One Sunday, when counting the money in the weekly offering, the Pastor of a small church found a pink envelope containing \$1,000. It happened again the next week! The following Sunday, he watched as the offering was collected and saw an elderly woman put the distinctive pink envelope on the plate. This went on for weeks until the pastor, overcome by curiosity, approached her.

"Ma'am, I couldn't help but notice that you put \$1,000 a week in the collection plate," he stated.

"Why yes," she replied, "every week my son sends me money and I give some of it to the church." The pastor replied, "That's wonderful. But \$1,000 is a lot, are you sure you can afford this? How much does he send you?"

The elderly woman answered, "\$10,000 a week." The pastor was amazed. "Your son is very successful; what does he do for a living?" "He is a veterinarian," she answered. "That's an honorable profession, but I had no idea they made that much money," the pastor said. "Where does he practice?" The woman answered proudly, "In Nevada. He has two cathouses - one in Las Vegas, and one in Reno."

Pot:

None, in as much as meeting was held off site.

Future Programs & Activities:

- Aug 02: Club Assembly; Induction of New Members; Board Meeting; RoD Skip Ravenhorst**
- Aug 09: Joint Meeting with Jaycees, Final Arrangements for RCF, RoD Kent McMichael**
- Aug 15: Joint Meeting with Kerrs Creek Ruritan Club (NOTE: ON A TUESDAY)**
- Aug 23: Joint Meeting with Three Lexington and BV Clubs with DG Dick Ray, Site TBD, RoD Betty McMichael**
- Aug 26: Rockbridge Community Festival; Chair: Kent McMichael**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

August 02, 2017

Volume LXXI, Number 04

President-Elect Betty presided – Skip was under the weather. Guests: Nancy Cuzzimano, Partner of Nick; and Meghan and David Ryan, new members to be inducted tonight. Visiting Rotarians: None. Attendance: 20 members and 3 guests for a total of 23.

Announcements and Business:

- 1. We will meet jointly with the Jaycees next week to finalize plans for the RCF. Block out Saturday, August 26th, on your calendar NOW! All Rotarians should be prepared to work at the Rockbridge Community Festival on that date. Remember, we no longer have the help of the Kiwanis Club on this project - so we all should expect to work more than in the past. Be ready to sign up for duty at our next meeting. Don't forget to wear your Rotary caps and/or "Rotarian at Work" tee-shirts on that day. If you have questions, ask Chair Kent McMichael next week or contact him at 460-5647 (cell) or sgmekm@yahoo.com.**
2. Continuing a tradition, we will meet jointly with the Kerrs Creek Ruritan Club at New Monmouth Presbyterian Church on **TUESDAY, AUGUST 15th at 7:00 pm. NOTE THE DAY AND HOUR!** PE Betty passed around a sign-up sheet; their caterer requires an accurate head count by next Monday. If you have not signed up, call President Skip to do so. Also, plan to arrive early in order to fellowship outside with Ruritans before the meeting begins.
3. For those not familiar with New Monmouth Church, here is how you get there: Go 5.5 miles West of Main Street in Lexington to 2348 on Route 60W. Watch for the church's sign on the right set back about 30 feet from the road. The church cemetery will be located on your near right just before the driveway and sign. The church sits on a hill partially hidden by trees. Parking is not usually a problem, however, it is advisable to car pool. The Fellowship Hall where we meet is air conditioned. Be forewarned: The Ruritan Club usually holds a business meeting after the meal and before the program so we may not get out until about 8:30 or 9:00 pm. But the food is good and the meeting is well worth it!
4. Assaad Mounzer (Bluefield Club), District Chair for the NewGen Peace program, needs our assistance. A training program will be held at W&L, but some of the 19 students who have signed up live more than 2 hours away from Lexington. He needs volunteers who are willing to host some of these students on the Saturday nights of September 16 and/or October 7. If you are willing to host one or more students, please contact him at assaadmounzer@gmail.com.
5. PE Betty welcomed Nick's return from his hip operation and rehabilitation.
6. Hurry back, Skip. We missed you.

Minute for Rotary:

PDG Rae Carpenter reminded us that, if we operate in "decent and good order," we should strive to nominate and elect a complete slate of officers for the next Rotary year in December and install them at the last meeting in June. PE Betty assured him those actions were already on the calendar for this year.

Induction of New Members:

Membership Chair Chip Honsinger inducted two new members, our third husband and wife pair. It is rare to have such pairs, especially to induct them at the same meeting:

David Ryan. Classification: Information Technology. David works at home for GE in the area of IT having to do with locomotives. Attended club picnic meeting on June 21st and regular meeting on July 19th. Sponsor: Chip Honsinger.

Meghan Ryan. Classification: Veterinary Services. Meghan has bought Sheryl Carls' Lexington Animal Hospital and replaced Sheryl in the business. Attended club picnic meeting on June 21st and regular meeting on July 19th. Sponsor: Chip Honsinger.

Chip gave a brief biography of each, however, your editor decided to let them wait until each delivers their autobiography at a future club meeting.

Chip delivered the following charge to them: "Rotary International is an organization of business and professional men and women pledged to uphold the highest professional standards. You have been invited into membership in the Lexington Rotary Club because you are a leader in your special line of vocational activity and because our club members believe that you manifest those qualities that fit you to impart the message of Rotary. These qualities can be summarized in our Four-Way Test:

Of all the things we think, say, or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

"Rotarians believe that worldwide fellowship and international peace can be achieved when business and professional people unite under the banner of service. Our activities exemplify the charity that one would expect from people who believe that they have a responsibility to help others. We are looking forward to your fellowship and participation in our service projects to make our community and the world better places in which to live.

"Meghan and David, on behalf of our members, it is my pleasure to welcome you into membership in the Lexington Rotary Club."

Program:

A Club Assembly was conducted by PE Betty.

1. Our regular, monthly Board meeting will not be held tonight because of the illness of President Skip.
2. Our "Rotarian at Work" tee-shirts have been ordered; hope to have them before the RCF.
3. We will begin our new meeting schedule next month. We will meet every two weeks, starting with September 6th. The first meeting each month will be a regular dinner meeting at LGCC. The subsequent meetings that month will be devoted to tours and/or projects, with no dinner involved. For example, the Roadside Clean-up project which has been conducted traditionally on Saturday mornings will be moved to 6:00 pm on a Wednesday.
4. Derek Carter, Sponsorship Chair for the RCF, thanked members who are already committed as sponsors for the RCF and asked for our ideas and suggestions for others to approach for such.

Happy Bucks:

- Joe Milo was pleased to have Nick Cuzzimano back and to have two new members.
- Chip Honsinger recommended Virginia's Kiptopeke State Park located on the Chesapeake Bay where 28 of his family members recently enjoyed a week's vacation in two large cottages.
- Dick Minnix praised our program chairman who is obviously planning well ahead.
- Scott Risser enjoyed our tour of the Corps Physical Training Facility last week; a tour the local alumni chapter was unable to arrange so far.
- Mary Honsinger congratulated Linda and David Krantz who recently celebrated their 50th wedding anniversary with a music program at their home which Mary and Chip attended.
- Shane Gonsalves recently visited his home country, Guyana, with his mother and brother; unfortunately, he was unable to attend a Rotary meeting there because of a jail break which had the area under quarantine; but he was able to communicate with an individual Rotarian.
- Linda Krantz said that a recent survey showed that women who had put on some extra weight lived longer than the men who pointed it out.

