

# Sat Santokh Kaur Khalsa

Sebastian, FL 32958

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## General Release/Disclaimer

I, \_\_\_\_\_, acknowledge and accept the risks inherent in the participation in/use of activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs of Sat Nam Rasayan®(SNR®), Kundalini Yoga(KY) and MahBoundLotus(MBL®) offered by Sat Santokh Kaur Khalsa(SSKK).

By using or participating in SNR®, KY, MBL® I hereby assume the risk of injury, accident, death, disability, loss, cost or damage in or to me and/or my property which may arise from said use and/or participation. In consideration of SSKK, SNR®, KY, MBL® permitting my use of or participation in activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs of SSKK, SNR®, KY, MBL®, I hereby, for myself and each of my heirs, successors, assigns and legal representatives, unconditionally and irrevocably forever and fully release and discharge SSKK, SNR®, KY, MBL® and all its affiliated organizations, past, present and future officers, directors, employees, managers, members, volunteers, interest holders, shareholders, agents and legal representatives, acting officially or otherwise, from and against any and all claims demands actions, or causes of action in connection with relating to arising from or on account of any injury, accident, death, disability, loss, cost or damage to me and/or my property, which may occur or arise from any cause during such use of, or participation in of activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs of SSKK, SNR®, KY, MBL®.

All of such use of, and/or participation in activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs of SSKK, SNR®, KY, MBL® are undertaken freely, knowingly and volitionally by me at my own risk, and I represent and warrant to SSKK, SNR®, KY, MBL® that I am physically able to undertake any and all of the inherent in the participation in/use of activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs in which I choose to participate or which are provided by SSKK, SNR®, KY, MBL®.

Nothing presented by, use of and/or participation in activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs of Sat Nam Rasayan®(SNR®), Kundalini Yoga(KY) and MahBoundLotus(MBL®) offered by Sat Santokh Kaur Khalsa(SSKK) should be construed as medical advice.

While SNR®, KY, MBL® and their activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs have benefited many, these activities, exercises, courses, classes, services, treatments, facilities, materials, manuals and hand-outs make no claim to diagnose, treat, cure or prevent any disease.

Always check with your physician or licensed health care practitioner before participating in or attempting SNR®, KY, MBL® offered by SSKK. Always check with physician or licensed health care practitioner before making any significant modification in your diet before you use any recipes offered to ensure that these recipes and ingredients are appropriate for your personal health condition and consistent with any medication you may be taking.

**I READ THE GENERAL RELEASE ABOVE AND UNDERSTAND THAT BY SIGNING WHERE INDICATED BELOW, I FOREVER AND FULLY RELEASE THE AGENTS/STUDIO/FACILITY OF ANY LIABILITY WHATSOEVER THAT I MIGHT INCUR AS A RESULT OF MY USE OF PARTICIPATION IN THE ACTIVITIES, EXERCISES, COURSES, CLASSES, SERVICES, TREATMENTS, FACILITIES, MATERIALS, MANUALS, AND HAND-OUTS OF SSKK, SNR®, KY, MBL®**

**Current Rates and Service fees:**

## Sessions

Service	Rate	Description
Kundalini Yoga Private(KY) Coaching	\$155	First 30 minutes
SNR → Healing Session**	<b>\$180 Special Rate</b>	30 minutes
SNR New Client	\$220.00 New Client/Existing	
Classes and Courses		Request info
MahBoundLotus Treatment	<b>\$1100 special rates may apply</b>	See Detailed Brochure

\*Class rates may vary based on hosting facility

\*\*Sessions/Packages are **non-refundable/completely transferable** and must be used **within 6 months/** can be used for remote or in person treatment; Travel fees may apply; add 3% to pay via paypal [www.satsantokh.net](http://www.satsantokh.net)

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Signature \_\_\_\_\_

Print Name \_\_\_\_\_ Date \_\_\_\_\_

**Sat Nam Rasayn Treatment/ Mah BoundLotus® addendum:**

Sat Nam Rasayan® does not include or attempt to work with areas such as psychology, psychiatry, medicine, medical practice, etc. which are outside the function of Sat Nam Rasayan® ministers. Sat Nam Rasayan® does not deal with problems of psychogenic or functional origin.

**As a recipient of Sat Nam Rasayan®/ Mah BoundLotus®:**

I hereby understand that Sat Nam Rasayan®/ Mah BoundLotus® and its practitioners are not involved with the treatment of disease of any kind, nor does it substitute for medical diagnoses or treatment. I understand that none of the Sat Nam Rasayan® practitioners and *students-in-training* treat, prescribe or diagnose illness, diagnose disease or any other physical and/or mental disorder of the person.

I understand that Sat Nam Rasayan® is not a substitute for normal medical care and I have been advised to discuss this process with any doctor who is taking care of me now or in the future. Additionally, I shall continue any present medical treatment and consult my regular medical doctor/health care professional for treatment of any new or old illness or symptoms.

I further understand that no particular results are guaranteed, stipulated, implied, or promised from the session of Sat Nam Rasayan® and that any positive and/or negative results come only out of my own doing.

I understand that it may be necessary for a practitioner or *students-in-training*, to touch my body in order to assist me. I give my permission and consent to do all reasonable things necessary to help me accomplish my health goals. I understand that any relief of physical and/or emotional symptoms are the result of my own doing. I understand that by signing this form I acknowledge, and agree that Sat Nam Rasayan® and the resulting conditioning process, comes from the use of my own abilities for my own benefit. I further acknowledge that I have sought this service of my own free will. This agreement is for this service and future services.

**I acknowledge that I have received a copy of this form.**

SIGNATURE: \_\_\_\_\_

Please print the following:

NAME: \_\_\_\_\_

SPIRITUAL NAME(IF ANY):

\_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ Email: \_\_\_\_\_

PHONE: \_\_\_\_\_ DATE: \_\_\_\_\_

LOCATION AND DATE OF EVENT: \_\_\_\_\_

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Permission to work on minor:

Name of minor (Print): \_\_\_\_\_

Name of Guardian (Print): \_\_\_\_\_

Signature of Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Any additional info you would like us to know: \_\_\_\_\_