

SEIZE THE BAGEL

Cascade Park
13215 SE Mill Plain C3
360-254-1012

+

Hazel Dell
9904 NE Hwy 99
360-836-8915

+

Orchards
9609 NE 117th Ave.
360-828-7712

+

The Heights
8086 E. Mill Plain
360-718-7725

FOR ONLINE ORDERING:
orderseizethebagel.com

Hours:
6am-4pm

Thanks for supporting our small biz!



fresh baked bagels

Asiago	Plain (v)
Bacon Chive Cheddar	Sesame (v)
Cheddar Cheddar	Sourdough (v)
Everything (v)	Whole Wheat (v)
Garlic (v)	Wild Cheddar
Hot'n Spicy	Blueberry (v)
Jalapeño (v)	Chocolate Chip
Jalapeño Cheddar	Cinnamon Delight (v)
Onion (v)	Cinnamon Raisin (v)
Pesto Parmesan	Snickerdoodle (v)

+ seasonal flavor!

Single Bagel (v/o)	1.35
Baker's Dozen (v/o)	15.00
Work Place Special	22.50
Avocado Bagel Toast (v/o)	6.00
Bagel with Cream Cheese (v/o)	4.25
Bagel with Lox Cream Cheese	5.50
Bagel with Salmon Mousse	5.50
Bagel with Peanut Butter (v/o)	4.25
Bagel with PB + J (v/o)	4.75
Bagel with Butter or Jam (v/o)	3.00

savory cream cheese flavors

Bacon Chive	Plain (v/o)
Garlic Chive (v/o)	Tomato Herb (v/o)
Jalapeño	Veggie (v/o)

sweet cream cheese flavors

Honey Walnut	Vanilla
NW Berry (v/o)	

+ seasonal flavor (v/o)!

breakfast sandos served all day

The Degen	8.25
Egg Omelet, Ham, Bacon, Pepper Jack, Tomato Herb Cream Cheese on Hot'n Spicy Bagel	
Eggel Supreme	8.25
Egg Omelet, Ham, Bacon, Cheddar, Tomato	
The Basic+ (v/o)	5.00
Egg Omelet (v/o), Cheddar (v/o) + Add-ons	

Add Breakfast Meat

Bacon +2.50
Sausage (v/o) +2.50
Ham (v/o) +3.00
*Nova Lox +5.00

Add Veggies

Avocado +1.50
Pickled Onion +1.50
Bell Pepper +1.00
Jalapeño +1.00
Red Onion +1.00
Tomato +1.00
Romaine +1.00
Spinach +1.00
Pepperoncini +1.00

Add Spread

Cream Cheese (v/o) +1.50
*Lox Cream Cheese +2.50
Salmon Mousse +2.50

WORKPLACE SPECIAL

(NOT JUST FOR THE WORKPLACE !!)

One dozen bagels + two 8 oz. tubs of cream cheese, 22.50

spread to go

Plain or Flavored Cream Cheese (v/o)		
1.50 (Single)	3.00 (4 oz.)	5.50 (8 oz.)
Salmon Mousse		
2.50 (Single)	5.00 (4 oz.)	8.50 (8 oz.)
*Lox Cream Cheese		
2.50 (Single)	5.00 (4 oz.)	8.50 (8 oz.)

(v) = Vegan option, just ask!

lunch sandos served all day

Super Nova Lox 11.50

*Nova Lox, Plain Cream Cheese, Cucumber, Tomato, Pickled Red Onion, Capers

Beef Dip 10.50

Roast Beef, Swiss, Caramelized Onion, Garlic Chive Cream Cheese with Beef Au Jus

Cubano 10.50

Garlic-Citrus Pulled Pork, Ham, Bacon, Swiss, Pickle, Honey Mustard on a Snickerdoodle Bagel

Reuben 10.50

Pastrami, Swiss, Sauerkraut, Reuben Sauce

BLATT 10.50

Bacon, Lettuce, Avocado, Turkey, Tomato (+Mayo)

S.TB 9.50

Chicken, Pepper Jack, Jalapeño Cream Cheese, Romaine, Cilantro, Tomato, Pickled Red Onion, Lime Sour Cream Drizzle

Very Veggie (v/o) 9.50

Veggie Cream Cheese, Avocado, Tomato, Cucumber, Bell Pepper, Pickled Red Onion, Romaine, Cilantro

*Nova Lox (cold-smoked salmon) is not cooked. Consuming raw or undercooked seafood may increase the risk of foodborne illness.

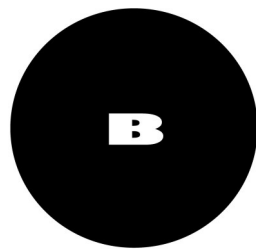
build your own deli sando

Bagel, GF Bread or 12-grain Bread 9.50

Meat	Cheese	Toppings included
Roast Beef	Cheddar (v/o)	Romaine
Ham (v/o)	Pepper Jack	Tomato
Pastrami	Swiss	Onion
Turkey		Pickle
Chicken Breast		Pepperoncini
		Mayo
		Honey Mustard
		Spicy Mustard

+Ask about add-ons!!

we cater!



For more information, email:
seizethebagel11@outlook.com

salad + fruit

Seasonal Salad(s) 9.50

Fresh Fruit 3.00/6.50

Fresh Fruit + Yogurt Parfait (v/o) 4.50

hot sides + chips

White Cheddar Mac + Cheese 4.50

Beef Chili 4.50

Seasonal Soup 4.50

Chips (v/o) 2.50/3.00

Bagel Chips + Dip (v/o) 6.00

(v/o) = Vegan option, just ask!

café drinks

Hot all Sizes | Iced Medium + Large

	Small	Medium	Large
Mocha	4.50	5.50	6.25
Cafe Latte	4.00	5.00	5.75
Cappuccino	4.00	5.00	5.75
Chai Latte	4.50	5.50	6.25
London Fog	4.25	5.25	6.00
Steamer/Hot Choc	3.00	4.00	4.75
Cafe Americano -any size			3.00
Coffee/Tea -any size			3.00

frozen

	Medium	Large
Fruit Smoothie (v)	5.00	6.00
NW Berry ▪ Peach Pear ▪ Strawberry		
Blended Coffee	5.00	6.00
Vanilla Latte ▪ Mocha ▪ Seasonal (extra)		

energy quencher 5.25

fresh juice 3.50/4.50

flav'd lemonade 4.25/5.25

soda prices vary

sweets

Cinnamon Bun	4.75
Cupcake (v/o)	4.75
Hand Pie	4.75
Scone	4.25
Danish	4.25
Muffin	3.25
Epic Cookie (v/o) (GF)	3.25