

Volunteer Positions

These descriptions are designed to give you, as a volunteer, a good idea of where you would most enjoy serving. Not all positions are available at every race and sometimes you may be asked to fill several roles. For instance, Course setup volunteers could also serve as course marshals. The greatest needs are in the setup and course marshall / hydration station jobs.

Packet Pick-Up & Registration

Volunteers are needed to assist our event staff at packet pick-up/registration. Volunteers will check participant credentials and help distribute packets. These volunteers will also assist registrants in properly filling out paper registration forms. Computer skills (excel entry) are helpful.

(Keyboard entry volunteers are needed at late registration the day of the race. This job requires fast, accurate entry of information into an excel spreadsheet from a laptop computer.)

Pre Race Setup:

Assist in setting up the race site. This includes unloading material from trucks or trailers, setting up transition, finish line, bike and run course, etc), and ensuring the race site is ready for race morning. The Race Director will be distributing volunteers to area-specific coordinators for directions.

Day of Race/Pre event

Keyboard entry volunteers are needed at late registration the day of the race. This job requires fast, accurate entry of information into an excel spreadsheet from a laptop computer.

Bike Course Setup – Assist the coordinator in setting up hydration stations, coning off and placing signage on the bike course. *Reports to Bike Course Coordinator*

Run Course Setup – Assist the coordinator in setting up hydration stations, coning off and placing signage on the run course. *Reports to Run Course Coordinator*

Finish Line Setup – Assist in preparing the finish line with any items that cannot be setup before the event including some promotional material and banners, and the medal and hydration stations. *Reports to Finish Coordinator*

Transition Security / Body Marking – Body marking includes pre-race marking of assigned athlete numbers and age using provided marketing material. During the event, volunteers will man the bike mount on/off lines to instruct athletes where they are allowed to mount their bikes and where they must dismount. Transition security duties include providing assistance to athletes and ensuring the security of the transition area until all athlete equipment has been removed from the area. Once equipment has been removed the transition security team also assists in the breakdown of the transition area. Security positions are required to be 18+ but body marking may be manned by high school-aged volunteers. *Reports to Transition Coordinator*

Day of Race/ during event

Kayakers – Kayaks will serve as both rest and rescue vessels for those swimmers in need. Dual capacity boats will have a lifeguard onboard. Kayakers must be experienced. *Reports to Swim Course Coordinator*

Lifeguard – Responsible for the safety of athletes during the swim portion of the race and must monitor their assigned area until the last swimmer is out of the water. Lifeguards will be stationed in the water, in kayaks, or on-shore at the discretion of the coordinator. Must have current certification documentation. *Reports to Swim Course & Medical Coordinator*

Bike & Run Marshals

- Direct participants on the correct bike/run routes
- Keep pedestrians off the routes
- Alert medical officers should any athlete participants need medical attention
- Control pedestrians at designated points
- Advise participants to stay within the cones along the routes
- Report any participant who does not follow the course

Hydration Stations

- Prepare cups of water and sports drink and hand up to athletes.
- Alert medical officers should any athlete participants need medical attention

Medical – Provide medical assistance for the event. Medical attendants will be located near the finish line but may have to report to any race area for assistance. Must have current CPR and AED card along with current Texas Certification as EMT or Paramedic. *Reports to Medical Coordinator*

Sweepers

- To trace the last biker/runner and notify race director of their position.
- The bike sweeper will remain a minimum of 1/2 mile behind last cyclist and pick up course volunteers and signage
- The run sweeper will wear a safety vest and ride a bike. Basic cycling skill is required.

Or:

Designated Last Place Finisher

Accomplished triathlete who agrees beforehand to stay behind or with final athlete on the course and finish last.

Finish Line

Volunteers will collect timing straps and distribute water and medals to athletes crossing the finish line.

Post Event

All hands on deck to break down and load equipment and clean up courses.