

March/April 2018
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
4 Worship 11:15 am Communion	5 AA 8 pm	6 Cards 9:30 TOPS 6:30	7 Lenten Soup and Worship 5:30 pm	8 Craft Study 1:30 Family Dinner 6 pm	9	10 Women's Breakfast 8 am
FRIARS' BRIAR						
11 Worship 11:15 am Open Hearts	12 Meditation 7 pm AA 8 pm	13 Cards 9:30 TOPS 6:30	14 Lenten Soup and Worship 5:30 pm	15 Craft Study 1:30	16 Film & Faith	17
18 Worship 11:15 am Prayer Candles	19 AA 8 pm	20 Cards 9:30 TOPS 6:30	21 Lenten Soup and Worship 5:30 pm	22 Craft Study 1:30	23	24 IMCF Breakfast 9 am
25 Worship 11:15 am PALM SUNDAY Potluck Cong Care Speaker	26 AA 8 pm	27 Cards 9:30 TOPS 6:30	28	29 Craft Study 1:30 Maundy Thursday	30 Good Friday	31 Holy Saturday
1 Worship 11:15 am EASTER Communion	2 AA 8 pm	3 Cards 9:30 TOPS 6:30	4	5 Craft Study 1:30	6	7
Russell's back!!!						

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

March 4, 2018

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Worship Leaders: Hazel Arbon
 Greeting: Dianna Ingham and Bonny Manz
 Congregational Care Greeter: Clare Banks
 Prayers: Linda Fowler
 PowerPoint: Stephannie Banks
 Music: Josh Hendricksen
 Last week's attendance: 55

Ken's e-mail address: kmpowers@sasktel.net
 Hazel's e-mail address: pinkhouse@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Scripture Reading: John 18:12-27

Songs –

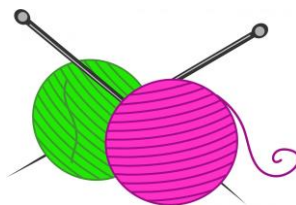
Holy Spirit, Hear Us VU #377
Let Us Build a House MV #1 vs 1
Let these Broken Bones Dance
Spirit, Open My Heart MV #79
We bring you our gifts Tune VU #579
Jesus Calls Us VU #562
May the God of Hope Go with Us VU #424

House of Esther is in need of a new house group leader to work with Dale Banks. Please see Dale if you can help share the work load a bit. Dale has been serving as house leader for some time and can show you the ropes.

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

LSC Meditation Group: Monday, March 12 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at sherinupdal7@gmail.com. We are switching to every other Monday until spring. Next date: March 26.

Eastside's Craft/Study Group Thursday, March 8 at 1:30 pm in the Multipurpose Room and East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Great Spiritual Migration* by Brian McLaren. Let the office know if you'd like to jump in and we'll get you a book!



The next **Eastside Family Dinner** is coming up **Thursday, March 8**, doors open at 5:30, supper served at 6 pm. This dinner will have a St. Patrick's Day theme with stew being served, and wearing o' the green encouraged! Organizers would like everyone to know that groceries are purchased based on number of RSVPs. **Please help them avoid preparing too much or too little food by RSVPing by Tuesday, March 6.** Having an accurate head count allows the cooks to keep costs down and continue asking for a donation of \$5 per person or \$20 per family. All shapes and sizes of families are welcome to this great opportunity to share a meal and community!



This Lent, the Living Spirit Centre is again hosting a **simple soup and bread supper** prior to its **short evening Lenten worship services**. Please join us next Wednesday, March 7 and each Wednesday throughout Lent. The theme of this year's Lenten services is *Spiritual Practices* and upcoming services will be centred around the following: March 7 – Silence; March 14 – Self-examination; March 21 – Psalm 51 and Mercy. Supper at 5:30 pm, worship begins at 7.

YOUTH RALLY 2018: Presented by the Youth and Young Adult Community (YAYAC), Westminster United Church, 13th Avenue, Humboldt, SK, March 9 – 11, 2018 Begins Friday at 7 pm ends Sunday at 1 pm. Cost before March 3 \$30, after \$40. This year's theme is "Finding Jesus: The Search Continues". Email yayac.sask@gmail.com.

Russell is on Sabbatical until April 2, 2018. We are grateful to Ken Powers and Hazel Arbon who have agreed to lead worship and offer pastoral care during this time. When not in Australia or at a conference, Russell will be focusing his sabbatical in the neighbourhood (the Parish), making connections, listening, and seeing where God is at work.

