



# **USATF**<sup>™</sup>

## **LONG DISTANCE RUNNING**

### **DIVISION REPORTS OCTOBER 2017 EDITION**

#### ***Upcoming Events:***

- Oct 1 - USATF 10-mile Champs (Twin Cities, MN)
- Oct 1 - USATF Masters 5km Champs (Syracuse, NY)
- Oct 8 - USATF 50-mile Champs (Boalsburg, PA)
- Oct 15 - USATF Masters 5km XC (Boston, Mass)
- Oct 28 - USATF Masters 15 km Champs (Tulsa, OK)
- Nov 4 - USATF 5 km Champs (New York City, NY)
- Nov 4 - USATF Marathon Trail Champs (Moab, UT)

#### ***From the Desk of the Chair, Mike Scott***

I had the opportunity to attend the New Haven Road Race for the first time in over a decade earlier this month and was rewarded with a stirring men's battle over the entire 20-kilometers with Galen Rupp barely holding off Leonard Korir in a photo finish! Jordan Hasay bested a superb women's field including USARC leader Alphine Tuliemark.

Congrats to Team USA at the NACAC Mountain Running Championships in Canada, which took home the most medals!

I'm looking forward to the fall marathon season, with some intriguing fields and some much anticipated debuts!

#### ***Men's LDR Report***

The 20k race had one of the most amazing finishes of all time for US Road Circuit. It came down to Galen Rupp and Leonard Korir in which Galen got the win 59:04.

The next stop for the circuit will be at Twin Cities for the 10 miler.

The current top 3 standings: Leonard Korir 93 points, Sam Chelanga 80, Christo Landry 43.5.

#### ***Women's LDR Report***

The New Haven 20k National Championship once again produced great performances. Jordan Hasay took the crown at her first attempt professionally at the distance. Alphine Tuliemark continued her strong consistent

performance with a solid second place finish. The 10 mile is next up for us on October 1st hosted by Twin Cities Marathon.

We are still looking for feedback on changes to the Running Circuit for next year as well as soliciting bids for National Championships at several distances.

#### **Masters LDR Report**

The Masters 1 Mile Road Championship was held on Friday evening August 25th as part of the Crim Weekend of Racing in Flint Michigan. The race was held after this issue went to press. At this time, the field is not set, but it is likely that among those entered on the men's side, the defending Champion, John Gardiner, will battle Kevin Castille, the current Masters Club XC champion and David Angell, winner of the 8K and 10K Championships this year, for the overall Masters title.

On the women's side, defending overall Masters Champion, Tammy Nowik, will try to make it three in a row. She will be challenged by the 2016 bronze medalist, Melissa Gacek, and Renee Tolan, who just took the Masters win last month in the Liberty Mile in Pittsburgh. Sabra Harvey, record breaker on the roads and track, is the strong favorite to take the Women's Age Grading crown, emblematic of relative supremacy across age divisions, as she did the last time she competed here in 2015. Castille is favored among the men, but Tom Bernhard and Todd Straka will challenge. Read about the results in next month's issue of this newsletter.

The Masters 5K Championship will be held in Syracuse NY on Sunday October 1st, with the Men's race going off at 8:50 AM and the Women's race at 9:50 AM. This Championship has been hosted by the Syracuse Festival of Races since 2007; Race Director, David Oja, has announced that this will be his last year to host the Championship. This championship attracts more entrants each year than any other; this is due in part to the course being conducive to records and PR's, but also to Dave Oja and family putting on an Athlete-centered event that is known as a class act. Do not miss this last chance to compete in Syracuse.

Entry information is at:

<http://www.usatf.org/Events---Calendar/2017/USATF-Masters-5-km-Championships/Entry-Info.aspx>.

The Entry Form is at:

<https://www.usatf.org/Events---Calendar/2017/USATF-Masters-5-km-Championships/Entry-Form.aspx>.

The Masters 15K Championship will be held for the 5th consecutive year as part of the Tulsa Federal Credit

Union Tulsa Run. It is scheduled for Saturday, October 28th at 8:50 AM. This marquee event is celebrating its 40th anniversary this year; come be part of history and help to commemorate this special occasion. A hooded long-sleeve t-shirt and special 40th anniversary medal will be given to each participant. This event has the richest prize purse on the 2017 Masters Grand Prix circuit and features a catered pasta dinner for Championship entrants following the Technical Meeting on the evening before the race.

Entry information is at:

<http://www.usatf.org/Events---Calendar/2017/USATF-Masters-15km-Championships/Entry-Info.aspx>.

The Entry form to register is at:

<https://www.usatf.org/Events---Calendar/2017/USATF-Masters-15km-Championships/Entry-Form.aspx>.

The last two Cross Country events on the 2017 Masters Grand Prix are:

October 15 - Masters 5 km Cross Country Championship in Boston MA at historic Franklin Park, the site of numerous high school and collegiate championships over the decades. The site is:

<http://www.usatf.org/Events---Calendar/2017/USATF-Masters-5-km-Cross-Country-Championships.aspx>.

December 9 - National Club Cross Country Championships in Lexington Kentucky. The site is located at:

<http://www.usatf.org/Events---Calendar/2017/USATF-National-Club-Cross-Country.aspx>.

### **Mountain/Ultra/Trail (MUT) Report**

Another busy month for the MUT program. Details on the recently contested USATF 24 Hours Championships - <http://www.usaultrarunning.com/2017-usatf-24-hour-national-championship-results/>.

An overview of the upcoming NACAC Mountain Running Championships - <http://trailrunner.com/trail-news/canada-mexico-usa-to-meet-in-british-columbia-for-the-14th-nacac-mountain-running-championships/>.

Here's a link to story/results at the USATF Half Marathon Trail Running Championships on September 30 in Hayward, WI - <http://trailrunner.com/trail-news/gray-brasovan-victorious-usatf-half-marathon-trail-championships/>.

Upcoming is the USATF 50 Mile Road Championships on October 8 in Boalsburg (State College), PA. The date for the 34th World Mountain Running Championships

has been announced -- Weekend of September 15, 2018, in Andorra.

A positive drug test at the World Mountain Running Championships and Long Distance Mountain Running Championships in Premana this past July/August changed results as the athlete was removed. Thus, a bronze medal for USA's Tayte Pollmann. Find article here: <http://wmra.ch/index.php/news/619-positive-drug-test-changes-world-championships-results>.

### **Cross Country Report**

The cross country and club joint subcommittee has awarded the bid to host the 2019 USA Club Cross Country Championships to Lehigh, Pennsylvania. Lehigh won the bid in a very close decision over a bid from Bend, Oregon.

2020 and 2021 bids will be considered in 2018. A time frame for those decisions will be announced later this year.

The cross country council is also looking ahead to a bid process during 2018 for the 2020 and 2021 USA Cross Country Nationals (a two year host bid) and future years for the stand alone 2019 and 2020 Masters 5k Cross Country Nationals.

### **Road Running Technical Council Report**

None submitted

### **Athletes Report**

None Submitted

### **From the Board**

None Submitted