

Target Analysis



Instructor

John Hansen

Phone:

(623) 694-0377

Email:

info@azccwclasses.com

Website:

www.azccwclasses.com





Introduction

Target analysis is important to any shooter that is trying to improve their skills. Far too often, I see shooters that can not analyze their target (after firing an X-amount of rounds), to see what it is telling them about the way they just shot!

Your target is a wealth of information to you and your shooting skill. Learn to read your target and use different targets to enhance your skills. These targets can be pre printed or even home-made.

Let's get started!!!!

Before we get started!

Not all instructors will give good corrective information. Some will take a “Lazy Approach” to fixing a shooter. Example: If a shooter is hitting low and left of a particular point of aim (POA), the instructor will have the shooter start firing high and to the right. Which in theory should put the rounds at the selected point of aim. This is a quick fix to make a shooter feel good and nothing else.

This approach is “COMPLETELY WRONG” and can and/or will be bad in any defensive shooting incident!

You the shooter are responsible for your rounds! Don't let a “Lazy Instructor” put you on a path to destruction!

Before we get started! Cont'd.

In short, you are being taught to “Miss” in order to get a hit. What if you actually miss and hit an innocent person??? This could ruin your life!

I teach all my classes from a self-defense stand point and NOTHING else!

Pick your Instructor wisely, it could be a great benefit in the long run!

I start with a 4 yard shooting distance first, then move from there.

What does this target tell you?
This is a right handed shooter.



This was a right handed shooter on 9/4/2011.

I see a couple of things, 1) Trigger Press, 2) Firing before back on Point of Aim (POA) and depending on the shooter this maybe some degree of anticipation/healing.

This shooter did NOT have a healing or anticipation issue.



1) Trigger Press

The reason I say this is because the shots are left of the center of the target. The middle of the circle was POA.

The shooter was jerking/smashing the trigger. Which was moving the gun to the left of the POA.

I would correct the left side with the trigger reset method.



2) Point Of Aim (POA)

To correct this I had the shooter slow down and get his/her gun sights back to the selected POA before firing the next shot.

If this was an anticipation or healing problem I would still use the trigger reset method and have the shooter let the shots just happen.

I would also be looking at the shooters grip, arms and stance for any possible issues that can effect his/her shooting.

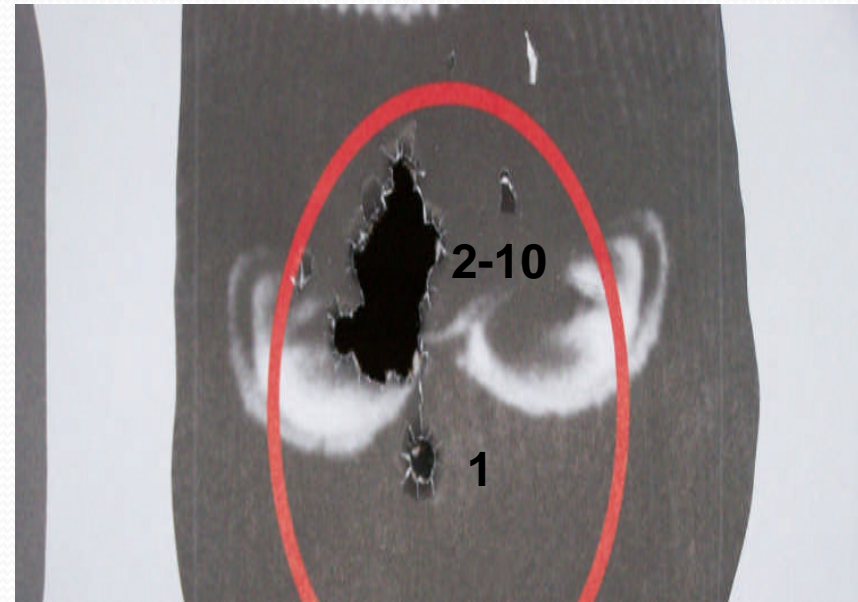


Trigger Reset

The shooter did dry-fire practice with the trigger reset method. POA was between the eyes. Slow Fire.

