

# BREAKFAST

## Omelets & Scrambles

*Omelets and scrambles served with toast, English muffin or bagel and your choice of hash browns, sliced tomatoes, cottage cheese, or fruit. (Substitute egg whites for \$1)*

<b>Border Omelet</b> <i>Santa Fe chicken/turkey sausage, tomato, fire roasted red peppers, onion &amp; fresh basil</i>	<b>11.95</b>	<b>Santa Fe Scramble</b> <i>Chicken/turkey sausage, bell pepper, tomato, &amp; corn tortilla strips scrambled with eggs &amp; topped with melted cheddar, served with fresh salsa &amp; avocado</i>	<b>11.95</b>
<b>Omelet Mexicana</b> <i>Hot chiles, tomato, avocado, cheddar cheese, fresh salsa and sour cream</i>	<b>11.50</b>	<b>Nova Lox Scramble</b> <i>Nova lox, onions and scrambled eggs</i>	<b>11.95</b>
<b>Chili Omelet Supreme</b> <i>Filled with all meat chili, onions and cheddar cheese topped with sliced avocado</i>	<b>11.95</b>	<b>Garden Scramble</b> <i>EGG WHITES scrambled with fresh mushrooms, spinach, tomato and onions</i>	<b>11.50</b>
<b>Denver Omelet</b> <i>Ham, bell pepper and onions</i>	<b>10.95</b>	<b>Turkey Sausage Scramble</b> <i>EGG WHITES scrambled with turkey sausage and tomatoes</i>	<b>11.50</b>
<b>Ham and Cheese Omelet</b>	<b>10.50</b>		

### Roasted Vegetable Frittata 11.95

*Grilled eggplant, fire roasted red peppers, tomato, fresh basil, and sun-dried tomatoes. Served open faced, with melted provolone and aged Romano cheese*

### Create Your Own Omelet or Scramble

1 item...8.95    2 items...10.50    3 items...10.95    4 items...11.95

Mushroom	Tomato	Sundried Tomato	Turkey Sausage	Cheddar Cheese	Provolone Cheese
Spinach	Avocado	Green Bell Pepper	Bacon	American Cheese	Feta Cheese
Onion	Basil	Red Bell Pepper	Ham	Swiss Cheese	Hot Chiles

## Egg Dishes

*Served with toast, English muffin or bagel and your choice of home fried potatoes, sliced tomatoes, cottage cheese or fruit*

<b>Two Eggs, any style</b>	<b>7.50</b>
<i>With Ham, Bacon or Turkey Sausage</i>	<b>9.95</b>
<i>With Burger Patty</i>	<b>10.50</b>
<b>Homemade Corned Beef Hash &amp; Eggs</b>	<b>10.95</b>
<b>Filet Mignon Steak and Eggs</b>	<b>17.95</b>

## Specialty Benedicts

*Our homemade hollandaise sauce is made without egg yolks or butter and is naturally lower in cholesterol. Served till 3 p.m.*

<b>Classic Eggs Benedict with thick ham</b>	<b>12.50</b>
<b>Eggs Florentine</b> <i>2 poached eggs on an English muffin, topped with fresh sautéed spinach &amp; hollandaise sauce</i>	<b>10.95</b>
<b>Lox Benedict, with smoked salmon</b>	<b>13.50</b>

## French Toast and Pancakes

*Served till 3 p.m.*

<b>Westwood French Toast</b> <i>Multi-grain whole wheat French toast served with bananas and pure maple syrup. Substitute fresh strawberries, add 1.00</i>	<b>10.50</b>
<b>French Toast</b>	<b>8.75</b>
<b>French Toast Platter</b> <i>2 slices of French toast, 2 eggs and 2 strips of bacon or turkey sausage</i>	<b>9.75</b>
<b>Buttermilk Pancakes (4)</b> <i>Add bananas for \$1 or strawberries for \$2</i>	<b>7.95</b>
<b>Blueberry Pancakes</b>	<b>9.95</b>
<b>Short Stack (2)</b>	<b>6.75</b>
<b>Pancake Sandwich</b> <i>3 pancakes, 2 eggs, 2 strips of bacon or sausage.</i>	<b>9.95</b>