Birthdays and Anniversaries in August:

Happy Birthday to Melou Piegari on the 27th.

Happy Anniversary to: June and Ed Jeffries on the 1st; Susan and Chuck Barger and Nancy and Bill Lowe on the 12th; Rita and Skip Ravenhorst on the 20th; and Lynn and Joe Williams on the 28th.

Pot:

Joe Williams won the raffle but not the BIG pot which now totals \$36.00.

Future Programs & Activities:

Aug 09: Joint Meeting with Jaycees, Final Arrangements for RCF, RoD Kent McMichael

Aug 15: Joint Meeting with Kerrs Creek Ruritan Club (NOTE: ON A TUESDAY)

**Aug 23: Joint Meeting with Three Lexington and BV Clubs with DG Dick Ray, Site TBD,
RoD Betty McMichael**

Aug 26: Rockbridge Community Festival; Chair: Kent McMichael

Aug 30: NO MEETING

Sep 06: Main Street, Lexington by Stephanie Wilkerson; RoD Betty McMichael

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

August 09, 2017

Volume LXXI, Number 05

President-Nominee Kent presided – Skip still under the weather and PE Betty out of town. Guests: 9 Jaycees who have leadership roles in the Rockbridge Community Festival. Visiting Rotarians: None. Attendance: 18 members and 9 Jaycee guests for a total of 27.

Announcements and Business:

1. Continuing a tradition, we will meet jointly with the Kerrs Creek Ruritan Club at New Monmouth Presbyterian Church on **TUESDAY, AUGUST 15th at 7:00 pm. NOTE THE DAY AND HOUR!** PE Betty passed around a sign-up sheet at an earlier meeting; their caterer requires an accurate head count. If you have not signed up, call President Skip to do so. Also, plan to arrive early in order to fellowship outside with Ruritans before the meeting begins.
2. For those not familiar with New Monmouth Church, here is how you get there: Go 5.5 miles West of Main Street in Lexington to 2348 on Route 60W. Watch for the church's sign on the right set back about 30 feet from the road. The church cemetery will be located on your near right just before the driveway and sign. The church sits on a hill partially hidden by trees. Parking is not usually a problem, however, it is advisable to car pool. The Fellowship Hall where we meet is air conditioned. Be forewarned: The Ruritan Club usually holds a business meeting after the meal and before the program so we may not get out until about 8:30 or 9:00 pm. But the food is good and the meeting is well worth it!
3. Out meeting with DG Dick Ray will be at the double-decker pavilion in Glen Maury Park in Buena Vista on Wednesday, August 23rd. Fellowship at 5:45 and dinner served at 6:30 pm. Dress is casual and guests are welcome. This is a good opportunity to meet our new DG and to visit with fellow Rotarians from Area 6 (Lexington, Lexington Lunch, Lexington Sunrise, Buena Vista, Botetourt County, and Covington-Hot Springs). **Contact PE Betty if you need directions.** The BV club will be our hosts and need a head count by August 14th. **Please contact PE Betty to advise if you DO or DO NOT plan to attend and if you plan to bring any guests.**

Program:

The Rockbridge Community Festival (RCF) is an annual downtown arts and crafts festival sponsored by the Lexington-Rockbridge Jaycees (J) and the Lexington Rotary Club (R). All funds benefit Rockbridge area charities. It is the only festival of its kind in the Rockbridge area. There is no admission fee for attendees of the Festival.

The 42nd Annual RCF will be held on Saturday, August 26th, from 9:00 am until 3:00 pm. Chair Kent McMichael (R) reviewed preparations for this traditional joint venture. He reminded us that the RCF has a web site at www.rockbridgecommunityfestival.org and also has Twitter and Facebook pages.

Several committee chairs reported:

Marketing: Please inspect our Facebook page. Have about 170 vendors signed up; had 192 last year. Hope to exceed last year by the date of RCF. Will have T-shirts again produced by Sayre Enterprises. Posters will be distributed. Radio station 3WZ will again carry RCF ads. Would like to have a food truck.

Entertainment: Four groups scheduled from 9:00 am to 3:00 pm; 3 groups will perform for 1.5 hours and I for only 1 hour.

Space Assignment: 177 spots have been assigned, some vendors have double spaces. All will be notified of their assignments later this week.

Sponsors: Sponsors now committed for \$3750, a new record for this event. Several large sponsors for past events have declined this year. Please send suggestions for prospects to Derek Carter.

Treasurer: Now have about \$11.5K in bank. Hope to reach \$15K gross income. Have competition on this date from Glen Maury Park and Antique Truck Show.

Operations: In good shape and well-organized.

RCF physical layout will be same as last year. At the behest of the Emergency Services folks, vendor's booths will again face toward the center of the street and be flush against the curbs in order to permit a path for emergency vehicles down the center of the street. Open access to all fire hydrants is also required.

Traffic flow will be same – both Nelson and Washington Streets will be closed. There will still be plenty of vendor space available because all food vendors will be placed in one of two food plazas. One, for 5 vendors, will be on Nelson Street backed up to the curb beside Cornerstone Bank. The second, for 5 more vendors, will be on Washington Street backed up to the curb beside Pumpkin Seeds shop (across from Haywoods bar/restaurant).

This year promises to be another outstanding event. Space assignment folks will begin chalking curbs at 5:30 pm on Friday. Vendors will be allowed into the area at 7:00 am on Saturday morning.

All available members should show up for clean-up beginning at 3:00 pm. You'll be amazed at the appearance of the downtown area two hours after close of the RCF. Remember: "Many hands make light work."

The Lexington Fire and Rescue, Police, and Public Works Departments are an integral part of this project – we couldn't function without them, especially John Smith and his Public Works Crew. Don't forget to thank any of them you encounter.

President-Nominee Kent thanked the Jaycees for their long-time partnership with us in this event. This promises to be one of our largest and most outstanding RCFs. Thanks to Kent and his Planning Committee for an outstanding job.

Happy Bucks:

- Joe Milo complimented Kent and the Jaycees on their preparations for the Rockbridge Community Festival.

Pot:

No raffle tonight; the pot remains at \$36.00.

Future Programs & Activities:

- Aug 15: Joint Meeting with Kerrs Creek Ruritan Club (NOTE: ON A TUESDAY)**
- Aug 23: Joint Meeting of all Area 6 Rotary Clubs with DG Dick Ray at the Double-Decker Pavilion in Buena Vista, RoD Betty McMichael**
- Aug 26: Rockbridge Community Festival; Chair: Kent McMichael**
- Aug 30: NO MEETING**
- Sep 06: Main Street, Lexington by Stephanie Wilkerson; RoD Betty McMichael**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

August 15, 2017

Volume LXXI, Number 06

Our Annual Joint Meeting with the Kerrs Creek Ruritan Club was held at New Monmouth Presbyterian Church on Tuesday evening beginning at 7:00 pm. Presiding were Skip Ravenhorst, President of the Lexington Rotary Club, and Diane Swink, President of the Kerrs Creek Club. A very nice Italian feast was served: meatballs and sausage in marinara sauce, stuffed shells, tossed salad with lots of home grown tomatoes, and homemade bread and butter. That was topped off with vanilla ice cream with chocolate sauce and cookies. Several members of the host club prepared the delicious meal.

