

Magical Mountain Yoga Retreat



Retreat. Relax. Renew.

Discover the unmistakable magic of Homestead Retreat at Horse Fork in the beautiful Blue Ridge Mountains during this all-inclusive yoga weekend complete with mindful movement, meditation, home-cooked meals, a medicine wheel ceremony, and downtime to spend as you wish exploring this sacred oasis just 40 miles west of Asheville, NC. A \$430 investment includes 2 nights stay, all meals, daily yoga classes, meditation, and a guided hike. Space is limited and available on a first-come, first-served basis. Secure your spot with a \$215 non-refundable deposit by June 1.

Contact Alex Rogers for registration, a full schedule, and questions via alexandriarogers@live.com or the phone number below. For more on Homestead Retreat, visit www.homesteadretreatathorsefork.com.

July 12-14, 2019

Alex Rogers, RYT 500

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