

Kiwanis Foundation of Temecula Valley



Kiwanis Member, Vietnam Helicopter Pilot, Lt. Colonel Jimmy Moore said: “My PTSD was cured.”

Because of the noticeable changes in Moore’s behavior, as acknowledged by his wife, Peg, Kiwanis is sponsoring a medical study to replicate this treatment, with another veteran. This initial study will then be brought forward, leading to additional studies, larger numbers, to eventually incorporate this treatment for the general public for relief of traumatic events.

This vision extends to children, who suffered trauma, as well.

The study hopes to answer these questions: “How were Moore’s symptoms of PTSD changed so quickly”? “Scientifically, what happened in therapy”? “Can this outcome be repeated”? “How can nightmares change with therapy”? “PTSD symptoms changed in less than 30 days”? Questions concerning fear, anger, forgiveness, self-love, with components of therapy examined, documented through qEEG, Brain Mapping, video recording and debrief of the subject.



Temecula Kiwanis members Jim Stead and Jimmy Moore discuss need for this Medical Study on [Vimeo.com/67768311](https://vimeo.com/67768311)

QEEG data, Electro-encephalogram w/Brain Mapping, video recording of therapy sessions. Brain Maps will be viewed with video of therapy, commentary, debrief of therapy, with split screens comes together, for greater understanding.

This study is intense, and leads to a larger more comprehensive study. Creating an open understanding of therapy.



THE STUDY: Lt. Colonel who served mortuary duty in Iraq has volunteered for this study. Nightmares, perhaps 20 per night, other acute PTSD symptoms will be reviewed in this study. Up to 15 hours of EEG will be examined, to understand therapy. Data will be reviewed by Scientists and Mathematicians.

Measures sleep disturbance prior to therapy, during therapy and follow-up after therapy. This will help to understand what occurred to change nightmares and PTS symptoms of Lt. Colonel Moore.

Donations to the Temecula Kiwanis Foundation to support this study are gratefully accepted.

Temecula Kiwanis Foundation P.O. Box 447 Temecula, CA 92593

(Note on your check: Funds to be used for PTSD Study)

This study is relevant to the **Center of Disease Control’s ACE Study** Adverse Childhood Experience:

<http://www.cdc.gov/violenceprevention/cestudy/>

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Veterans have come forward to bring assistance to civilians in many ways.

Our Veteran keeps civilians safe. This is a profound statement, which is lost to the average person.

One of the ways a veteran keeps civilians safe is to buffer the civilian from the effects of war.

To keep the conflict, or better to say, to keep the battle away from our neighborhoods, towns, out of our borders keeps civilians safe.

Not just from the threat of death, which we see civilians being killed in other countries, but to keep us safe from the 'aftermath' of that learned experience.

By not seeing death, by not having the night terrors, we are safe to conduct commerce, to raise our children, to be free of the fear, which many countries have lived in for generations.

Our Vets keep us safe in ways we don't understand.

But, when we do begin to understand, such as the gentleman who has agreed to enter the Medical Study, the retired Lt. Colonel who served Mortuary Duty in Iraq, few citizens want to know the details of his job, his experience or how it affects him today, his wife and his marriage.

He kept us safe, from our personal witness to death. He's kept our dreams to be free of that night mare.

Our Vets keep us free in mind and spirit, so we can enjoy our careers and families.

We are free of many terrible events. We are free of being witnesses to death. We are free of those continuing troubles, which our Vets carry on our behalf.

We are free in many ways, and indebted to our Vets. And many of us don't know what debt our service members have accepted on our behalf.

PTSD is one of those debts Vets carried, so we don't have to engage, each of us to carry the same similar debt.

PTSD is a debt we need to relieve our sons, daughters, brothers, sisters, fathers and perhaps mothers. They should not continue to carry that weight of debt.

We civilians don't understand the debt of PTSD. We've been free of that obligation, which is carried by those who have taken an oath to defend the Constitution.

This is something not openly discussed. This needs to be said, and to be understood.