Guest: Lynn was the guest of Partner Joe Williams. Our attendance: 14 Rotarians and 1 guest for a total of 15. Meeting held in the Fellowship Hall of the New Monmouth Church.

Announcements and Business:

- 1. Out meeting with DG Dick Ray will be at the double-decker pavilion in Glen Maury Park in Buena Vista on Wednesday, August 23rd. Fellowship at 5:45 and dinner served at 6:30 pm. Dress is casual and guests are welcome. This is a good opportunity to meet our new DG and to visit with fellow Rotarians from Area 6 (Lexington, Lexington Lunch, Lexington Sunrise, Buena Vista, Botetourt County, and Covington-Hot Springs).**
- 2. Items to note in the July District Newsletter:**
 - Group Study Exchange Teams will visit (1) Suriname, Guyana & Caribbean and (2) Gujarat India next year.
 - District Grants Awards are announced on pages 14-16.
 - Rotary Leadership Institute (RLI) is an effective way to educate Rotarians about Rotary. RLI is being promoted throughout the District this year. Sessions remaining are: Natural Bridge, 15 September; Harrisonburg, 3 November; and Blacksburg, 2 February. Contact Woody Sadler for more information. DG Dick Ray is providing a \$45 scholarship to each club, plus if a club sends 4 members to a Part I session one tuition will be paid by RLI.
 - A Rotary District 9550 Delegation, led by Governor Ida Portella and Governor Nominee Greg Marlowe, met with District 7570 Governor-Elect Richard Ray in Atlanta and agreed to support a Friendship Exchange between the two districts. The Exchange will involve a group of Rotarians visiting and being home-hosted for about two weeks including participating in District Conference. District 9550 includes Northern Queensland and Timor. Details at <http://www.d9550rotary.org.au/>. We will host our Australian Rotarians in March and travel to Queensland in May 2018. Contact Friendship Exchange coordinator Case Pieterman for details.
 - See "Spotlight on Governor Richard Ray" on page 25.
 - Are you interested in a 100-mile bike ride? The Rotary Club of the Blue Ridge - New Generations is conducting this fund-raising event to benefit charity on August 19. For details, go to www.starcitygranfondo.com.

Program:

By tradition, the visiting club provides the program in alternate years. And this happened to be Rotary's year. So President Skip stepped up and presented the program.

"My topic this evening is '1883 in Rockbridge County.' You may be wondering, 'How is this guy qualified to speak on this subject?' 'Well, I'm not. I wasn't even born in 1883, nor were any of my grandparents.' So, I'm not old enough.

“Also, I’m not a true native. My father was born in Iowa and moved to Lexington in 1926. My mother was born in Stonewall Jackson’s house. So, despite my lack of qualifications, I ask your patience with me.

“The New Monmouth Presbyterian Church sanctuary was built in 1883. As evidence of the 1883 date, the bricklayers provided that information near the top of the front wall.

“One of my sources of information is an 1883 Carmichael map of Rockbridge County. It references an earlier map created in 1859 by Colonel William Gilham of VMI. I’ve also consulted a map by Major Jed Hotchkiss and railroad and private surveys. Information on mineral development was provided by Professor John T. Campbell of W&L. I don’t know how he managed to detect all the inneral deposits shown on the map. Another source of interesting information from the early 1880’s is the C&O Railway Directory from 1881.

“Several important dates are shown on the following timeline:

- 1746 New Monmouth Presbyterian Church founded.
- 1760 Grant’s Furnace on South River was first iron ore furnace west of the Blue Ridge.
- 1804 First steam locomotive built in Wales.
- 1840 James River & Kanawha Co. canal reached upstream to Lynchburg.
- 1851 North River Navigation Co. began work to extend locks up North River to Lexington.
- 1855 First trains arrive in Goshen.
- 1856 Bessemer process patented (first inexpensive process for mass production of steel).
- 1860 Canal reached Jordan’s Point at Lexington.

Railroads were in a race with the canal companies to provide transportation for the natural resources and commerce in the great American West, which at that time started at the Blue Ridge Mountains.

“The C&O Railroad came down from the north into Bell’s Valley to Goshen Bridge, where it turned west through Panther Gap. This loop through Rockbridge County was the reason for the County’s inclusion in the 1881 C&O Directory. Before the Civil War, the state of Virginia was involved in several railroads. After the war, and with creation of the separate state of West Virginia, the railroads were consolidated into the C&O Railway, by action of both state legislatures. The C&O reached all the way to Huntington, WV, by 1873.

“Presence of the railroad in northern Rockbridge County was advantageous to the iron industry in that region. Prior to that, iron ore could be transported by small boats downstream to Cedar Grove, and then by slightly larger boats to Lexington and points downstream. The Iron & Steel Association Railroad extended 12 miles up Brattons Run to the Victoria Mines and those at Alum Springs. According to the 1907 ‘Mineral Resources of Virginia,’ the Victoria (Goshen) furnace, built in 1883, claimed to be one of the largest in the US at the time, producing 100 tons of pig iron per day. Furnaces at California, Mount Hope, Panther Gap, and Bath Iron Works provided charcoal.

“According to the book, ‘Remarkable Rockbridge,’ the Iron & Steel Association of Virginia, which owned Victoria Furnace, built homes for 1500 expected workers and imported several hundred experienced Welsh and English miners to work there.

“The Goshen Land Company bridge over the Calfpasture River was built in 1890, in anticipation of Goshen becoming the ‘Birmingham of America’, as contrasted to Buena Vista, which was to become the ‘Pittsburgh of the South.’ Industry was by no means confined to the northern corner of Rockbridge County.

“The Glenwood Furnace still stands in the National Forest near Arnolds Valley. Built in 1849, it was a cold-blast charcoal furnace using wooden tub-bellows and water power to extract iron. Extracted iron was shipped down the James River to Richmond. This furnace was a key producer of iron for the Confederacy, mainly for cannons. Rebuilt as a warm blast furnace in 1874, it was eventually abandoned in 1887.

“Packet boats played a large part in the history of Lexington. But by 1880, the canal tow paths had been occupied by railroad tracks. Most of the mills and factories were still located on a stream to take advantage of water power. According to the C&O Directory, there were 27 blacksmiths/wheelwrights in the county along with 12 coopers, 9 distillers, and 50 public schools.

Because local transportation was so problematic, it was more efficient to build a mill every few miles along a stream than to consolidate things and transport the raw materials and finished products. The central part of the county did not have mines, but there were ubiquitous flour mills and sawmills.