### Weekday Combos

*Served M-F, 8-11 a.m.*

<b>No. 1: Two strips of bacon or sausage, 1 egg, Home fries, and choice of toast</b>	<b>6.95</b>
<b>No. 2: Two strips of bacon or sausage, 1 egg, and two pancakes.</b>	<b>6.95</b>

## And More

<b>Smoked Salmon Platter</b> <i>Served with bagel, cream cheese, onion &amp; tomato. Capers available upon request</i> <b>With 2 eggs any style</b>	<b>13.95</b> <b>14.95</b>
<b>Breakfast Burrito</b> <i>Scrambled eggs with bell pepper, pico de gallo, cheddar cheese, and avocado. Served with fruit. Add bacon or Sante Fe chicken/turkey sausage 1.50</i>	<b>9.95</b>
<b>Breakfast Sandwich</b> <i>Two fried eggs, bacon, cheese, tomato and avocado. Served with fruit.</i>	<b>10.95</b>
<b>Super Protein</b> <i>EGG WHITES with a side of ground turkey patty, fresh fruit, and whole grain toast</i>	<b>9.95</b>
<b>Hot Oatmeal</b> <i>Served with raisins, granola, brown sugar &amp; milk.</i> <b>Oatmeal with fruit and toast</b>	<b>5.95</b> <b>8.95</b>
<b>Seasonal Fruit Bowl</b> <i>The freshest seasonal fruits cut fresh daily</i>	<b>6.50</b>
<b>Cold Cereal</b> ask your server for daily selections	<b>3.25</b>
<b>Blueberry Muffin</b>	<b>3.50</b>
<b>Half Fresh Grapefruit</b>	<b>2.95</b>

**BREWED TEA Large pot 2.95 CAPPUCINO 3.95 CAFÉ LATTE 3.95**

*Ask your server for a great selection of flavors of our loose leaf tea pots*

**FRESH ORANGE JUICE 2.50 / 3.50 FRESH SQUEEZED JUICE OF THE DAY 3.50/4.95**

## Sides

Bacon or Sausage	4.00	Beef Hash	6.50	Home Fries	2.75	Toast	2.50
Thick Cut Ham	4.50	One egg	2.95	Cream Cheese	.50	English muffin/Bagel	2.50
Hamburger Patty	6.00	Two eggs	3.95	Pure Maple Syrup, 3 oz	1.75	Salsa sm .50 lg 1.00	

# SOUPS & CHILI

*All soups and chili served with assorted crackers or French baguette*

	Cup	Bowl		Cup	Bowl
<b>Soup of the Day</b>	3.75	4.95	<b>M&amp;R All-Meat Chili</b>	4.75	6.75
			<i>Our family recipe cooked for hours with no beans</i>		
<b>Clam Chowder, Fridays only</b>	4.25	5.50	<b>Chili Deluxe, served with shredded cheddar cheese and chopped onions</b>	5.25	7.25

# SALADS

*Bread and butter on request.*

*Choice of dressings: Italian, Vinaigrette, 1000 Island, Blue Cheese, Ranch, Fat-Free Roasted Red Pepper Vinaigrette*

