



September 2016



Welcome!

We would like to take a minute to welcome everyone to our 2016-17 Gymnastics Season! We are very excited to begin this season with our returning gymnasts and of course with our new gymnasts! We hope everyone had a fantastic summer and we are looking forward to another great year!

Something New! This year we have monthly themes that will give you an idea of what the monthly focus or emphasis is in your child's gymnastics class!

Gymnastics Theme For September: "Fall back into fall"

This month's lesson plans will incorporate important safety procedures such as knowing the proper way to fall, and correct landing techniques to help our students stay active and healthy in and out of the gym this season!

Information & Reminders:

Make Sure You're Connected:

At Jean's Gymnastics communication and customer service is a priority, and we want to make sure that you have the latest and most up to date information and notices, so you never miss a thing.

Here are a couple ways to ensure that you're connected:

- Go to our website and create a "Log-in" for our customer portal where you can sign in, check your account balance, input/change account, register for events & payment info etc.
- Make sure your email is correct through your customer login online or stop by the front desk to update it if necessary.
- Subscribe to our mailing list for our newsletters, upcoming events, sales and promotions.
- "Like" us on Facebook & Follow us on Twitter for all the latest news, contests and fun information!

Student Recognition:

Our coaches and staff love recognizing our students for their hard earned accomplishments. It's our #1 priority that our students are safe, having fun, learning and progressing throughout each class. We have a few ways for our staff and Jean's Gymnastics members to be able to celebrate in each student's success.

- Skill Clubs— When any student gets a new skill, they will get their picture taken and a skill star put up under the skill club it falls under! Make sure to keep your eyes out for new stars on the walls, as we have many very determined and motivated students!
- Skill Bell—Each event has it's own skill bell, so whenever a student gets a skill for the first time they'll have the opportunity to go over and ring the bell. This lets the entire gym know that something awesome just happened, so they can celebrate too!

Honor Roll Rewards:

We want our athletes' success outside of the gym to be just as important as their success in the gym. This is why we implemented a program for our school aged & recreational students that reward them for their scholastic achievements! If any student brings in a copy of their local paper's honor roll or their report card, they'll receive an open gym pass for all of their school efforts!

Events:

The backside of the newsletter has this year's calendar with all the events, closings and special events, so you have access to all that information from the start! We hope you can join us for our fun movie nights, awesome skill clinics & other gym events! Most events are open to non-members as well, so if your child has a friend or sibling who is not a current student, they are welcome to invite them along as long as they have the appropriate waiver signed prior to the event by their parent or guardian.

National Gymnastics Day:

National Gymnastics day is on **Saturday, September 17th!** Gyms, gymnasts and fans of the sport celebrate all over the country with a handstand salute at 1:00pm EST. Spread the word, celebrate with friends, and post your videos & pictures on our Facebook page!



Movie Night:

Saturday, September 17th
6:00pm-9:00pm
(Ages 4+)



Movie Nights are back! We'll kick off the new season with "Zootopia"! Movie night includes, open gym play upon drop off, games & popcorn & a movie!

Member Price: \$20
Non-Member Price: \$25

(Register Online or at the Front Desk!)

Open Gyms:

Open Gym begins this month! Open Gym is offered on Tuesdays 8:00pm – 9:00pm for ages 8+ and Saturday 11:00-12:00 ages 6+.

Member Price: \$10 Non-Member Price: \$15