

Homecare by Wesley wants to be your resource for information on the aging process. Aging can be a complicated life journey. These resources may make your experiences a little easier. Please contact us at **901-380-4880** if there is anyway we can assist your efforts...



## **Know Your Resources:**

**Aging Commission of the Midsouth—**

<http://www.agingcommission.org/home0.aspx>

**Social Security—**

<https://socialsecurity.gov/>

**Medicare—**

Official Website: <https://www.medicare.gov/>

How to understand Medicare: <http://www.medicareinteractive.org/>

Fraud and Abuse: <http://www.smpresource.org/>

**Department of Human Services**

<http://www.tennessee.gov/humanservices>

<https://www.tn.gov/humanservices/topic/supplemental-nutrition-assistance-program-snap> (FOOD STAMPS)

**AARP Assessment Form “Prepare to Care”:**

[http://assets.aarp.org/www.aarp.org/articles/foundation/aa66r2\\_care.pdf](http://assets.aarp.org/www.aarp.org/articles/foundation/aa66r2_care.pdf)

**Caregivers Library**

<http://www.caregiverslibrary.org/caregivers-resources/grp-checklists-forms.aspx>

**Medical Information**

<http://www.vialoflife.com/>