Remnants of the railway lines are still present to this day in the form of stonework and mileage markers. Here's more of the time line:

- 1880 North River canal replaced by railroad.
- 1883 Current New Monmouth Presbyterian Church brick building.
- 1883 Victoria (Goshen) furnace was built (claimed to be one of largest in US at the time).
- 1883 Railroad arrives in Lexington.
- 1885 Karl Benz develops a gasoline-powered vehicle in Germany – first 'production' vehicle.
- 1890 Electrical service established in Buena Vista.
- 1893 Street lights in Lexington powered by electricity from Reid's Dam
- 1897 Telephone service in town of Lexington.
- 1939 First BARC electrical connections in Rockbridge County – part of New Deal's Rural Electrification Administration (about 1/3 of work done by WWII, rest by about 1950)

"Karl Benz developed the first 'production' gasoline powered vehicle in 1885. It wasn't until 1903 that the Ford Model A was first produced. Note also that was the year of the Wright brother's first flight. The first mass-produced auto was the Model T in 1908. The first fully factory-assembled pickup truck was the 1925 Ford Model T Runabout.

"Meanwhile, in 1882 Edison's Pearl Street power plant in Manhattan was the first example of urban electrification. When electricity first came to Lexington in 1893, lighting was just about the only use. By the time BARC was providing its power, there were a number of appliances available, the most popular being radios and clothes irons, followed by the more expensive refrigerators and washing machines."

Skip's presentation was accompanied by period photos and maps which, unfortunately, cannot be included here. Thanks to Skip for an excellent presentation.

Pot and Happy Bucks:

Neither, as we met off site.

Future Programs & Activities:

- Aug 23: Joint Meeting of all Area 6 Rotary Clubs with DG Dick Ray at the Double-Decker Pavilion in Buena Vista (Arrive by 5:45 PM), RoD Betty McMichael**
- Aug 26: 42nd Edition of Rockbridge Community Festival; Chair: Kent McMichael**
- Aug 30: NO MEETING; RCF counts as Substitute**
- Sep 06: Main Street, Lexington by Stephanie Wilkerson; RoD Betty McMichael**
- Sep 20: Tour of Beechenbrook Chapel by Skip Ravenhorst, RoD Skip**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

August 23, 2017

Volume LXXI, Number 07

All clubs in Area 6 (Botetourt County, Buena Vista, Covington-Hot Springs, Lexington, Lexington Lunch, and Lexington Sunrise) met with District Governor (DG) Chris Runion in at the double-decker pavilion in Glen Maury Park in Buena Vista on Wednesday, August 23rd. Fellowship began at 5:45 pm followed by the meal at 6:30 pm.

A very nice buffet meal was served: fried chicken, beef tips in gravy, green beans, boiled potatoes, macaroni and cheese, roasted carrots, tossed salad and dressings, homemade rolls and butter, iced tea and pink lemonade, and three desserts: chocolate cake, yellow cake with sliced strawberries in the frosting, and a banana pudding. Aren't you sorry you missed it? Representing our club were 18 members, and 3 Rotary Partners: Nancy Lowe, Margaret Sayre, and Lynn Williams. And we can't omit one-year old Anna Ryan who captivated the gathering. Plus several large appetites. A rough estimate of total attendance is 90.

Announcements and Business:

- 1. Block out this Saturday, August 26th, on your calendar if you haven't already done so! All Rotarians should be prepared to work at the Rockbridge Community Festival on this weekend. Remember, we no longer have the help of the Kiwanis Club on this project - so we all should expect to work more than in the past. Contact Chair Kent to sign up for duty if you have not already done so. Don't forget to wear your Rotary caps and/or "Rotarian at Work" tee-shirts on that day. If you have questions, contact Kent McMichael at 460-5647 (cell) or sgmekm@yahoo.com.**
2. RI "**Service Above Self Award**" winners are announced on page 60 of the September 2017 issue of *the Rotarian* magazine. Kenneth Tuck is recognized from our District 7570. "This award recognizes Rotarians who have demonstrated exemplary humanitarian service, especially those who have helped others through personal volunteer work and active involvement in Rotary." Ken, a physician, is a member of the Roanoke Club.
3. Thanks to the Buena Vista Club and, especially, Jeff Wright for making all arrangements for tonight's gathering.
4. Following the meeting, PE Betty McMichael distributed new "Rotarian at Work" tee-shirts to those who had ordered them. See her on Saturday at the RCF to pick up your shirt if you were not present.

Program:

AG Marc Hudson introduced District Governor Dick Ray. Dick lives in Jonesborough, TN, and is a 25-year member of the Rotary Club of Johnson City, having served as president, vice-president, secretary and treasurer. While club president in 1999-2000, his club received the District Governor's Award for Rotary Club of the Year.

At the district level Dick has served as Assistant Governor, Foundation District Grants Chair, two District Conference Steering Committees and the Group Study Exchange Committee. He received his Area's 110% Award and the Four Avenues of Service Citation. Dick has participated in

three Global Projects in Africa, Central, and South America. He is a multiple Paul Harris Fellow, Double Sustainer, Benefactor, and Skelton Fellow.

A native of Athens, TN, Dick is a graduate of East Tennessee State University (BS Economics) and the University of Tennessee (Masters of Accountancy). He is a Certified Public Accountant. Rising to Manager at Price Waterhouse, he then served as Chief Financial Officer of Marley USA from 1988-2001 as it grew from startup to a \$500 million business. After a successful sale of Marley, Dick became Chief Financial Officer of Medex Laboratories, and within 90 days led the company into a Chapter 11 filing, resulting in a successful reorganization. Since 2005 Dick has focused on business restructuring (Trustee, Receiver or Reorganization Officer) and forensic accounting services.

Dick spoke to us about Rotary: Who We Are, What We Do, and How We Do It. During the presentation, he compared and contrasted three stages of participation: involvement, engagement, and commitment. An outstanding speaker, he captivated us with amusing examples of each. Thanks, Dick, for an inspiring presentation.

New Global Ad Campaign:

"While many people have heard of Rotary, few people actually understand what Rotary clubs do. In fact, 35% of the public is unfamiliar with any Rotary program, including their local club. That's why Rotary has created a new global ad campaign called 'People in Action.' The ads are available for download at www.Rotary.org/brandcenter, where you'll also find guidelines on how to use and localize each element, making it easier for clubs in any part of the world to tell their story in a consistent, compelling way." For more info, see page 53 of the September issue of *the Rotarian* magazine.

Two Old Friends:

Russ and Sam, two friends, very old and frail, met in the park every day to feed the birds, watch the squirrels and discuss world problems. One day Russ didn't show up. Sam didn't think much about it and figured maybe he had a cold or something.

But after Russ hadn't shown up for a week or so, Sam really got worried. However, since the only time they ever got together was at the park, Sam didn't know where Russ lived, so he was unable to find out what had happened to him.

A month had passed, and Sam figured he had seen the last of Russ, but one day, Sam approached the park and -- lo and behold! -- there sat Russ! Sam was very excited and happy to see him and told him so. Then he said, "For crying out loud Russ, what in the world happened to you?"

Russ replied, "I was in jail." "Jail?" cried Sam. "What in the world for?" "Well," Russ said, "you know Sue, that cute little blonde waitress at the coffee shop where I sometimes go?" "Yeah," said Sam, "I remember her. What about her?" "Well, one day she filed rape charges against me; and, at 89 years old, I was so proud that when I got into court, I pleaded 'guilty'."

"The damn judge gave me 30 days for lying under oath."

Pot and Happy Bucks:

Neither, as we met off site.

