



Lighthouse Family Counseling

Safety, Hope, and Guidance

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COUPLES THERAPY PARTICIPATION AGREEMENT

_____ and _____ (“the Clients”) have chosen to use the couples therapy to resolve their family differences. The Clients have agreed to engage (Therapist name), a (type of practitioner), to assist them with couple’s therapy.

The Clients also agree to the following:

1. to provide a full and candid exchange of information between them and their therapist necessary to make a proper assessment of their relationship;
2. be respectful during counseling sessions to improve the flow of information

The Therapist agrees to the following:

1. He/she will act as a neutral mental health professional and will not align with either client

The therapist’s duties may involve the following:

- assisting the Clients to achieve outcomes that reflect their goals and interests and address the best interests of their relationship as well as children;
- improving the Clients’ negotiation and problem-solving skills;
- increasing effective communication among family members;
- assisting the Clients in recognizing their relational strengths and weaknesses to enhance their future relationship;

Testimony and Future Consulting

The Clients and the therapist agree that if the counseling terminates, the therapist not be called as a witness by either client in any future litigation between the Clients, unless both Clients and the therapist agree otherwise in writing. The Clients and the therapist further agree that, if couple’s counseling terminates, the therapist may not be further consulted by either client, unless the Clients reinstitute the couples counseling process.

Dated: _____

Therapist

Partner

Partner

