

Quick & Easy Basil & Rosemary Chicken

Courtesy of Eric L.

Preparation time: 10 minutes

Cook time: 6 minutes

Serves: 3 to 4

Ingredients

- 1 Cup fresh basil leaves
- ½ Cup Rosemary Extra Virgin Olive Oil
- 2 cloves garlic, peeled
- 1 pound boneless, skinless chicken cutlets, fillets, or breast cut into strips.
- Salt & Pepper

Directions

Preheat grill to medium/medium high heat – 10 to 15 min (Gas). In a food processor, combine the basil, olive oil, garlic, salt, and pepper and process until smooth. Spread mixture on both sides of each chicken cutlet. Discard dressing. Grill the chicken until done, approximately 2-3 minutes per side depending on thickness. Drizzle with 18 year aged Balsamic Vinegar. Enjoy!