Future Programs & Activities:

Aug 26: 42nd Edition of Rockbridge Community Festival; Chair: Kent McMichael

Aug 30: NO MEETING; RCF counts as Substitute

Sep 06: Main Street, Lexington by Stephanie Wilkerson; RoD Betty McMichael

Sep 20: Tour of Beechenbrook Chapel by Skip Ravenhorst, RoD Skip

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

September 6, 2017

Volume LXXI, Number 08

President Skip presided. Guests: Shane Gonsalves' mother, Hazle, and our speaker, Stephanie Wilkerson. Visiting Rotarian: AG Marc Hudson of the Lexington Sunrise Club. Attendance: 19 members, 1 visiting Rotarian, and 2 guests for a total attendance of 22.

Announcements and Business:

1. RI "**Service Above Self Award**" winners are announced on page 60 of the September 2017 issue of *the Rotarian* magazine. Kenneth Tuck is recognized from our District 7570. "This award recognizes Rotarians who have demonstrated exemplary humanitarian service, especially those who have helped others through personal volunteer work and active involvement in Rotary." Ken, a physician, is a member of the Roanoke Club.
2. Rockbridge Area Hospice needs our help! They are looking for route monitors to help with their 20th Annual Hospice Hustle on Saturday, September 16th at Glen Maury Park in Buena Vista. The race is scheduled in the morning and the time commitment would be from about 9:00 am to no later than 1:00 pm at the most (many will be finished by noon). Volunteering includes a BBQ meal for lunch. Michelle Jones: "We've greatly appreciated the help from our local Rotary clubs over the past three years and hope that some of your members will be able to assist." To volunteer, go to: <https://signup.com/client/invitation/6775657374/1943630/false#!1943630/false/false>
3. On Saturday October 14th, 4-8 pm, the Rotary Clubs of the Lexington and Buena Vista area will be hosting Pints for Polio, a fund raiser to fight polio. It will be held at Great Valley Farm Brewery (<http://greatvalleyfarmbrewery.com/greatvalley>). Music will be provided by Alex Shreveport. R and R Concessions will operate a food truck at which you can purchase dinner, or whatever. Pints for Polio tickets will be \$10.00 each which will buy one beer. AG Marc Hudson: "It is my hope that each member will sell at least two tickets - even if you can't make it to the event. Remember that every dollar we raise will turn into three dollars once it is matched by the Gates Foundation. This is a beautiful venue. Please use this as an opportunity to invite new people into the Rotary family. It should be a good time at a great location where we will raise money for a good cause. I hope to see you there."

Rotary Minute:

At the behest of our Board, Treasurer John Tucker presented President Skip with a full-zip, fleece Rotary jacket in appreciation of his past year of service as president. It was (appropriately) wrapped in multiple layers of Sunday comics so it took several minutes for him to unwrap it. A sincere thanks, Skip, from all of us!

Program:

Stephanie Wilkinson is Executive Director of Main Street Lexington, which she helped establish in the spring of 2013. She also owns two businesses downtown: The Red Hen restaurant, which she co-founded in 2008, and House Mountain Yarn Co., which she opened with three partners just this past August. Stephanie has lived in Lexington since 1995 and is married to Duncan Richter, Professor of Philosophy at VMI. They have two children, Isabel, a sophomore at Cornell University and Harry, a junior at Rockbridge County High School.

The Lexington Downtown Development Association died in 2006. From its ashes arose "Main Street Lexington" which is a volunteer-based organization established in 2013 to preserve, sustain, enhance and promote beautiful Downtown Lexington, Virginia. This organization is an affiliate member of the Virginia Main Street Program, which uses a proven "Four Point Approach" created by

the National Main Street Center to achieve economic revitalization in the context of historic preservation.

Their goal is to make downtown businesses thrive and bring people back downtown. Their strategies are:

1. Encourage full use of upper floors of historic buildings.
2. Capitalize on fiber backbone. Leverage strong higher education assets.
3. Attract regional visitors. Change the narrative from 'historic' to 'happening.'

Their transformation strategies are:

1. Make Lexington a destination for retail: They ran a workshop called Destination:Retail for 10 weeks with 11 retailers using marketing industry experts and providing small grants for individual projects. The results were: retailer camaraderie, morale boost, mutual problem solving, and district unity.
2. Upper Floor Usage: They organized a self-guided walking tour of Lexington called 'Upstairs and Underground.' Landlords, realtors, contractors, and preservationists of 13 properties were involved. It culminated in a BBQ and beer party which also served as a fund raiser. A post-tour survey found the event 'made me think more positively about living in, working in, or visiting downtown Lexington.' It also sparked more interest in investing in downtown property.
3. Innovation and Creativity Hub: Doors open this month on a 'Makespace & Business Incubator.' There will be events, classes, and open hours to share tools, ideas, expertise, and energy. It may also serve as a community hub.

Downtown business news:

Closings: McCorkle's Hallmark (Mar)
Frame and Design (Mar)
Hamilton-Robbins (Jun)
The Stitichin' Post (Jul)
Sunday's Child (Aug)

Expansions and Relocations:

Lexington Coffee Roasters
Suzanna Garrett Massage
Celtic Tides
Walkabout Outfitter
Earth, Fire & Spirit Pottery
The Georges

Openings:

Tarris Law
House Mountain Yarn Company
Locked In
Urban Farm Girl
Nourish Skincare
Frontline Woodworks

Upcoming Events and Activities:

Community Forum	Sep 13
Arts of Lexington Block Party	Sep 29
4 th Annual Science Festival & Maker Faire	Oct 15
Downtown Trick-or-Treat	Oct 31
Candlelight Processional & Tree Lighting	Nov 24
Christmas Parade	Dec 01
Jingle Bell Rubn 5K	Dec 02

Ms. Wilkerson concluded with the seal of Lexington which reads: Livable • Lovable, Lexington Virginia.

Kudos to RCF Leaders and Volunteers:

PE Betty McMichael was very pleased with the Rockbridge Community Festival (RCF): the weather, the crowds, the vendors, and all those Rotarians and Jaycees who worked so hard to make it a success. She commended all involved.

Thanks go specifically to the leadership of the RCF. Chairs of the various organizing committees were (J -- Jaycee member; R -- Rotary member):

Chair – Kent McMichael (R)

Treasurer – Aaron Massey (J)

Operations – Scott Risser (R)

Marketing – Kara Braddick (J)

Entertainment Co-Chair – Stewart Fleming (R)

Vice-Chair and Chair next year – Tullis Beasley (J)

Space Assignments – Lisa Mackey (J)

Sponsors – Derek Carter (R).

Entertainment – Nicole Manley (J)

Actions of Our Board of Directors:

Our Board of Directors held their monthly meeting immediately following our regular club meeting:

- The board unanimously voted to accept, with regret, the resignation of Laura Evans.
- Kent McMichael briefed the board on the ongoing process for selecting a GSE team to travel to India. There are currently 22 candidates from the District interviewing for 8 available slots. The board unanimously agreed to support candidate Brent Buswell in the event that his application should be successful.
- The board discussed two upcoming club events: the annual cookout, to be held October 4 at the Kappa Alpha Headquarters (Mulberry Hill); and our annual Christmas Holiday Party, to be held at Shane Gonsalves' shop (Sweet Treats) on December 20.

