



FJELLHEIM 6 – 107
 Sons of Norway
 1045 Ford Street
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Oct 2018

Volume 45, # 9

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM
 Viking Hall,
 1045 Ford Street,
 Colorado Springs, CO

SEND ARTICLES TO :

Michael Johaneson
mjohaneson@gmail.com

Deadline for the November Issue is
 October 20



VIKING FAIR



10th ANNUAL

Community Cultural Event

Bazaar and Brunch

Saturday, October 20, 2018

Arts, baked goods, books, collectibles, crafts, fun, handwork, lefse, music, raffles, stories, unique gifts, vendors, Vikings

Free Admission

Bazaar 9^{am}-2^{pm} Brunch \$8, 9^{am}-12^{noon}

Viking Hall

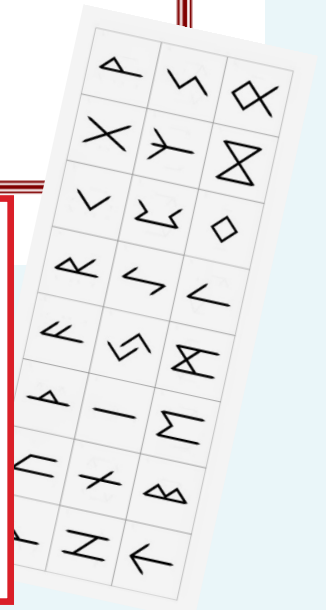
1045 Ford St., Colorado Springs 80915

Information: 351-3554



Getting the Runes read by Caren is worth the price of admission to Viking Fair. Except it is free. Sorry Caren.

Caren's knowledge of the Runes and her ability make these ancient symbols have relevance to you will be the best part of your day. A real treat.



2018 oktober

søndag	mandag	tirsdag	onsdag	torsdag	fredag	lørdag
	1 9:00 am Lefse Bake Viking Hall	2 12:30 Games and Cards Viking Hall 6:00 pm Language Class 1 7:00 pm Language Class 2	3 9:00 am Board Meeting Viking Hall	4	5	6
7	8 9:00 am Lefse Bake Viking Hall	9 6:00 pm Language Class 1 7:00 pm Language Class 2 Viking Hall	10 5:00 Book Club 6:00 pm FMC 7:00 Heritage Mtg Viking Hall	11	12	13
14	15	16 6:00 pm Language Class 1 7:00 pm Language Class 2 Viking Hall	17	18	19	20 Viking Fair 8:00—Brunch 9:00—Bazaar
21	22 9:00 am Lefse Bake Viking Hall	23 6:00 pm Language Class 1 7:00 pm Language Class 2 Viking Hall	24	25	26	27
28	29 9:00 am Lefse Bake Viking Hall	30 6:00 pm Language Class 1 7:00 pm Language Class 2 Viking	31	Nov 1 1:00 Viking Sisters Viking Hall		



Lefse Time

Lefse baking for September & October is as follows: September 24th, October 1st, 8th, 22nd, 29th. We bake from 9:00 am until 11:00.

Please come give us a hand, have coffee, warm Lefse and other treats.

Lois

Grocery and Gas Cards Earnings

Fjellheim Lodge has received several rebate checks from Safeway and Kings Soppers for our use of their Gift Cards.

First, we must **thank** Safeway and Kings Soppers for their generosity. We probably would have bought groceries and gas anyway but we are grateful for the wonderful help from these businesses.

Secondly, we must **thank** all the members who are using the gift cards. We are near \$2000 this year

Takk



SAFEGWAY
Ingredients for life..



October
President's Corner

Kerry Hefta



It's September 19th and I am sitting in Geilo Norge looking out at the ski slopes. It's my third and final week in Norway. It's been a busy two weeks, we spent some time in Hafjell (another ski center) where we learned how to embroider and sew in the old way.

Then to Fagernes where my sister found the Frigstad (Fristad) exhibit in the museum. Frigstad is my grandmother's maiden name! We then went to Telemark for another set of adventures including Rjukan which is the site of the heavy water incidents in WWII; and Dyrsku'n which reminded me of the Minnesota state fair. We met a dairy farmer there who invited us to her farm in Melsomvik where the cows, Norwegian Reds a hybrid, are milked with a robot. Tomorrow we are driving to Flam, then to Voss and then to Bergen where I will fly home on the 25th. Det har vært en flott tur.