<b>Mixed Green Salad</b> <i>A blend of healthy greens</i>	<b>5 / 8</b>	<b>Classic Caesar Salad</b> <i>Fresh romaine hearts and aged Romano cheese tossed with Caesar dressing and croutons</i>	<b>7 / 10</b>
<b>Romaine Heart Salad</b> <i>Topped with chopped Persian cucumbers, and tomato served with your choice of dressing</i>	<b>7 / 10</b>	<b>Chicken Caesar Salad</b> <i>Our classic Caesar topped with charbroiled skinless chicken breast. Cajun chicken upon request</i>	<b>10 / 13</b>
Add cheese, hard-boiled egg, avocado, fresh mushrooms 1.50 each		<b>Cranberry Walnut Salad</b> <i>A bed of butter lettuce topped with blue cheese crumble, dried cranberries, walnuts and served with our homemade ranch dressing</i>	<b>7 / 10</b>
Add artichoke hearts, turkey salad, turkey breast, sliced ham, tuna salad 3.50 each			

## Capri Chopped Salad 8.00

*Chopped Persian cucumbers, tomatoes and onions tossed in lemon juice and olive oil  
Add Feta cheese and mixed olives 2.00*

**Substitute any protein with our Fresh Grilled Salmon on any salad below for \$5.00**  
*Salads are available chopped upon request*

<b>Chopped Chicken Salad</b> <i>Grilled skinless chicken breast, sweet corn, tomatoes, garbanzo beans, provolone cheese and Persian cucumbers chopped with mixed greens and tossed with an italian vinaigrette</i>	<b>12.95</b>	<b>BBQ Chicken Salad</b> <i>Sweet corn, black beans, fire roasted red peppers, red onions, tomatoes, and corn tortilla strips on our mixed greens and served with our homemade ranch dressing</i>	<b>12.95</b>
<b>Ultimate Salad</b> <i>Lemon marinated charbroiled chicken breast on a bed of our mixed greens with cheddar cheese, sliced avocado, tomatoes, and cucumbers</i>	<b>12.95</b>	<b>Cobb Salad</b> <i>Breast of turkey, chunky bleu cheese, crumbled bacon, tomato, cucumber, and hard-boiled egg on mixed greens</i>	<b>12.95</b>
<b>Grilled Gardenburger Salad</b> <i>Perfect for our Vegetarians. Strips of grilled gardenburger served on a bed of mixed greens, tomatoes, cucumbers, avocado, grilled eggplant</i>	<b>12.95</b>	<b>Protein Power Plate</b> <i>A generous serving of sliced herb-seasoned charbroiled skinless chicken breast with sides of grilled eggplant, cucumbers, and tomatoes</i>	<b>12.95</b>
<b>Chef's Salad</b> <i>Julienned ham, turkey, and american cheese, with cucumbers, tomatoes, and hard-boiled egg on a bed of our mixed greens</i>	<b>12.50</b>	<b>Tuna or Turkey Salad Plate</b> <i>Large scoop of tuna or turkey salad on a bed of mixed greens, with sliced tomatoes and cucumbers</i> <b>With Avocado Add 1.50</b>	<b>10.95</b>
<b>Cajun Chicken Salad</b> <i>Spicy seasoned chicken breast grilled to order served on top of our mixed greens with tomatoes and cucumbers</i>	<b>11.95</b>	<b>Mediterranean Salad</b> <i>Chunks of Albacore tuna, artichoke hearts, fire roasted red peppers, tomatoes, sliced red onions and black olives on our mixed greens</i>	<b>11.95</b>
<b>Grilled Salmon Caesar</b> <i>Grilled fresh filet of Salmon on our classic Caesar salad</i>	<b>16.95</b>	<b>Albacore Tuna Caesar</b> <i>Fresh chunks of all white Albacore tuna and chopped tomatoes on top of our classic Caesar</i>	<b>12.95</b>
<b>Turkey Breast Plate</b> <i>Sliced breast of turkey, cottage cheese, fresh fruit, tomatoes and cucumbers</i>	<b>11.95</b>	<b>Fresh Fruit Salad</b> <i>The tastiest selection of fresh fruits served with a scoop of frozen yogurt or cottage cheese</i>	<b>12.50</b>

