



Holistic Behavior Solutions, LLC

Natural News

IN THE NEWS...

HOT DIGGITY DOGS!

Keep your dogs safe this summer by following these very simple steps:

1. Don't ever leave your dog alone in a parked car during warm months. On an 85 degree day, it only takes 10 minutes for temperatures to reach a scorching 102 degrees even with the windows cracked.
2. If you leave your dog outdoors in an enclosed area such as a kennel or fenced-in yard, make sure there is plenty of shade & fresh water available throughout the day (not just in the morning when you leave for work).
3. Monitor your dogs access to swimming pools. Not all dogs are good swimmers, in fact dogs like English Bulldogs can not swim and will likely drown if they fall into deep water.
4. Always supervise children around dogs no matter what season it is. During the summer months you should be extra careful as the heat may cause some dogs to be more irritable than other times of the year. Add children running around and you may be asking for trouble.
5. Take walks early in the morning & late in the evening. Pavement & cement sidewalks get very hot in the sun and can burn your dog's pads. Also, some dog breeds such as Pugs, Bulldogs, Boston Terriers, and Shai Peis are more prone to heat strokes because of their narrow respiratory systems. Heat stroke can strike a dog in minutes when your dog's body temperature reaches 105 degrees or above (normal temp is approximately 101 degrees). At 106 degrees the dogs internal organs start to break down and can quickly lead to death. Signs of heatstroke include: excess panting, vomiting, disorientation, pale gums & bright red tongue, increased heart rate, thickened saliva, breathing difficulties, collapse, and coma. You

have to act fast! If you suspect your dog is a victim of heatstroke, get him into the shade and give him water, but not too much. Begin to cool him by gently hosing him down with cool/tepid water or apply cool towels to his body. Do not leave the towels on him or use cold water. Quickly call your vet for further instruction.

6. With hot weather comes the occasional thunderstorm. Many of our dogs are petrified of loud noises such as thunder. Give your dogs a special place to go where they feel safe like a crate, behind a sofa or even the bathtub. Do not force them to partake in activities and certainly don't punish them for not listening as they most likely don't have the ability to while fearing for their lives...literally.



Black Dog Syndrome

While I would think black dogs are more susceptible to heat stroke, they are also the last to get adopted from animal shelters. Black dog syndrome is known all too well by shelter personnel. Whether it be that the dog's eyes are more difficult to "read", their cuteness doesn't shine through on website pictures or due to the Hollywood persona that black means villain, black dogs have the longest stay at no-kill shelters and are often the first to be euthanized in other facilities. This was the case at the no-kill animal shelter I volunteered at for 5 years. Black dogs were passed by for the lighter & multi-colored dogs. When we would suggest a particular black dog...often times the answer was no for one reason or another. Two dogs in particular stand out in my mind. Buffy, a black retriever mix and Samantha, a black chow mix. They were both at the shelter for years to no fault of their own. Happily, both were adopted. It doesn't have to be this way though. For more info visit www.blackdogrescueproject.com.

Young Living Essential Oils of the Month

[Peppermint](#) is one of the most highly regarded herbs for indigestion. Peppermint has anti-inflammatory, antitumoral, antiparasitic, antibacterial, antiviral, antifungal, and pain-relieving properties. It acts as a great fever reducer when applied on the bottom of human feet or dog paws. It increases concentration and mental sharpness. It is a great oil to use while studying for exams or teaching your dog new tricks. One drop of Young Living Peppermint Essential Oil is equal to 28 cups of Peppermint tea. It is a wonderful oil to add to a gallon of water while you are working *or playing* outdoors during the summer heat. It is wonderful to use by itself or layered over another pain-relieving oil. I apply a couple drops to my Mastiff's front & rear legs for pain relief. He licks his front legs for added relief. Boss LOVES Peppermint!

Di-Gize & Basil Essential Oils are also recommended to rid the body of parasites & Basil is another great oil to reduce pain.

If you are interested in ordering Peppermint, Di-Gize, Basil, or any other wonderful product from Young Living, please visit my website...
www.holisticbehaviorsolutions.younglivingworld.com.

SHEPHERDS' HOPE RESCUE

[Shepherds' Hope Rescue](#) is a non-profit organization dedicated to saving German Shepherds in animal shelters in the New York area. The amount of German Shepherds in our shelters in the last year or so has risen alarmingly. This is due to today's economic environment - so many families have lost their homes, their jobs, have needed to work much longer hours just to survive. They are no longer able to keep or care for their beloved friends and are bringing them to shelters in staggering numbers. Sometimes the owners contact the rescue directly and they do their best to help. They have done their best to rescue as many as possible, but donations have dropped drastically. It breaks everyone's hearts to have to say no to many of these beautiful dogs because they can not financially accept the responsibility of another dog in boarding.

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The German Shepherd is known for loyalty, courage, and ability to be trained for a variety of special services. The beloved Shepherds are widely used by police officers, the military, as guide dogs for the blind, drug and bomb detection dogs, search and rescue dogs and above all, serving the important role of devoted family friend and protector. The rescue's mission to help these wonderful dogs get a second chance with a loving new family depends greatly on the kindness of our adopters and donors. It is our hope that by raising awareness that even a few dollars here and there helps, that people will open their hearts to help us help these amazing dogs.



Violet is a one year old female German Shepherd who was found as a stray wandering the streets. Her guardian angel took her in and realized that she had been hurt. Not having money for the vet she called Shepherds' Hope for help. Unfortunately, Violet was x-rayed and it was determined that she has a fractured shoulder. She will be in a cast for 2 more weeks and then x-rayed again to see if she has healed. If she has not healed, she will need orthopedic surgery. Violet needs to be kept quiet so she will be staying at the vet for recuperation. The cost of the medical and boarding fees is expensive and the rescue is hoping to get donations to help with Violet's ever growing medical bills.

Through her abandonment and medical ordeal Violet has remained loving and cheerful. She is so sweet and smart and she knows there are people who are trying to help her. After Violet is healed, the rescue will be looking for a wonderful home for this great girl. If you would like to make a donation or want to adopt Violet, you can contact Donna J. at Bluemoonblue@optonline.net. Or donate through PayPal at Shepherdshoperescue.net.

OH NO! Giardia

If you have never heard of Giardia...you are lucky, but that doesn't mean you are free of this nasty protozoan. Your dog & YOU can become plagued by Giardia by drinking water that is contaminated with Giardia cysts. Some of the typical symptoms include loose stools, diarrhea, listlessness, weight loss & dehydration. Giardia can be difficult to diagnose as fecal testing is not always accurate and may read a false negative.

To prevent Giardia, keep your yard clean of all fecal matter, watch the area you walk your dog including the dog park, bring clean drinking water with you on walks & hikes in the woods, and boosting your dog's immune system and digestive tract health by feeding a raw diet & lots of probiotics can't hurt either.

If your dog gets Giardia, there are some prescription drugs you can talk to your vet about or you can look into some essential oils such as those mentioned on page one. Basil is highly recommended specifically for Giardia..



Available for Adoption



UPDATE: Belle is doing SO well that she's ready for her FURever home! Belle has made great improvement in her foster home - she can now go in and out of the dog door on her own and walk around the yard just fine! She's put on some much-needed poundage and has really come back to life with some quality food and lots of love from her foster family.

Belle would like a FURever home where she can wander in the yard. Belle's been back to the neurologist and has gotten the OK to move on to her new life! Belle is a complete joy and wants to bring her "joie de vivre" and extreme joy into your life, too!

Belle, or Grizabella, has been re-named for Grizabella from the musical CATS. In the original show, Grizabella was the glamour cat "chosen to be reborn." Just like Grizabella, Belle is being given a new chance at life.

Belle was removed from a home where she was being severely abused by a disturbed teenager and her parents, too. Belle is currently 15-20 pounds under weight, too, because she wasn't being fed properly. She was also dehydrated and in serious need of medical care. She had several broken bones that were not set or treated.

DESPITE HER TROUBLED PAST, Belle is sweet as pie. She has some neurological issues which give her trouble walking, but she's seeing a neurologist and is scheduled for an MRI soon. She CAN walk, but falls down a lot.

Belle needs a FOSTER or FOREVER home with someone who is home some of the day and who is willing to help her in and out of the house, if needed. She loves other dogs and is good with people. Belle is ALL HEART and is looking to adopt a person who has a huge heart as well.

IF YOU ARE INTERESTED IN ADOPTING, PLEASE COMPLETE AN APPLICATION! For an application, please visit <http://www.heavensentbulldogrescue.com/application.html> Feel free to email us to let us know if you're interested in a specific dog AFTER you have completed an application. hsrescue@aol.com

Recommended Books

Of the Month

Merle's Door

By Ted Kersote

Wow! What a great book. This true story written by the guardian of Merle is an eye-opening story of the life of Merle and his person. It brings a new perspective to the table of the way life could be for many dogs if we just allow them to think on their own and give them a chance to explore their environment as dogs were meant to. I recommend this book to anyone who has ever shared their life with a dog and definitely for those of you who are considering adding a new canine member to your family.

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