Atamiskākēwak National Gathering 2018 is the bringing together of all people in a week of experiences, education, understanding, and fun, bridging the gap between Indigenous and non-Indigenous peoples! It is taking place in Moose Jaw, Saskatchewan April 23rd - 28th, 2018 in Treaty 4 Territory; Nēwō Tipahātamin Askiy and the traditional territory of the Cree and Saulteaux, Assiniboine, and Métis. Check out the event website: <http://www.nationalgathering.ca/index.php>. The week will consist of national and international attendance on "how" to build right relationships on the journey of reconciliation between Indigenous and non-Indigenous peoples. It will be "how" do we apply and act on the '94 *Calls to Action* in today's reality.

The **Inhabit Conference** is a three-day experience (with Pre Day) April 26-28 dedicated to helping you practice faithful presence and seek the flourishing of your place. Join hundreds of practitioners from across North America at the beautiful Seattle School of Theology and Psychology for one of the most transformative breakthrough gatherings of the year. Join Russell as he attends this conference as part of his *Leadership in the New Parish* Course. He is encouraged to bring people from his community. A special ticket rate is available until February 25, 2018. The rates are \$119USD for individuals, \$109USD per person if there is a group of three or more. If you are interested, contact him at russellmw88@sasktel.net.

St. Philip Ladies Guild Irish Stew Supper: Wear your green on Saturday, March 17 and enjoy an Irish stew supper at the Living Spirit Centre (3018 Doan Drive). Doors open at 5:30, supper at 6, and Irish entertainment to follow. Tickets are \$15 – contact Sandi (306-522-0743) or Faye/Don (306-789-5241).

FRIARS' BRIAR: From March 4 to 9, Regina will be the site for the annual Friars' Briar. This curling competition is held each spring during the national men's bonspiel and 2017 marks its 40th year! It welcomes clergy and spouses, and faith-based workers, from many denominations. Participants come from across Canada to enjoy some friendly competition and fellowship. We encourage you to head over to the Tartan Curling Club this week and watch some great curling! More info can be found at <https://friarsbriar.ca>.



Next LSC Women's Spirituality Breakfast, Saturday, March 10 from 8 to 10 am.



This month's speaker is Heather Rodriguez, NGH certified hypnotherapist and instructor of hypnotism. *Heather has been practicing hypnotherapy for over six years, and has led thousands of hypnotherapy sessions with men and women of all ages. She is a kind listener, and emphasizes safe space for exploring the subconscious beliefs and thought patterns that hold us back from living our greatness. Heather helps to identify and explore these*

obstacles, and provides a variety of techniques for visualizing and realizing your unique potential. Heather loves to witness her clients and students feeling better, being happier and living a life more in alignment with what feels right for them while having the support to have the courage to fully live it! Heather will also lead everyone in a group hypno-relaxation session for greater calm and health in your lives. All women are welcome to join us for breakfast and conversation. Please bring 2 toonies for breakfast to cover costs.

A Taste of Skylight

Come and get a flavour of Skylight Festival, a festival of Arts, Spirituality and Social Justice held in Paris ON, each summer. **A Taste of Skylight April 20-21**, planned jointly by Eastside United Church, Bread of Life Lutheran, and St. Philip Anglican churches will provide the opportunity for you to experience the intersection of these elements of life through dynamic and engaging contributors. **Friday night begins with a free pre-event at 6 pm with Archbishop Don Bolen and Rabbi Jeremy Parnes offering a further dialogue on the work of Leonard Cohen.**

The paid program starts at 8 pm with Saskatchewan musician Roberta Nichol. Saturday starts at 9 am with a talk by Zarqa Nawaz and then there will be a choice between a speaker and a musician/artist during most of the day. Advance tickets \$25 for Adults, \$15 for seniors, \$10 for youth and young adults, and children are free. There will be a children's program, including a Messy Church workshop for all ages together. The day concludes with an all ages worship experience at 3 pm followed an optional session of Beer and Hymns from 4-5 pm.

To register and for information on speakers and schedule, check our website: <http://bit.ly/TasteofSkylight>. Ticket price does not include lunch - a separate lunch ticket can be purchased, offered by Munch Café. If the ticket price is a hindrance to your attendance please contact us to get information regarding how to register. Tickets at the door will be available for \$30. For more information contact russellmw88@gmail.com.



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