Once we went to live ammo, the shooter was instructed to take his/her time and fire 10 rounds using the trigger reset Method.

His first round was in the nose, rounds 2 - 10 were all placed just above the nose. All shots were approximately 3 to 4 seconds apart.

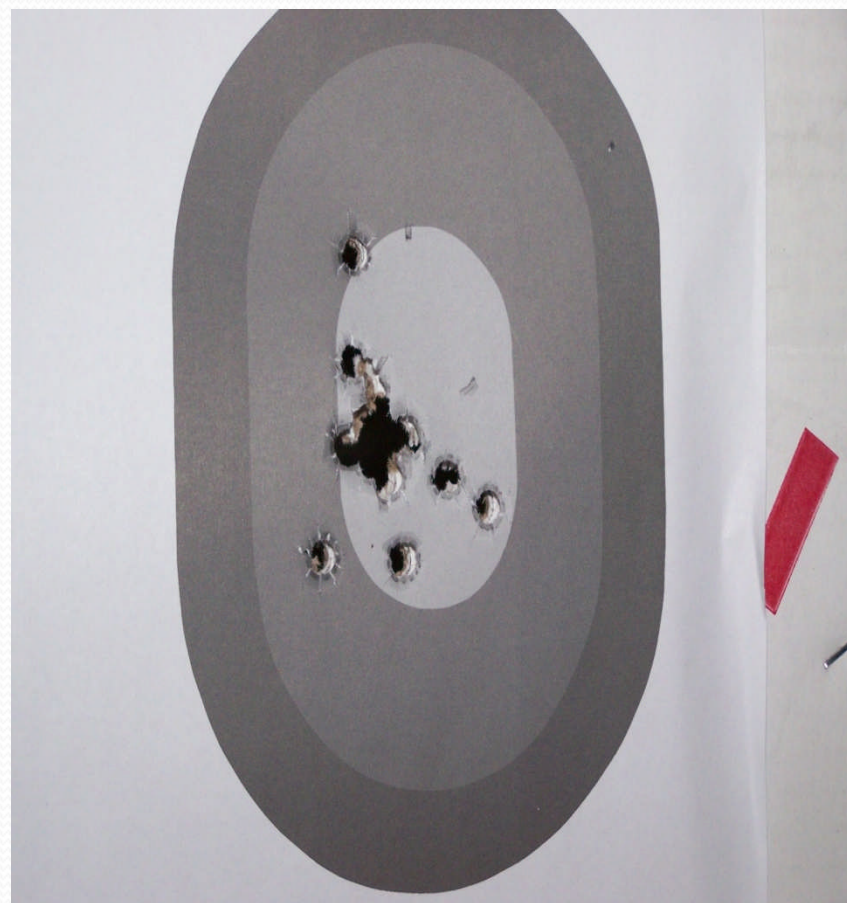


Target Analysis

The shooters previous tight group of shots showed me that the shooter could speed up. Which is exactly what we did. I had the shooter use the trigger reset method and fire a round every 1 to 1.5 seconds.

The POA was anywhere in the center ring.

After this string of fire, I could see that shooter could be even faster and still achieve his/her goal of excellent marksmanship!



Target Analysis

This target was fired at as fast as the shooter could fire his/her rounds. About a half second between each shot. The POA was the entire target.

In my opinion, this is an excellent grouping size for any defensive shooting. The more holes you have the more damage you will do, which stops a threat faster.

This is a balance of speed and precision shot placement!



Target Analysis

When you shoot, use your target to your advantage. It can or will be a wealth of information to improve your shooting skills.