I heard the Anniversary dinner went wonderfully thanks to Sissel Disbrow and crew! Next up is the Viking Fair Oct 20th and that is closely followed by the Lutefisk Dinner Nov 10th. Yes it is that time again! See you all soon.

**We
Have
Sweat-
ers!**

Again, we have wonderful sweaters which have been donated by our members and friends of the lodge. These are



warm, beautiful and authentic. They are being auctioned through silent auction from now until the Family Christmas Party. At that time, they will be presented to the highest bidder. Proceeds will go to our year-end charitable donations.

October Birthdays

Gratulerer med dagen

Ellen Rubi May	3
Martha Ellen Miller	4
Lowell T Skabo	4
Steven Don Anderson	5
Adelle E Steinseifer	5
Margrethe Smith	6
Gloria L Mitchell	7
Marjorie Lindskog	13
Madison L Ben	14
Jill K Johnson	16
Joshua R Lysne	16
Carter Drew Berge	21
Lena M Erickson	22
Brian L Svendsen	22
Emma Josephine Greek	23
Austin Allgood	24
Sonja Sue Gund	24
Rodney Wendell Jensen	24
Will M Berge	27
Virginia L Nelson	27
Linda K Ross	28
Geir S Ostrem	30
Madeleine R Erickson	31
Sissel M Erickson	31

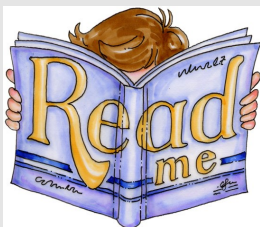


Card Social

Card Social will be Tuesday, **October 2nd** with a potluck lunch at **12:30 pm** at Viking Hall followed by visiting and cards.

Viking Sisters

The next meeting of Viking Sisters will be Thursday, November 1 at 1:00 pm at Viking Hall



Book Club meets every second Wednesday of the month at **5:00 pm** at Viking Hall. Our facilitator is Dot Everett.



Rosemaling Classes at Viking Hall

All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.



Norwegian Language Class

Language Class meets Tuesdays at Viking Hall. The first class starts at 6:00 pm. The second class begins at 7:00 pm.

The first class uses the textbook *Sett i gang 1* and is led by Cindi Keller and Jean Luce. The second class uses *Sett i gang 2* and is led by Annastacia Hackett and Erik Tjelmeland. To join us, go to settigang.com and order the textbook for the class you wish to join.



Sunshine Report



Happy Birthday to everyone celebrating birthdays in September!

Millie Sullivan is in Center at Centennial Rehab Facility. She is recovering from spinal issues and does not know how long she will be there. The address is 3490 Centennial Boulevard, COS, CO 80907 and the phone number is 719-685-8888, room 309 Please keep her in your thoughts and prayers.

Keeping it short so we can have more Anniversary pictures!!! Fraternally, Karen Ravnaas – 390-0621



Kendall Kjerstad
Financial
Benefits
Counselor
605 939-
1714

Lutefisk and Meatball Dinner

**Saturday November 10, 2018
Viking Hall**

First Seating 2:00 pm Second Seating 6:00 pm

\$20.00 Members \$22.00 Nonmembers \$10.00 Ages 5-12

**Lutefisk with Butter/Cream Sauce, Meatballs,
Steamed Potatoes, Vegetables, Cranberry Sauce, Lefse, Dessert,
and Coffee**

For Reservations Please Call Virginia Nelson (719) 650-7029

**Items offered for sale in our Lobby: Lutefisk, Herring,
Lingonberries, Baked Goods and Gift Items**

We are pleased to present this fine lutefisk dinner for you. The lutefisk and the Swedish meatballs have been ordered and the cooks are ready. Please join us for this grand tradition.

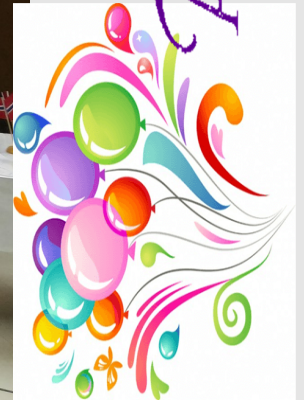




Fjellheim' 45th Anniversary Dinner and Party was a festive and fun event for all.