---

# SANDWICHES

---

## Classic Sandwiches

Served with your choice of *Steak Fries, Cole Slaw, Fresh Fruit or Green Salad*  
*Sweet Potato Fries, Seasoned Waffle Fries or Onion Rings* Add \$1.50

- |  |              |   |                            |
|--|--------------|---|----------------------------|
| <b>1. Bistro Steak Sandwich</b><br><i>Charbroiled center filet mignon with caramelized onions, tomato and a creamy Dijon spread on toasted baguette.</i> | <b>16.95</b> | <b>5. Sourdough Sandwich</b><br><i>Grilled roast beef and American cheese on sourdough.</i>   | <b>11.95</b>               |
| <b>2. Patty Melt</b><br><i>Extra lean beef patty, American cheese, tomato and onion on grilled rye bread.</i>  | <b>11.95</b> | <b>6. Grilled Cheese Sandwich</b><br><i>American, Cheddar, Swiss, or Provolone</i><br><b>Add Ham or Bacon</b>   | <b>8.50</b><br><b>9.95</b> |
| <b>3. Tuna Melt</b><br><i>White albacore tuna salad, American cheese, tomato and onion on grilled rye bread.</i>   | <b>11.95</b> | <b>7. Reuben</b><br><i>Extra lean corned beef, swiss cheese, sauerkraut and 1000 Island dressing on grilled rye bread</i>                                       | <b>11.95</b>               |
| <b>4. Triple Decker Club</b><br><i>Roast turkey breast, bacon, lettuce and tomato piled high on white toast.</i>   | <b>11.95</b> | <b>8. French Dip</b><br><i>Roast beef served on a baguette with au jus.</i>   | <b>11.95</b>               |
| <b>Club Junior</b><br><i>A smaller version of the Triple Decker Club</i>   | <b>10.95</b> | <b>9. Charbroiled Chicken Breast</b><br><i>Skinless, boneless chicken breast on baguette with lettuce and tomato.</i><br><i>Natural, Cajun, BBQ or Teriyaki</i> | <b>10.95</b>               |

## Specialty Sandwiches

Served with your choice of *Steak Fries, Cole Slaw, Fresh Fruit or Green Salad*  
*Sweet Potato Fries, Seasoned Waffle Fries or Onion Rings* Add \$1.50

- |  |              |   |              |
|--|--------------|---|--------------|
| <b>The M&amp;R Reuben</b><br><i>A special twist on our classic Reuben, with layers of our homemade cole slaw and avocado piled high. A delicious must-try!</i> | <b>12.95</b> | <b>BBQ Pulled Pork Sandwich</b><br><i>Succulent slow roasted pork shoulder smothered with our BBQ sauce and topped with our homemade cole slaw in a French baguette</i>           | <b>10.95</b> |
| <b>Ray's Chicken Classic</b><br><i>Charbroiled cajun chicken breast with caramelized onions, avocado, melted provolone, cheese and tomato on a bun</i>         | <b>11.95</b> | <b>Cali Salmon Burrito</b><br><i>Grilled baja salmon, avocado, spicy hummus, persian cucumbers, tomato, red cabbage, cilantro, alfalfa sprouts in a sun-dried tomato tortilla</i> | <b>11.95</b> |
| <b>Western Melt</b><br><i>Lean roast beef, cheddar and provolone cheese, avocado, grilled onions, and tomato on sourdough</i>                                  | <b>12.50</b> | <b>Chicken Eggplant</b><br><i>Charbroiled chicken breast with roasted eggplant, provolone cheese, fresh basil, tomato, and caramelized onions in a baguette</i>                   | <b>11.95</b> |

