

VOLUNTEERS NEEDED!!!

April 7th-Amazing Grace (5-7 for water stop).

April 29th- RWTW Rerun (2-3 to help Bobby with timing)

May 19th- Joplin Memorial Run

June 9th- Kids Classic

Our March JRR meeting was held at Sweet Caroline's ice cream and coffee shop! Thank you all that came out!!!

Jude Champagne was there to tell us about his event, the Rallye66 benefit 1 3 5. Three distances, three challenges including the areas only Ranger Run. There is a 1 mile fun Run, a 5K and then the 5 mile Ranger Run which includes pushups, sit-ups a 5 mile run and then pull-ups! There is an individual or team option for the Ranger Run! The cost is \$10 for the 1 mile run, \$30 for the 5K & 5 mile and every dime goes to benefit local veterans as well as Peterson ministries! There is also a car show! This is all happening on April 29th. Please visit Rallye66.com for more details. <https://www.facebook.com/events/168677027273458/?ti=icl>

Chanti spoke about the 33rd annual Kids Classic. This will take place Saturday June 9th. This is a free event for all kids walking up to 6th grade. It is held @ Junge Stadium.

[https://docs.google.com/forms/d/e/1FAIpQLSdOcwwfnT\\_3IBYnm47ELtzcAu5D2XQUjc3c5zbBdSRkK6lAw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdOcwwfnT_3IBYnm47ELtzcAu5D2XQUjc3c5zbBdSRkK6lAw/viewform)

\*\*Volunteers and Sponsors are needed!

Jane spoke about the Run with the Wind RE-RUN race (our make up race since we had horrible weather last month) which will be held on Sunday April 29th @ 2pm. Only runners that were previously registered for this years RWTW 25k will be eligible to compete for age group medals. This will be held in conjunction with the JMR preview run and the additional miles will be added on after the preview run portion. This will be hand timed by Bobby (he also needs a few volunteers to help

him!). This is also considered our "recycle run"! Basically if you come out to run, you will be going home with something!!! A medal, a shirt, who knows what other goodies will show

up!?!? <https://www.facebook.com/events/418323915255008/?ti=icl>

Jane also spoke about the upcoming Pumpkin Run which benefits the CP center! This will be held on Saturday October 13th. Please note the new time of 8 am for the 5 mile run and 7:30 am for the 1 mile kids fun run!

<https://www.facebook.com/events/172704876856446/?ti=icl>

**\*\*Sponsors needed.**

Bobby spoke about the Joplin Family Y's Anyone can Run 5K training class that will be starting on the 17th! This will prepare runners for the Joplin Memorial Run in May!

Bobby also spoke about the Duathlon on the Runway taking place on May 5th. This is a 3.1 mile run, 12 mile ride & then 2 more miles of running. The traditional 5K on the runway will also be happening! \$5 off for JRR members!

Eldon spoke about the 35th annual Dogwood 5K which will be held Saturday April 21st. There is also a 1 mile walk option. Cost is \$8 in advance and \$10 day of the race. Register early and receive a free Dogwood tree! <https://www.facebook.com/events/399486600464109/?ti=icl>

For anyone doing the Bentonville half on April 7th, there will be a large group meeting up for dinner the night before. Please join the Facebook group for more details on time &

location. <https://www.facebook.com/events/435897663495686/?ti=icl>

**Runner Safety Tip:**

Carrie spoke about her experience running the Little Rock Marathon last weekend. The race itself was wonderful. Great weather, great course, lots of aid stations and crowd support and of course HUGE medals.

Around a half mile from the finish line, she was tossed a cheese puff. She popped it in her mouth and bit down...on a piece of blue glass! Within a quarter mile, she came across 2 police officers and stopped to report it and give the piece of glass to

them along with a description of the man.

Probably not something that a lot of us think about during a race. Realistically, this could happen anywhere. Please be cautious when accepting food and drink from unsupported aid stations. Think twice and don't always give the benefit of the doubt especially in larger cities.

Amazing Grace Race needs 5-7 volunteers to help with a water stop on April 7th. Please message Cora Sharrock or Tom Rogers for details.

