

Radiant Spirit Yoga

Nourishment for Mind, Body and Spirit

300 hour training program application

First Name _____ Last Name : _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Are you currently a yoga teacher?

If so, what style(s) of yoga do you currently teach? How long have you been teaching?

Do you have a yoga practice (asana, meditation, pranayama, etc) and, if so, please describe?

Why do you want to take an advanced training?

What do you hope to achieve with this training?

Please list what you feel to be your 3 biggest challenges and 3 biggest strengths as a yoga teacher. If you are NOT a teacher, same questions but answer as a yoga student.

Challenges

Strengths

_____	_____
_____	_____
_____	_____

Please provide any additional information you feel would be helpful to us in consideration of this application

Finally, tell me one thing about yourself you'd like me to know!
