



Chantarelle Gazette

Chantarelle Homeowners' Association Newsletter

WELCOME TO OCTOBER

Pumpkins, candy corn, leaves turning orange and yellow, cooler days. I read online the official days and found the following: October 3 Mean Girls Day, October 11 Columbus Day Indigenous People Day & National Coming Out Day, October 13 No Bra Day, October 22 National Nut Day, October 28 National Chocolate Day and of course October 31 Halloween. Make every day a day to celebrate! Send me your birthday date and the whole neighborhood can celebrate your special day. HAPPY BIRTHDAY to all our friends this September.

PRESIDENT'S REMARKS

It is good to see our neighborhood artists have their artwork on the walls of the clubhouse.

The first artist featured is Charlie Berry and his pictures are spectacular. In October the featured artist will be Ann Young. Please stop by the Clubhouse to take a look!

I am saddened to announce the passing of both Charlie and Jane Berry of 125 S. Temelec. Both Charlie and Jane were active members of the community serving in leadership roles. Charlie was a gifted artist and his art is on the masthead of our Newsletter.

We are also sorry to hear of the passing of Stanford Speer of 145 S. Temelec. We send our condolences to both of these families.

Those who have pet cats need to make sure that your cats are not creating issues in the neighborhood. Cats have been known to decimate bird populations, including destroying bird feeders, and terrorizing other cats. Please help do your part to keep your cats confined to your yard instead of letting them run free throughout the neighborhood.

Roger Young has resigned from the Board of Directors and will be missed in his role. Roger served as our Secretary for a number of years, and has served on the Board since 2016.

The replacement of Roger's seat on the Board can be done by appointment by the Board or via a special election. At our next Board meeting we will decide which path to take and make the appropriate plans at that time. Our next Board Meeting has been moved to Tuesday October 12th at 2:00PM.

Our next First Friday event will be at the Clubhouse poolside on October 1st from 5 to 7 p.m. Hope to see you there!

Steve Rogers

TREASURER'S REPORT

Our financial position continues to be in good shape. Our reserve funds exceed the amount required by law, and our operating expenses continue to run under budget. Once again, the only operating category we are over budget in is in pool expenses, but overall, we are under budget by about \$8,300 at the end of August. Our operating cash on hand, less current liabilities, is about \$90,000, a nice cushion to have at this time of year. The number of delinquent accounts (three) remain the same as last month, but the amount in arrears has been reduced to \$1,766. Strong Management is continuing to follow up with the delinquent owners.

Ron Yamato

LANDSCAPING NOTES

Hello neighbors. Fall will be here before we know it. There are no big plans for the coming month. Irrigation change over to drip will continue. Approximately half of the community has already been completed.

Our Waldron crew is following their regular schedule of trimming and mowing.

Beginning in November we will be meeting with our arborist to discuss potential trimming of our big trees.

As always please feel free to contact either of us with questions or concerns.

Enjoy the remaining warm days and cool nights.

For any landscape problems please let one of us know. Debbie

Ben Jones 415-939-8955

benjaminjnes1@verizon.net

Debbie Yamato 415-696-2424

javagirl0547@yahoo.com

IN LOVING MEMORY

JANE L. BERRY AND CHARLIE M. BERRY

Jane L. Berry - 02/09/1921-09/04/2021

Charlie M. Berry - 10/27/1916-09/21/2021

We are sure they touched their friends at Chantarelle in many ways, with kind words, delicious food, community contributions and steadfast leadership. They loved participating with the community in all aspects of Chantarelle life. We would like to thank all of you who shared your time, talents and love with both Charlie and Jane over the many years they lived in Chantarelle.

A celebration of their lives is planned in the near future. It will be outside at the Chantarelle clubhouse. Our kindest thanks to all their loyal friends in Chantarelle. Fondly, daughters Carol and Susie

SAFETY & WELFARE

FALL BACK!

Daylight Saving Time ends on Sunday, November 7th, at 2 a.m.

Before retiring on Saturday evening, set your clocks BACK one hour.

(Fall back, Spring ahead)

This is also a good time to check batteries in devices such as smoke alarms and carbon monoxide monitors.

HOW TO PREVENT FALLS

From the CDC:

- Tell a provider right away if you fall, worry about falling, or feel unsteady. Have your

doctor or pharmacist review all the medicines you take, even over-the-counter medicines.

- Exercises to improve balance and make your legs stronger and lower your chances of falling. It also helps you feel better and more confident. An example of this kind of exercise is Tai Chi.
- Once a year, check with your eye doctor, and update your eyeglasses, if needed.
- Make your home safer:
 - Remove things you can trip over (like papers, books, clothes, and shoes) from stairs and places where you walk.
 - Remove small throw rugs or use double-sided tape to keep the rugs from slipping.
 - Keep items you use often in cabinets you can reach easily without using a step stool.
 - Have grab bars put in next to and inside the tub, and next to the toilet.
 - Use non-slip mats in the bathtub and on shower floors.
 - Improve the lighting in your home. As you get older, you need brighter lights to see well. Hang light-weight curtains or shades to reduce glare.
 - Have handrails and lights installed on all staircases.
 - Wear well-fitting shoes with good support inside and outside the house.