JMR needs volunteers as well. (May 19th)

\*\*54JRR is the new discount code for 2018 for most races that give discounts!

---

#### JRR Board Members:

Nathan Box - President  
Lynnette Lee - Vice President  
Carrie Burks - Secretary  
David Russell - Treasurer  
Jane Ballard - Board Member  
Cora Sharrock - Board Member  
Connie Wilkinson - Board Member  
Chanti Beckham - Kids Classic Race Director

#### Upcoming Races

Check out: [www.localraces.com](http://www.localraces.com) for upcoming races.

March 17, 2018 - Starlit Running Company presents St. Patrick's

Day 15k & 5K - Joplin MO <https://localraces.com/starlitrunning/st.-patricks-day-15k-and-5k-2018>

March 24, 2018 - Round It Up - Round It Out , Landreth Park, Joplin MO - fundraiser to benefit Lymphoma. Discount Code for 1 week is JRRRUNITOUT  
<https://localraces.com/events/joplin-mo/round-it-up-and-run-it-out-5k>

April 7, 2018 - DO OR DYE - Rocheport MO to Boonville MO - Discount Code DOORDYEMM - this race has packed trails, no hills, and is on the beautiful Katy Trail. Lynnette Lee is the Ambassador for this race. <https://bhsdoordiehalfmarathon5k.itsyourrace.com/register/>

April 7, 2018 - Bentonville Half Marathon, 5K, & Relay - Bentonville AR

April 14, 2018 - FFA 5K & 10K - <https://localraces.com/joplinffa/joplin-ffa-5k-10k>

April 21, 2018 - 35th Annual Neosho MO Dogwood 5K & 1 mile run - put on by JRR member Eldon Morgan. He has increased the number of dogwood trees for this event! Please contact Eldon for more details.

April 21, 2018 - 4th Annual Run for Missions 1 Mile, 5K, & Half Marathon - Ruby Jack Trail in Carthage MO. See Ruth Taylor for more details.

April 28, 2018 - Frisco Railroad Race from Willard to Bolivar and back - 8K, Half, 50K and 50miles

April 29, 2018 - Oklahoma City OK Memorial Marathon & Half Marathon

April 29, 2018- Rallye66 1 3 5 race  
<https://localraces.com/fcccarthage/rallye66-benefit-1-3-5-2018>

April 29, 2018 - JMR Preview Run and JRR Recycle Run - We will preview the Half Marathon route AND, for those who registered for the Run with the Wind which had to be canceled due to weather, we will have a special 25K route for you to compete for your age award medals! More info to come soon!!!

May 5, 2018 - Freedom of Flight 5K Run on the Runway and Duathlon on the Runway - Joplin MO Regional Airport - Duathlon will Run 3.1 miles, Bike 12 miles, and Run 2 miles. There is also a Kids Fun Run and Mini Du available as well. Discount code is 54JRR. Please see Bobby Ballard for more details.

<https://localraces.com/freedomofflightmuseum/freedom-of-flight-run-on-the-runway-5k-and-duathlon-fun-run-and-mini-duathlon>

May 19, 2018 - Joplin MO Memorial Run Half Marathon, Relay, 5K, & Kids Fun Run <http://joplinmemorialrun.com/>

June 1 & 2, 2018 - 2018 Hospital Hill Run UMKC School of Medicine Kansas City MO - Discount Code: Larery2018 - Ambassador: Trina Larery -

Join us on Friday, June 1st, for the UMKC School of Medicine 5K or Saturday, June 2nd, for the Hospital Hill Run 7.7 Mile or Half Marathon.

Looking for a new challenge? Participate both Friday night and Saturday morning and become a Re-Runner!

Race for Hope - Breast Cancer Foundation at MSSU Cross Country Course in Joplin, MO - June 2nd

October 13th- Pumpkin

Run. <https://localraces.com/joplinroadrunners/2018-pumpkin-run-36th-annual>

#### NEXT MEETING

Thursday, April 12th

Location: The WoodShed  
(Inside Cherry's Emporium)  
[311 S Main St.](#) Carthage MO

6 pm Run

7 pm Meeting