Happy Bucks:

- Julia Van de Water was happy to thank PE Betty for arranging production of the “Rotarian at Work” Tee-shirts and getting them to us for the RCF.
- President Skip was happy to be back, recovered from his illness; and happy to see all those Rotarians hard at work at the RCF..
- Hazle Gonsalves was just happy to be here.
- Linda Krantz presented a few highlights from her recent trip to Alaska, mainly her first helicopter ride on her visit to the top of a glacier.

Pot:

Hazle Gonsalves, mother of Shane, won the raffle but not the POT that now totals \$48.00.

Future Programs & Activities:

Sep 20: Tour of New Natatorium at W&L; RoD Betty McMichael

Oct 04: Annual Steak Cookout at KA Headquarters (Mulberry Hill), RoD Betty McMichael

Oct 18: Roadside Clean-Up, Route 11S; RoD Betty McMichael

Nov 01: TBA

Nov 08: Distribute Flags on Veteran’s Graves in Cemeteries, RoD Kent McMichael

Nov 13: Collect Flags from Veteran’s Graves in Cemeteries, RoD Kent McMichael

Nov 15: NO MEETING, substitute project on 11/8 and 11/13

Nov 22: NO MEETING, Thanksgiving Holiday

Nov 28: Election of New Officers and Board plus RI Foundation by Jim Cook; RoD Betty McMichael

Dec 20: Annual Club Christmas Party at Sweet Treats; RoD Betty McMichael

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

September 20, 2017

Volume LXXI, Number 09

President Chip presided. Guests: Lynn Williams, Partner of Joe; and Belinda Shepherd, Partner of Shane Gonsalves. Visiting Rotarians: None. Attendance: 18 members and 2 guests for a total of 20. Meeting held on site of the new Natatorium at Washington and Lee University.

Announcements and Business:

1. **New Global Ad Campaign:** "While many people have heard of Rotary, few people actually understand what Rotary clubs do. In fact, 35% of the public is unfamiliar with any Rotary program, including their local club. That's why Rotary has created a new global ad campaign called 'People in Action.' The ads are available for download at www.Rotary.org/brandcenter, where you'll also find guidelines on how to use and localize each element, making it easier for clubs in any part of the world to tell their story in a consistent, compelling way." For more info, see page 53 of the September issue of *the Rotarian* magazine.
2. On Saturday October 14th, 4-8 pm, the Rotary Clubs of the Lexington and Buena Vista area will be hosting Pints for Polio, a fund raiser to fight polio. It will be held at Great Valley Farm Brewery (<http://greatvalleyfarmbrewery.com/greatvalley>). Music will be provided by Alex Shreveport. R and R Concessions will operate a food truck at which you can purchase dinner, or whatever. Pints for Polio tickets are \$10.00 each which will buy one beer. AG Marc Hudson: "It is my hope that each member will sell five tickets even if you can't make it to the event. Remember that every dollar we raise will turn into three dollars once it is matched by the Gates Foundation. This is a beautiful venue. Please use this as an opportunity to invite new people into the Rotary family. It should be a good time at a great location where we will raise money for a good cause. I hope to see you there." President Skip distributed 5 tickets to each of us at W&L and urged us to either sell them to others or buy them ourselves. Get Crackin'.

Program:

RoD Betty McMichael introduced Kami Gardner, Men's and Women's Swimming Coach at W&L. Kami Gardner will be in her seventh season as the director of aquatics and head men's and women's swimming coach at W&L. The 2012-13 season was her first as the head coach for the combined men's and women's program. For her efforts she has been recognized as the ODAC Coach of the Year five times in the past 10 seasons.

'Gardner came to W&L following 13 seasons as the head men's and women's swimming coach, aquatics director and instructor at the State University of New York at Oswego. She is a 1991 graduate of Kenyon College. She helped the swimming team to four NCAA Division III Championships and was a 27-time All-American. A total of 17-times she was a National Champion and was named an Academic All-American on two occasions. Additionally, she broke five national records and was named the 1991 NCAA Division III Swimmer of the Year. Gardner participated at the 1984 Olympic trials in the 100 and 200 backstroke.'

Coach Gardner lives in Lexington with husband Bruce and son William.

"Washington and Lee University's new natatorium is open! Located just below Augusta Square, part of the new third-year housing that opened last year, the new swimming facility is a bright, open space with an impressive pool, second-floor observation area and wet classrooms.

"The Natatorium by the numbers:

- It cost \$22.4 million, took about 24 months to complete, and occupies just under 1 acre of land.
- It holds 589,000 gallons of water.
- The 25-yard stretch pool has a 4-foot-wide bulkhead to create 2 zones for swimming.

- It has 8 lanes for competition.
- The shallow end starts at 4 feet, then goes to 5, 7, 10 and finally 12 feet deep.
- The bump-out at one end of the building allows for the possibility of adding 3 springboard platforms in the future.
- The project required 6,000 cubic yards — 600 truckloads — of concrete for the foundation.
- It took 42 blasts to facilitate excavation of rock from the pool basin.' (Rockbridge County!!)
- 'The new system injects carbon dioxide into the water to keep the pH at about 7.4.
- A complete turnover of the water through the filtration system can be completed in 4 hours." Our thanks to Coach Gardner for an excellent tour of a wonderful facility.

What a Difference a Century Makes! Here are Some Statistics for the Year 1917:

- The average life expectancy for men was 47 years.
- Fuel for cars was sold in drug stores only.
- Only 14 percent of the homes had a bathtub.
- Only 8 percent of the homes had a telephone.
- The maximum speed limit in most cities was 10 mph.
- The average US wage in 1910 was 22 cents per hour.
- The average US worker made between \$200 and \$400 per year; a competent accountant could expect to earn \$2000 per year; a dentist \$2,500 per year; a veterinarian between \$1,500 and \$4,000 per year; and a mechanical engineer about \$5,000 per year.
- More than 95 percent of all births took place at home
- Ninety percent of all Doctors had NO COLLEGE EDUCATION! Instead, they attended so-called medical schools, many of which were condemned in the press AND the government as "substandard."
- Sugar cost four cents a pound.
- Eggs were fourteen cents a dozen.
- Coffee was fifteen cents a pound.
- Most women only washed their hair once a month, and, used Borax or egg yolks for shampoo.
- The American flag had 45 stars.
- The population of Las Vegas, Nevada was only 30.
- Crossword puzzles, canned beer, and iced tea hadn't been invented yet.
- There was neither a Mother's Day nor a Father's Day.
- Two out of every 10 adults couldn't read or write; only 6 percent of all Americans had graduated from high school.
- Marijuana, heroin, and morphine were all available over the counter at local corner drugstores; back then pharmacists said, "Heroin clears the complexion, gives buoyancy to the mind, regulates the stomach, bowels, and is, in fact, a perfect guardian of health!" (Shocking?)
- Eighteen percent of households had at least one full-time servant or domestic help...
- There were about 230 reported murders in the ENTIRE U.S.A.!