CHAIR RISE EXERCISE

What it does: Strengthens the muscles in your thighs and buttocks. **Goal:** To do this exercise without using your hands as you become stronger.

How to do it:

1. Sit toward the front of a sturdy chair with your knees bent and feet flat on the floor, shoulder-width apart.
2. Rest your hands lightly on the seat on either side of you, keeping your back and neck straight, and chest slightly forward.
3. Breathe in slowly. Lean forward and feel your weight on the front of your feet.

4. Breathe out, and slowly stand up, using your hands as little as possible.
5. Pause for a full breath in and out.
6. Breathe in as you slowly sit down. Do not let yourself collapse back down into the chair. Rather, control your lowering as much as possible.
7. Breathe out. Repeat 10-15 times. If this number is too hard for you when you first start practicing this exercise, begin with fewer and work up to this number. Rest for a minute, then do a final set of 10-15.

EARTHQUAKE PREPAREDNESS

The "Great Shakeout" is a statewide earthquake preparedness exercise.

This year, Chantarelle will participate on October 21st. Detailed instructions will follow.

For the most part, the Safety Committee will ask you simply to place your "I'm OK" poster in a window visible from the street.

A brochure will be going out via the SAFETY/WELFARE email group. If you're not part of the group, but wish to receive the brochure, send me your email and I'll reply with the brochure. IF YOU DON'T HAVE EMAIL, let me know and I'll provide you with a printout.

We'd love to have some help with this drill. If you can spare an hour or so on October 21st, please let me know, and thanks in advance.

While you await further instructions, email me at powens2@juno.com with any questions.

UPDATING EMERGENCY CONTACTS

It's been some time since we've done a general update. Newer residents have submitted forms more recently, largely thanks to the efforts of Roger Young and Russelle Johnson.

We'll be making an effort this fall to encourage all of our neighbors to update their emergency contact information. Details to follow in the next few months.

Peggy Owens, Coordinator
SAFETY/WELFARE Committee
powens2@juno.com

WELCOME COMMITTEE

If you have new neighbors, please inform Russelle Johnson (707-935-8658) so that she can give them their official Chantarelle welcome mug.

CLUBHOUSE NOTES

The clubhouse is now humming with weekly activities. All Chanterelle HOA members are welcome to join in the fun. If you have an interest in joining a clubhouse activity, please contact the club sponsors for the following activities:

Bridge

Phyllis Manning – 707-935-7301

Water Aerobics

Russelle Johnson – 707-935-8658

Bunco Babes

Russelle Johnson – 707-935-8658

Flex Exercise

Peggy Owens – 707-343-7087

Mexican Train Dominos

Peggy Owens – 707-343-7087

Mah Jong

Peggy Owens – 707-343-7087

Art Club

Shelley Lawrence - 951-202-0459

Poker Night

Ron Yamato – 415-305-1400

The days and times for those groups with scheduled activities are located on the calendar at the back of this newsletter.

If you are interested in knowing more about starting a new club activity or renting the clubhouse facility for your next family and friends' event, please contact Linda Jackson 415-987-0021 for more details.

JOIN THE BUNCO BABES

The Bunco Babes are up and shaking. Dice that is. It's a phenomenon and crazy game. "What is Bunco?" you ask. Bunco is a dice game, no skill required, generally played with 12 players divided into groups of four, trying to

score points while taking turns rolling three dice. We play the first Tuesday of each month in the clubhouse from 1pm to 4pm. Each member takes a turn to be the hostess bringing dessert and nibbles for the afternoon. At the moment we have 12 regular players and would love to put you on our sub list. Most every month we need a sub. If there is enough interest we could add tables or start another group. Learning the game takes about one minute. We would love to meet new people and enlarge The Bunco Babes group. If you are interested and want to be put on the sub list call Russelle Johnson, 707-935-8658 or [email rxrjohnson@icloud.com](mailto:rxrjohnson@icloud.com).

POKER ANYONE?

Would anyone like to play poker? Say a \$5.00 buy in. We could play day or night time in the Chantarelle Clubhouse. We will need poker chips. Call me and we can discuss it.
Ron Yamato – 415-305-1400

CALLING ALL BRIDGE PLAYERS!

Bridge players wanted. We play every Wednesday from noon until 4:30 at the clubhouse. We need full time and substitutes. Call Phyllis Manning at (707-935-7301). Hope to hear from you soon.

CONTRACTOR RECOMMENDATIONS

Something new for Chantarelle. We now have a section under **Resources** on the Chantarelle web site that gives contractor recommendations. Mary Howland will post the recommendation and the name of the person who makes the recommendation. No other personal information will be added. If a person disagrees with a recommendation, they should contact the person who made it and discuss it with them.

