

March 2020

ELIZABETH R-4

LUNCH

CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE FOR GRADES 3-12. MENUS ARE SUBJECT TO CHANGE.

Nutrition Tip: March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

Monday

CHICKEN PATTY
MASHED POTATOES
SALAD
FRUIT
BREAD

2

Tuesday

CHICKEN FAHITAS
MEXICAN RICE
APPLESAUCE
REFRIED BEANS

Wednesday

NACHOS AND DIP
CORN
PEACHES
NO BAKE COOKIE

Thursday

CHICKEN NOODLE SOUP
GRILLED CHEESE
PINEAPPLES
FRESH VEGETABLES

Friday

CATFISH
MACARONI AND CHEESE
SALAD
FRUIT SALAD
PUDDING

CHEESEBURGER ON BUN
OVEN FRIES
PEARS
YOGURT
FRESH VEGETABLES

9

BBQ RIB PATTY
BAKED BEANS
SALAD
PEACHES
BREAD

HOT HAM AND
CHEESE
SPAGHETTI AND SAUCE
CAULIFLOWER
FRUIT JUICE

11

CHICKEN PATTY
MASHED POTATOES
GREEN BEANS
APPLESAUCE
BREAD

12

CHEESE PIZZA
SALAD
COOKIES
FRUIT

13

SAUSAGE PATTY
CINNAMON ROLL
HASHBROWNS
ORANGES

16

SPAGHETTI
GREEN BEANS
BREAD STICKS
FRUIT SALAD

17

CHICKEN TACO
CORN
APPLESAUCE
GRAHAM CRACKERS

18

CORN DOGS
BAKED BEANS
COOKIE
PEACHES

19

NO SCHOOL TODAY

20

NO SCHOOL TODAY

23

FRITO PIE
APPLESAUCE
YOGURT
CARROT STICKS

24

HOT DOG ON BUN
TATOR TOTS
PEACHES
BROCCOLI

25

LASAGNA
HOT ROLLS
SALAD
FRUIT

26

VEGETABLE SOUP
GRILLED CHEESE
PUDDING
APPLES

27

CHICKEN
PARMESEAN
AUGRATIN POTATOES
SALAD
FRUIT
BREAD

30

DELI SUB
TATOR TOTS
STRAWBERRIES
SALAD
PUDDING

31