It is impossible to imagine what it may be like in another 100 years

Future Programs & Activities:

- Oct 04: Annual Steak Cookout at KA Headquarters (Mulberry Hill), RoD Betty McMichael**
- Oct 18: Roadside Clean-Up, Route 11S; RoD Betty McMichael**
- Nov 01: TBA**
- Nov 08: Distribute Flags on Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 13: Collect Flags from Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 15: NO MEETING, substitute projects on 11/8 and 11/13**
- Nov 22: NO MEETING, Thanksgiving Holiday**
- Nov 29: Election of New Officers and Board plus RI Foundation by Jim Cook; RoD Betty McMichael**
- Dec 13: TBA**
- Dec 20: Annual Club Christmas Party at Sweet Treats; RoD Betty McMichael**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

October 4, 2017

Volume LXXI, Number 10

President Skip presided. Guests: Joanna Tyka, a Richmond artist, was the guest of Julia Van de Water; Hazle Gonsalves, mother of Shane, and Melissa Kirby, friend of Shane; and Partners Jane McCoy, Sue Milo, Barbara Risser, and Margaret Sayre. Visiting Rotarians: None. Attendance: 18 members,; 3 guests, 4 Partners, and one-year-old Anna Ryan for a total of 26. Meeting held in back yard of Kappa Alpha national headquarters on Mulberry Hill in Lexington.

Announcements and Business:

1. On Saturday October 14th, 4-8 pm, the Rotary Clubs of the Lexington and Buena Vista area will be hosting Pints for Polio, a fund raiser to fight polio. It will be held at Great Valley Farm Brewery (<http://greatvalleyfarmbrewery.com/greatvalley>). Music will be provided by Alex Shreveport. R and R Concessions will operate a food truck at which you can purchase dinner, or whatever. Pints for Polio tickets are \$10.00 each which will buy one beer. AG Marc Hudson: 'It is my hope that each member will sell five tickets even if you can't make it to the event. Remember that every dollar we raise will turn into three dollars once it is matched by the Gates Foundation. This is a beautiful venue. Please use this as an opportunity to invite new people into the Rotary family. It should be a good time at a great location where we will raise money for a good cause. I hope to see you there.' President Skip distributed 5 tickets to each of us at W&L and urged us to to either sell them to others or buy them ourselves. Get crackin' and give the proceeds to President Skip. If writing a check, make it out to Lexington Rotary Foundation.
2. **October 24 is World Polio Day!** Rotary established World Polio Day to remember Jonas Salk's birthday and raise awareness of our mission to eradicate polio worldwide. For more information, see the October issue of the *Rotary Informer* on our web site.
3. **New Global Ad Campaign:** "While many people have heard of Rotary, few people actually understand what Rotary clubs do. In fact, 35% of the public is unfamiliar with any Rotary program, including their local club. That's why Rotary has created a new global ad campaign called 'People in Action.' The ads are available for download at www.Rotary.org/brandcenter, where you'll also find guidelines on how to use and localize each element, making it easier for clubs in any part of the world to tell their story in a consistent, compelling way." For more info, see page 53 of the September issue of *the Rotarian* magazine.
4. Dr. Meghan and David Ryan will hold an **open house at the Lexington Animal Hospital** from 1:00-4:00 pm on 28 October. This veterinary facility is located at 28 Bones Place about 4 miles west of Lexington on Route 60. Anyone who would like a behind-the-scenes tour of this area business is encouraged to attend.
5. "Rotary Leadership Institute (RLI) is an effective way to educate your Rotarians about Rotary. We are promoting RLI throughout the District and offering additional sessions in areas where we have never held training. There are several sessions this year: November 3 - Harrisonburg; February 2 - Blacksburg. RLI is a great way to introduce Rotary to new members and train your upcoming leaders. This year DG Dick is providing a \$45 scholarship to each club!"
6. "Satellite Clubs may be the answer to club membership." Do you know what a satellite club is? See page 5 in the October issue of the *Rotary Informer* at www.rotary7570.org to learn.
7. **Our next meeting is scheduled for Wednesday, October 18. It will be a Roadside Clean-Up. Because of our reduced number of members, the Board decided to limit this project to the Route 11S area in the future. So we will have only one team and they will pick up trash along Route 11S from the intersection of Route 11S and Possum Hollow Road back towards Lexington to a point about 1 mile from the end of the Lexington Bypass. The plan**

is to meet and begin at 5:00 pm so the task can be completed before dark. The event will be rescheduled if it is raining hard enough that you need to activate your windshield wipers. Remember to wear sturdy shoes and bring gloves. Skip reminds us that our club policy is "Finders, Keepers."

Program:

None, just good food, fun, and fellowship. In your editor's opinion, this event continues to be one of the highlights of our Rotary year. We continued the practice of having brisket rather than steak so several members would not have to spend the whole evening laboring over a hot grill. And it was delicious, so tender you could cut it with a fork. Included was a variety of sauces to top it off.

The food fairy made sure we had a variety of delectable pot luck. Members were asked to contribute to the meal according to their last name: A - F : appetizers; G : desserts; H - R : veggies/pasta; and S - W : salads. Of course, if anyone had a signature dish that didn't fall into their category, they were free to bring it. And, if anyone just doesn't cook anymore, they were urged to come anyway. There is always plenty to eat. And a few bottles of wine and beer (BYOB) and other spirits did not hurt.

Special thanks to our gracious hosts: Betty and Kent McMichael. They worked very hard to get everything set for our gathering. The setting was wonderful and Betty ordered up perfect weather for the event.

Kent capped off the evening by giving a brief summary of the history of the home that now houses KA National Headquarters. Then, all who wished were invited to walk through the impressive structure. Thanks again, Betty and Kent.

Raffle and Happy Bucks:

Neither tonight as the cookout was off site.

Birthdays and Anniversaries in October:

Happy Birthday to: George Piegari on the 1st; Joe Milo on the 4th; David Krantz on the 7th; David Ryan on the 11th; Jim McCoy on the 13th; Derek Carter on the 17th; and Connie Carter on the 27th.

Happy Anniversary to: Jane and Jim McCoy on the 15th; and Margaret and Robert Sayre on the 27th.

Future Programs & Activities:

- Oct 18: Roadside Clean-Up, Route 11S; RoD Betty McMichael, Report at 5:00 PM**
- Oct 24: World Polio Day (and Jonas Salk's birthday)**
- Nov 01: Brent Boswell, Member of Outgoing GSA Team to India, RoD Betty McMichael**
- Nov 08: Distribute Flags on Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 13: Collect Flags from Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 15: NO MEETING, substitute projects on 11/8 and 11/13**
- Nov 22: NO MEETING, Thanksgiving Holiday**
- Nov 29: Election of New Officers and Board plus RI Foundation by Jim Cook; RoD Betty McMichael**
- Dec 01: District 7570 Foundation Banquet; Inn at VA Tech and Skelton Conference Center; Register by November 24; Cost: \$60/person**
- Dec 13: TBA**
- Dec 20: Annual Club Christmas Party at Sweet Treats hosted by Shane Gonsalves; RoD Betty McMichael**

END



THE LEXINGTON ROTARY CLUB BULLETIN

CHARTERED FEBRUARY 1, 1922

NUMBER 1063

95th YEAR OF "SERVICE ABOVE SELF"
Web Site: <http://www.lexingtonvarotary.org>

October 18, 2017

Volume LXXI, Number 11

No dinner meeting tonight; instead a Roadside Clean-Up was held.

