

PURPLE TO BLUE BELT

- *Taegeuk 5*
- *1-step self defense techniques * 5 movements 21-25*
- *(Olympic Sparring) 13-15*
- *Questions from the Study Guide*
- *All Requirements from White to current rank*
- **FULL GEAR & STUDY GUIDE REQUIRED**
- **MUST ATTEND TOURNAMENT PRIOR TO BLACK BELT**
- **ELIGIBLE TO TEST EVERY OTHER MONTH**
- **MUST ATTEND (1) ADVANCED TRAINING CLASS (Sat. Testing or York Sat. 11:30 training)**
- **ADVANCED INSTRUCTOR**
SIGNATURE _____ DATE _____
- **USAT membership required**

Rank/Gup : 7th Gup