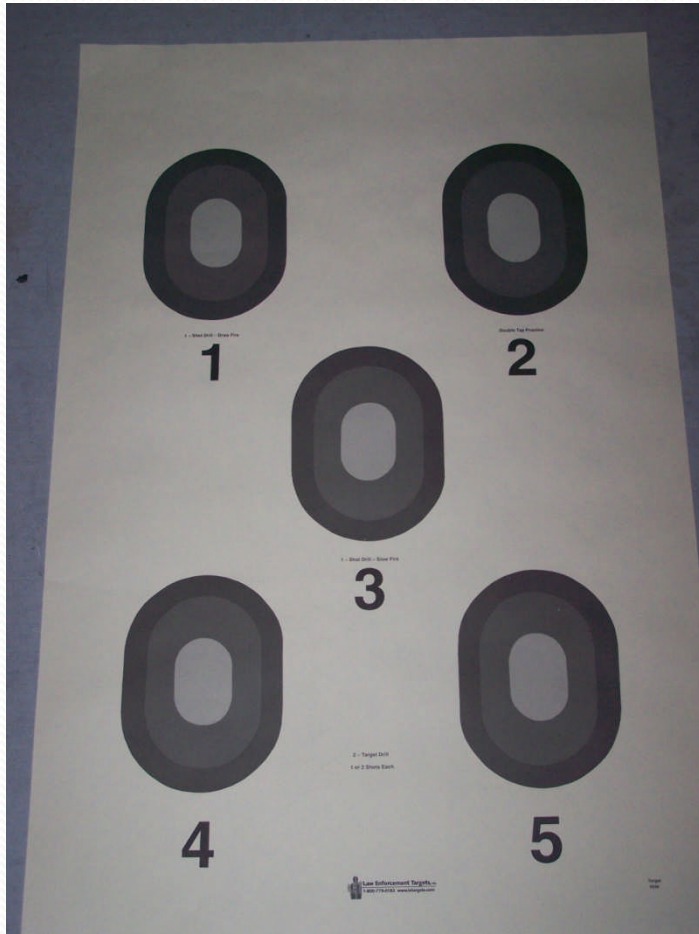
Soon as you get to a point that you are doing good, go to the next level of adding movement to your drills.

What I pointed out is just a part of what a target can tell you about your shooting skills.

Take advantage of it!



Targets to consider for training



Targets to consider for training



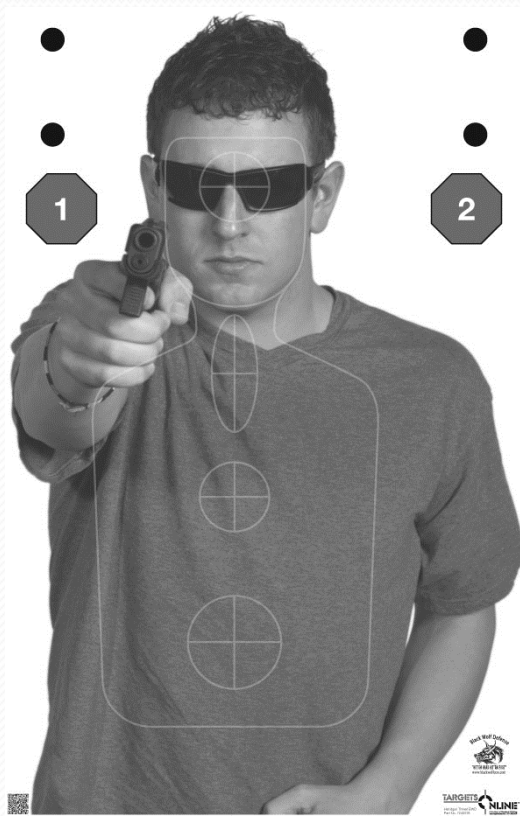
Yes, even scenario based targets are good for receiving feedback on your shooting!

Homemade targets are good too. All you need is paper, marker or even spray paint.

Be creative!

Our exclusive targets!

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Target Analysis Closing

In short, be creative, use everything to your advantage. Remember, you have your firearm for self defense purposes.

Train in a self defense mind set, meaning bring what you would encounter to the range, NOT the other way around.

Read your targets, they are telling you something about your shooting technique! There will always be room to improve. Nobody is PERFECT!

“Always A Student, Sometimes A Teacher!”

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STAY IN THE FIGHT!