

Competition Address: 2 Convent Rd
Morristown, NJ 07960

2020 Ready or Not NJ State Invitational

DAY 1- SATURDAY JANUARY 11, 2020

Session	START	END	Level /Age Grp
GYM opens	7:30am		Athletes may warmup 45mins prior to their session.
Session 1	8:15 AM	10:10AM	XCEL ALL & Level 3's
Session 2	10:20 AM	10:35 AM	Beginner Group (2)
GYM opens	9:45AM		Athletes may warmup 1 hr. prior to their session.
Session 3A	10:45AM	11:55AM	Level 4 Child C (2 apparatus)
Session 3B	11:55 AM	1:30 PM	Level 4 Child C (Floor)
Session 4	11:55 AM	1:30 PM	Level 4 Child B
			Level 4 Junior A - Lily

7:30 AM -
8:45 AM
Arrival time
10:00 AM

8:45 AM
10:00 AM

Liza F, Maria, Elizabeth Z, Alissa
Ela, Sophia, Sabrina
-Isabelle, Alisa

LUNCH BREAK 1:30-2:00PM

GYM opens	1:00PM		Athletes may warmup 1 hr. prior to their session.
Session 5	2:00 PM	3:30 PM	Level 5 JR A & Child B
Session 6	3:45 PM	5:30 PM	Level 5 Child C
			Level 6 Junior A & B
			Level 6 Junior A & B

Arrival time
1:45 PM
4:00 PM

Liza, Lauren, Alisa, Albina, Anwa

DINNER BREAK 5:30-6:00PM

GYM opens	5:00PM		Athletes may warmup 1 hr. prior to their session.
Session 7	6:00 PM	8:30 PM	Level 6 Junior A & B

DAY 2- SUNDAY JANUARY 12, 2020

Session	Time start	Time end	Level /Age Grp
GYM opens	7:30am		Athletes may warmup 1hr prior to their session.
Session 8	8:30 AM	10:36 AM	Level 8
Session 9	10:45 AM	12:00 PM	Level 7 JR B

7:30 AM
Arrival
10:30 AM
1:00 PM
4:00 PM

Katrina, Maya

LUNCH BREAK 12:00- 12:30PM

Session 10	12:30 PM	2:45 PM	Level 7 JR A & Child
Session 11	3:00 PM	5:30 PM	Level 9 JR
			DINNER BREAK 5:30-6:00PM

Arrival
10:30 AM
1:00 PM
4:00 PM

Sofia, Katya

Level 9 SR Level 10 JR/SR

Session 12 6:00 PM

8:00 PM

-Dada

4:00 PM

Level 9 SR Level 10 JR/SR

8:00 PM

-Dada

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