## Vegetarian Sandwiches

- |  |             |   |              |
|--|-------------|---|--------------|
| <b>Grilled Eggplant Sandwich</b><br><i>Seasoned eggplant, fire roasted red peppers, caramelized onions, melted provolone cheese and fresh basil with slaw.</i> | <b>9.95</b> | <b>Spinach Melt</b><br><i>With mushrooms, fire roasted red peppers, fresh basil tomatoes and provolone cheese with cole slaw.</i> | <b>9.95</b>  |
| <b>Health Treat</b><br><i>Avocado, alfalfa sprouts, cheddar cheese, tomato and chopped walnuts on our squaw bread with cole slaw.</i>                          | <b>9.95</b> | <b>Artichoke Melt</b><br><i>Artichoke hearts, mushroom, melted swiss cheese and fresh basil on baguette with cole slaw.</i>       | <b>10.50</b> |
| <b>Feta Cheese Sandwich</b><br><i>With fresh basil, Roma tomatoes, and Persian cucumbers on baguette.</i>  | <b>8.95</b> | <b>Veggie Burger Deluxe</b><br><i>With grilled onions, fresh avocado &amp; cole slaw.</i>   | <b>11.95</b> |

## Cold Sandwiches

All sandwiches come on your choice of bread or toast, with lettuce, carrot, pickle, and cole slaw.  
Add cheese 50¢ Add tomato 50¢

- |  |      |  |      |
|--|------|--|------|
| <b>Turkey Breast</b> , roast turkey and mayo | 9.95 | <b>Roast Beef</b> , medium rare with mayo                | 9.95 |
| <b>Turkey Salad</b>                          | 9.95 | <b>Extra Lean Corned Beef</b> (served warm)              | 9.95 |
| <b>Tuna Salad</b> , white albacore           | 9.95 | <b>B.L.T.</b> , mayo                                     | 8.95 |
| <b>Ham</b> , mayo                            | 9.50 | <b>A.B.L. T.</b> , avocado, bacon, lettuce, tomato, mayo | 9.95 |

*Steak Fries, Fresh Fruit, Add 1.75, Avocado, Add 1.50 Sweet Potato Fries or Seasoned Waffle Fries, Add 2.75*  
*Soup or Salad Add 2.75*

## ½ Sandwich Lunch Combo Specials

Served with soup or salad and fresh fruit or cole slaw.

11:30 AM to 3:00 PM

- |                     |             |                      |             |                           |             |
|---------------------|-------------|----------------------|-------------|---------------------------|-------------|
| <b>Tuna Salad</b>   | <b>9.95</b> | <b>Turkey Breast</b> | <b>9.95</b> | <b>Corned Beef</b> (warm) | <b>9.95</b> |
| <b>Turkey Salad</b> | <b>9.95</b> | <b>Ham</b>           | <b>9.95</b> | <b>Health Treat</b>       | <b>9.95</b> |

# GOURMET BURGERS

*7 oz. of All Natural, Corn Fed Extra Lean Chuck  
Charbroiled and served on a bun with lettuce, tomato and pickles. Raw or grilled onions on request.*

**Add a fried egg or grilled mushrooms to any burger for \$1.00**

<b>Hamburger</b> <i>All beef patty grilled and served All-American with lettuce, tomato and pickles. Add cheese .25</i>	<b>8.75</b>	<b>Bacon Cheeseburger</b> <i>two strips of bacon and your choice of cheese</i>	<b>9.95</b>
<b>Turkey Burger</b> <i>A delicious healthy alternative served with lettuce, tomato and pickles</i>	<b>8.75</b>	<b>Chili Cheeseburger</b> <i>topped with our famous all-beef chili, chopped onions and american cheese</i>	<b>9.95</b>
<b>Vegetarian Garden Burger</b> <i>A tasty non-meat option served with lettuce, tomato and pickles</i>	<b>8.75</b>	<b>Supreme Burger</b> <i>avocado, cheese, mushrooms</i>	<b>10.75</b>
<b>Bar-B-Que Cheeseburger</b> <i>Topped with our extra lean corned beef, american cheese, caramelized onions, BBQ sauce, and our homemade cole slaw</i>	<b>11.50</b>	<b>Blue Cheese Burger</b> <i>blue cheese, caramelized onions, bacon bits and alfalfa sprouts</i>	<b>10.75</b>

