

CASE Events Calendar - October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Essentrics Zoom with Lynn	2	3
4	5	6 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	7 Golf Twin Willows 11 AM Weather permitting	8 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	9	10
11	12 Thanksgiving Day	13 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	14 Golf Twin Willows 11 AM Weather permitting	15 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	16	17
18	19	20 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	21 Golf Twin Willows 11 AM Weather permitting	22 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	23	24
25	26 Board Meeting TBA	27 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	28 Golf Twin Willows 11 AM Weather permitting	29 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	30	31

Note: Watch email for more detail on activities and events.