The food was great, awards given with flare, magical entertainment and bunads everywhere. Fellow members from other Colorado lodges helped make the event special.

Thanks to Sissel and all who made it possible.
(more on page 7)





45th Anniversary Party Thanks

A special thanks to all of our members and friends who helped us celebrate in making our Lodge anniversary party such a special occasion. Our Lodge has been recognized by other Lodges as one with awesome volunteers who ask what do you need, how may I help? We are extremely grateful to all of you!!

Special thanks to those who decorated our Lodge, prepared our food, contributed to our program, and assisted with set-up and clean-up. Lois along with many kitchen helpers did a super job of preparing our dinner.

We were honored to have in attendance Rita Ehrmann from the Norwegian Consul in Denver; Bev Moe, our Lodge Zone Director; and several visitors from other Colorado Lodges. Thanks to Amy Martinson, Fort Collins, who donated our Anniversary Kranse Kake.

It is with deep appreciation and gratitude that we extend our sincere thanks to all of you.

Your Anniversary Committee: Bjorg, Inger and Sissel

The following persons contributed their time and talent to make this event happen: Lois, Bjorg, Terry, Sharon, Brenda, Steve, Randy, Inger, Ranae, Leonard, Beverly, Karen, Kathie, Jessie, Steven, Matthew, Furman, Brad, Mike, Sara, Beckie, Anastacia, Erik, Eunice, Caren, Ginny, Jerry, Sissel, Linda, Sonja, Ole, Gerald, Paul, and Ruth.

Fjellheim Lodge Thanks

I am truly humbled by all the love and kindness shown to me at the Anniversary Party. None of the Lodge events that I am involved in would be so successful without the help and support from all of you. Thank you for the rose plant, the gift card, the generous applause and accolades, and the Norse singing, were more than I deserve. You are all loved very much and I thank you over and over again.

Mange Tusen Takk, *Sissel*

FJELLHEIM - 2018 OFFICERS

Board of Directors

President	Kerry Hefta	266-9429
Vice-President	Brenda D. Anderson	761-5092
Counselor	Steve Hermanson	520-0303
Secretary	Annastacia Hackett	306-8870
Treasurer/Finance	Jerry Johnson	495-0253
Membership Sec	Kathie Godsil	229-9289

Program Directors

Sunshine	Karen Ravnaas	390-0621
Foundation	Sissel Disbrow	540-2737
Cultural Skills	Björg Mapstone	440-3992
Book Club	Dot Everett	330-1206

Support Officers

Greeters	Lois Halvorson	632-6003
	Owen Bergland	576-1396
Marshall	Leonard Beasley	471-1801
Editor	Mike Johaneson	720-971-0130
Web Page & Facebook	Randy Johnson	260-7028
Musician	Sonja Gund	473-9588
Publicity	Eunice Bluhm	495-2029
Librarian	Sonja Gund	473-9588
Viking Sisters	Ginny Johnson	495-0253

Committees/Special Activities

Auditors	Dean Tollefson	473-1110
	Ole Bakken	632-3892
	Millie Sullivan	597-0381
Financial Benefits	Kendall Kjerstad	605 939-1714

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas	390-0621
	Paul Wiig	596-6159
	Jerry Maines	282-0908
	Owen Bergland	576-1396
Trustees	Rodger Erickson	597-2196
	Jerry Johnson	495-0253
	Terry Mapstone	351-5644

Colorado Zone 8 Director

Beverly Moe 720-746-9755
bevm259@comcast.net

District 6 President

Luella Grangaard 760-363-7704
morongo2@verizon.net

Sons of Norway Board

Mary Beth Ingvaldstad 707-987-2404
mblingvoldst@aol.com

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Monthly Newsletter
Mike Johaneson, Editor
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Colorado Springs, CO 80915



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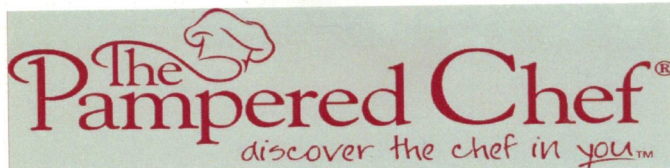


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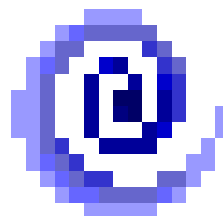
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