Announcements and Business:

1. **Next Tuesday, October 24, is World Polio Day!** Rotary established World Polio Day to remember Jonas Salk's birthday and raise awareness of our mission to eradicate polio worldwide. For more information, see the October issue of the *Rotary Informer* on our web site.
2. **New Global Ad Campaign:** "While many people have heard of Rotary, few people actually understand what Rotary clubs do. In fact, 35% of the public is unfamiliar with any Rotary program, including their local club. That's why Rotary has created a new global ad campaign called 'People in Action.' The ads are available for download at www.Rotary.org/brandcenter, where you'll also find guidelines on how to use and localize each element, making it easier for clubs in any part of the world to tell their story in a consistent, compelling way." For more info, see page 53 of the September issue of *the Rotarian* magazine.
3. **Dr. Meghan and David Ryan** will hold an **open house at the Lexington Animal Hospital** from 1:00-4:00 pm on 28 October. This veterinary facility is located at 28 Bones Place about 4 miles west of Lexington on Route 60. Anyone who would like a behind-the-scenes tour of this area business is encouraged to attend.
4. "**Rotary Leadership Institute (RLI)** is an effective way to educate your Rotarians about Rotary. We are promoting RLI throughout the District and offering additional sessions in areas where we have never held training. There are several sessions this year: November 3 - Harrisonburg; February 2 - Blacksburg. RLI is a great way to introduce Rotary to new members and train your upcoming leaders. This year DG Dick is providing a \$45 scholarship to each club!"
5. "**Satellite Clubs** may be the answer to club membership." Do you know what a satellite club is? See page 5 in the October issue of the *Rotary Informer* at www.rotary7570.org to learn.
6. Items of note from the November 2017 issue of *the Rotarian* magazine:
 - What is your club doing to reinvent itself? – article on page 17
 - Sam Owori of Kampala, Uganda and President-Elect of RI, has died; Barry Rassin of the Rotary Club of Nassau, Bahamas, has been selected to succeed him.
 - Mark Daniel Maloney of the Rotary Club of Decatur, AL, USA, has been selected as President Nominee.
 - November is Rotary Foundation month.
 - Ned Lester (deceased) of the Christiansburg-Blacksburg Rotary Club was awarded the Distinguished Service Award by the Rotary Foundation.

Program:

None, just good fellowship, a great turnout, and completion of a worthwhile project in record time.

Roadside Clean-Up: Members gathered at 5:00 pm at the intersection of Route 11S and Possum Hollow Road. Present were Chuck Barger, Allan Somerville Brown, Stewart Fleming, Julie Goyette, Linda Krantz, Bill Lowe, Betty McMichael, Kent McMichael, Joe Milo, Skip Ravenhorst, Scott Risser, and Julia Van de Water. The Ryans had planned to participate, however, David was abruptly called out of the country on business and their customary baby sitter was not available.

Betty reports that 7 bags of refuse were collected and the task of cleaning both sides of about a two-mile-stretch of highway was completed in less than an hour. No one was injured but there were no significant treasures found (at least none that were reported).

An excellent turnout – thanks to all who helped!!!!

Raffle and Happy Bucks:

Neither tonight as the project was conducted off site.

AND THEN IT IS WINTER: (sent to your editor by a friend)

You know ... time has a way of moving quickly and catching you unaware of the passing years. It seems just yesterday that I was young, just married and embarking on my new life with my mate.

Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is... the back nine of my life and it catches me by surprise... How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those older people were years away from me and that I was only on the first hole and the back nine was so far off that I could not fathom it or imagine fully what it would be like. But, here it is....my friends are retired and getting gray..they move slower and I see an older person now.

Some are in better and some worse shape than me... but, I see the great change.... Not like the ones that I remember who were young and vibrant..but, like me, their age is beginning to show and we are now those older folks that we used to see and never thought we'd become. Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore... it's mandatory! Cause if I don't on my own free will... I just fall asleep where I sit!

And so...now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But, at least I know, that though I'm on the back nine, and I'm not sure how long it will last....this I know, that when it's over on this earth...it's over. A new adventure will begin!

Yes, I have regrets. There are things I wish I hadn't done...things I should have done, but indeed, there are many things I'm happy to have done. It's all in a lifetime. So, if you're not on the back nine yet...let me remind you, that it will be here faster than you think So, whatever you would like to accomplish in your life please do it quickly! Don't put things off too long!! Life goes by quickly. So, do what you can today, as you can never be sure whether you're on the back nine or not!

You have no promise that you will see all the seasons of your life....so, live for today and say all the things that you want your loved ones to remember...and hope that they appreciate and love you for all the things that you have done for them in all the years past!! "Life" is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

LIVE IT WELL! ENJOY TODAY! DO SOMETHING FUN! BE HAPPY ! HAVE A GREAT DAY
Remember: It is health that is real wealth and not pieces of gold and silver.

LASTLY, CONSIDER THIS: ~Going out is good... Coming home is better! ~You forget names..... But it's OK because some people forgot they even knew you!!! ~You realize you're never going to be really good at anything like golf. ~The things you used to care to do, you aren't as interested in anymore, but you really don't care that you aren't as interested. ~You sleep better on a lounge chair with the TV 'ON' than in bed. It's called "pre-sleep". ~You miss the days when everything worked with just an "ON" and "OFF" switch.. ~You tend to use more 4 letter words ... "what?"..."when?"... ??? ~You notice everything they sell in stores is "sleeveless"?!?! ~What used to be freckles are now liver spots. ~Everybody whispers.. ~You have 3 sizes of clothes in your closet.... 2 of which you will never wear.

But Old is good in some things: Old Songs, Old movies, and best of all, OLD FRIENDS!!

Stay well, "OLD FRIEND!" It's Not What You Gather, But What You Scatter That Tells What Kind Of Life You Have Lived. **TODAY IS THE OLDEST YOU'VE EVER BEEN; YET THE YOUNGEST YOU'LL EVER BE, SO ENJOY THIS DAY WHILE IT LASTS**

" Do Not Regret Growing Older. It is a Privilege Denied to Many. "

Future Programs & Activities:

- Oct 24: World Polio Day (and Jonas Salk's birthday)**
- Nov 01: Brent Buswell, Member of Outgoing GSA Team to India, RoD Betty McMichael**
- Nov 08: Wednesday, Distribute Flags on Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 13: Monday, Collect Flags from Veteran's Graves in Cemeteries, RoD Kent McMichael**
- Nov 15: NO MEETING, substitute projects on 11/8 and 11/13**
- Nov 22: NO MEETING, Thanksgiving Holiday**
- Nov 29: Election of New Officers and Board of Directors plus Talk on RI Foundation by Jim Cook; RoD Betty McMichael**
- Dec 01: District 7570 Foundation Banquet; Inn at VA Tech and Skelton Conference Center; Register by November 24; Cost: \$60/person**
- Dec 13: TBA**
- Dec 20: Annual Club Christmas Party at Sweet Treats hosted by Shane Gonsalves; RoD Betty McMichael**

END