



KIDS TIME

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Nevada Chapter

The Nevada Chapter of the American Academy of Pediatrics invites you to join us for Walk with a Doc-Kids Time, a program to encourage families with children and adolescents to meet for an hour to walk the trails at Springs Preserve. As pediatricians we encounter many young people who are living more sedentary lives, which can increase their risk for obesity, Type 2 diabetes, high cholesterol, and high blood pressure. We will offer a session to meet with pediatricians for a 3-5 minute discussion on a health related topic and an opportunity to walk outdoors with other families and health care providers.

DATE	TOPIC & SPEAKER	LOCATION	TIME
9/9/2018	Jacqueline Patterson, DDS – “Sugar Bugs: What Causes Cavities?”	Springs Preserve – 333 South Valley View Blvd., Las Vegas, Nevada	8:30AM
10/14/2018	Michael Scheidler, MD, FACS “Drug Drop off Boxes: Know One, Use One, Save One”	Springs Preserve – 333 South Valley View Blvd., Las Vegas, Nevada	8:30AM
11/11/2018	Nicholas Regas, DO, PGY1 “Wilderness Medicine”	Springs Preserve – 333 South Valley View Blvd., Las Vegas Nevada	8:30AM
12/9/2018	Stephanie Jones, DO, FACS “Sweaty Pits are the Pits”	Springs Preserve – 333 South Valley View Blvd., Las Vegas Nevada	8:30AM
1/13/2019	Craig Nakamura, MD, FAAP “Running out of Breath”	Springs Preserve – 333 South Valley View Blvd., Las Vegas Nevada	8:30AM

Wear comfortable walking shoes; bring water, sunscreen, hats and sunglasses

Questions: e-mail us at nevadachapteraap@gmail.com or call 702-285-9425 Executive Director Roberta Aguin