**Steak Fries, add 1.75, Cole Slaw or Avocado, add 1.50  
Seasoned Waffle Fries, Sweet Potato Fries, Onion Rings, Soup or Salad add 2.75**

## ENTREES

*Soup or Salad with Entrees...2.75*

### From the Grill

*Served with your choice of two of the following:*

Steamed Vegetables	Cole Slaw	Rice Pilaf	Mashed Potato
Steamed or Sautéed Spinach	Eggplant	Steak Fries	Brussel Sprouts

<b>Boneless Chicken Breast Shish Kebob</b> <i>Marinated chicken skewered with tomatoes, mushrooms, onions, and bell peppers, served with rice pilaf and steamed vegetables</i>	<b>13.50</b>	<b>Filet Mignon Steak</b> <i>Center cut filet and cooked as you like it, but we recommend medium rare Served thick cut or butterfly</i>	<b>19.95</b>
<b>Cornish Hen Kebob</b> <b>half 12.75    whole 15.95</b> <i>Our lemon marinated cornish game hen skewered and broiled to perfection, served with rice pilaf &amp; vegetables</i>		<b>Filet Mignon Shish Kebob</b> <i>Filet mignon skewered with tomatoes, mushrooms, onions and bell peppers and served with rice pilaf and steamed vegetables</i>	<b>17.95</b>
<b>Lemon Marinated Chicken Breast</b> <i>Charbroiled chicken breast with our special homemade lemon marinade</i>	<b>13.50</b>	<b>Charbroiled Hamburger Steak</b> <i>Fresh extra lean ground chuck With fresh mushroom sauce, Add \$1.00</i>	<b>13.95</b>
<b>Teriyaki Chicken Breast</b> <i>Skinless chicken breast smothered with teriyaki sauce</i>	<b>13.50</b>	<b>Chicken Breast Natural</b> <i>Tender breast of chicken charbroiled to perfection</i>	<b>12.95</b>
<b>BBQ St. Louis Style Ribs</b> <i>Succulent St Louis style pork ribs charbroiled and basted with our special barbecue sauce</i>	<b>16.95</b>	<b>Cajun Chicken Breast</b> <i>Chicken seasoned with special southern spices</i>	<b>13.50</b>

### Fresh Seafood

*Served with your choice of two side dishes*

<b>Fresh Rainbow Trout</b> <i>Moist and flaky fresh water trout.</i>	<b>13.95</b>	<b>Fresh Grilled Salmon Filet</b> <i>Fresh salmon filet naturally tender and flavorful.</i>	<b>16.95</b>
<b>Cajun Rainbow Trout</b>	<b>13.95</b>	<b>Fresh Mediterranean Salmon Kebob</b> <i>Pieces of salmon marinated in herbs and saffron on a skewer with tomato and red bell pepper.</i>	<b>15.95</b>
<b>Beer Battered Cod</b>	<b>12.50</b>		
<b>Fried Jumbo Shrimp</b>	<b>16.95</b>		

### Open Faced Hot Sandwiches

<b>Hot Turkey Breast Sandwich</b> <i>With homemade mashed potatoes, gravy, fresh vegetables, and cranberry sauce</i>	<b>13.50</b>	<b>Hot Roast Beef Sandwich</b> <i>With homemade mashed potatoes, gravy and fresh vegetables</i>	<b>13.50</b>
---	--------------	--	--------------

### Wine By The Glass

<b>Kunde Estate, Merlot 2001</b>	<b>6.95</b>	<b>Sterling, Cabernet Sauvignon 2003</b>	<b>6.95</b>
<b>Bonterra, Organic Chardonnay</b>	<b>6.95</b>	<b>Chateau St. Jean, Chardonnay</b>	<b>6.95</b>