DO YOU HAVE A GREEN THUMB? OR JUST LIKE GARDENS?

Chantarelle News needs you! I'd like to have a newsletter column called "How does your garden grow?" Pick a garden, even your own,

talk about highlights of the garden, how you did it, things you're most proud of etc.

FOR THE BIRDS

Want to write an article about how to watch and attract birds around Chantarelle? We want to publish your article in the Chantarelle News! Please contact me at thomasflinn@gmail.com. Please do not put birdseed out on your front lawn. We have reports of skunks coming to your front lawn and eating it.

TOM'S OCTOBER RECIPE **EASY PEACH COBLER**

Take the last of your peaches or any stone fruit and berries and enjoy. Made this last Saturday, big hit. Refrigerate any leftovers and microwave 30 seconds before serving. Warm is best.



Prep Time: 15 Minutes | Cook Time: 45 Minutes
Servings: 6

Ingredients:

- 1/2 cup (1 stick) butter
- 1 cup cake or all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup whole milk
- 3/4 cup sugar
- 2 cups sliced peeled peaches, reserved in bowl
- 1 teaspoon vanilla

Directions:

Preheat the oven to 350 degrees F.
Place butter in 13 by 9-inch baking dish. Place dish in oven to melt butter. Mix flour, baking

powder, and salt in large bowl. Stir in milk, sugar and vanilla to form batter. Using oven mitts, remove hot baking dish from oven. Pour batter into baking dish. Spoon peaches and any peach juices evenly over batter. Bake until batter rises and browns on top, about 30 minutes.

Nutrition:

per Serving

Yield: Serves 6

Calories: 373

Fat. Total: 17g

Fiber: 1g

Carbohydrates, Total: 54g

Sodium: 274mg

% Cal. from Fat: 41%

Cholesterol: 47mg

Protein: 3g

Source: <http://www.cooking.com/recipes-and-more/recipes/easy-peach-cobbler-recipe-5010.aspx>

TOM'S RESTAURANT REVIEW

THE RED GRAPE



529 First Street West in Sonoma. PIZZA PIZZA PIZZA! Red Pizza, White Pizza, Fig and Goat Cheese Pizza. Margherita, Four on Four—sausage, bacon, salami, Romano, basil and Parmesan on thin crust. Best of Sonoma pizza sautéed mushroom, pepperoni, red onion,

pepper jack, mozzarella and Parmesan cheese round out this tasty pie.

Asian Cauliflower is a featured appetizer and extremely tasty. Entrees include Greek salad, Cobb salad and several sandwiches. Featured desserts are classic cheesecake, chocolate cake and tiramisu. The Red Grape has inside and very nice outside dining. They are open Wednesday through Sunday, as seems to be the norm in Sonoma, if it's Monday and Tuesday, it's cook at home day!

EDITOR'S NOTE

BASEBALL HALL OF FAMER

This from baseball fan Deb Bonamassa . . .

Cecilia Angel's son, Joe, was recently inducted into the Baltimore Orioles Hall of Fame. Joe Angel, the winner of the 2021 Herb Armstrong Award given to non-uniformed personnel, spent 19 seasons over 3 stints as an Orioles radio broadcaster before retiring following the 2018 season. Congratulations Cecilia and Joe!

BOARD OF DIRECTORS

Steve Rogers, President

707-771-9290

Tom Flinn, Vice-President

415-621-7572

Ron Yamato, Treasurer

415-305-1400

TBD, Secretary

Pat Chace, Director

707-935-7301

MANAGEMENT COMPANY

Strong Property Management

PO Box 1368, Sonoma, 95476

Paul Strong 707-933-9151

Email: paul@strongmgt.com

24 hour Emergency Number:

1-800-359-2362

NOTICE

The Clubhouse and Pool have been opened for normal activities. The only restriction is that everyone must wear a mask indoors. Also, they must wear a mask outdoors if social distancing cannot be maintained. If you are going to the pool and have children who are minors using the bathroom, please supervise them so that the bathroom remains clean.

CHANTARELLE WEEKLY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
Water Aerobics 11:30am		Water Aerobics 11:30am		Water Aerobics 11:30am
		Bridge 12:00-4:30		

OCTOBER 2021

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1 First Friday Get- Together Clubhouse Party 5:00-7:00	2
3	4	5 Bunco 1:00-4:00	6	7	8	9
10 Board Meeting 2:00	11	12 Mexican Train Dominos 12:30-4:00	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26 Mexican Train Dominos 12:30-4:00	27	28	29	30

Waldron Landscaping is now here on Monday 8am-1pm, Tuesday 8am-4pm, Thursday 1-4pm and Friday 8am-1pm.

Garbage, recycling & garden trash pickup is on Monday.