Focus: Jesus feeds us in the Eucharist

1. Review:

- a. Lent: Created, Captured, Rescued
- b. Easter: Response
 - i. Surrender to Jesus, the Light of the World, as he leads you out of darkness into light.
 - 1. John 12:46 →"I have come as light into the world, that whoever believes in me may not remain in darkness."
 - 2. Repent! Save yourself from this crooked generation.

2. Back to the cave, the darkness:

- a. He stands in front of you, tells you to follow him, and starts walking.
- b. He's your only hope. Without him, there is no getting out of the darkness.
- c. Remember why things became so drastic: hunger and thirst.
 - i. As you follow him, you think to ask, "Do you have anything to eat, anything to drink?"
 - 1. If he gives you anything, what is the response to that?
 - a. "Thank you!"
- d. Summary: You were lost, left for dead; he came to you to rescue you and feed you.
 - i. What is he worth to you? He has to be worth everything. You had no life without him.

3. Jesus is the Way to the Father (John 14:6) and he provides Food along the way.

- a. What is your response? Surrender, Repentance, and Thanksgiving.
- b. What is the food? The Eucharist.
- c. What is the Eucharist?
 - i. His own Body and Blood. His Soul and Divinity.
 - ii. "Eucharistia" → Thanksgiving.
 - 1. The Eucharist is both the food and the "thank you"! Incredible!
 - 2. What is that worth to you? Worship = worth-ship
 - a. Is it not worth everything? Does it not stand above all else?
 - iii. At the Passover in Exodus 12, they were to do two things:
 - 1. Eat the flesh of the Passover lamb and sprinkle the blood on their doorpost
 - 2. "This day shall be a memorial day"
 - iv. The Last Supper was a Passover meal. No lamb is mentioned in the Gospel account.
 - 1. John 1:29 → "Behold the Lamb of God."
 - 2. