

# VDWS Kitesurfing System

## Level 1 to Level 7

### Level 1:

Safety Basics, Getting Ready, Start Flying, Take Off, Bodydrag

### Level 2:

Bodydrag, Relaunch

### Level 3:

Waterstart, Going Downwind (min. 50 meter)

### Theory:

Basic theoretical knowledge, Test

### Level 4:

Going Downwind, Changing direction, Keep Position to Wind, Basic Jibe

### Level 5:

Going Upwind

**Level 6:** Basic Jumps and Carved Jibes, or Transition Jumps

**Level 7:** Rotation or Kiteloop, Grabs, One Foot, Board Off or Railey

## Kite Rental at our school, Cabarete Windsports Club:

For Kite Rental at our school, Cabarete Windsports Club, Level 4 is required. If Level 3, we reserve the right to test your level in order to decide, if additional lessons are required or Kite Rental with a Kite Assistant might be possible.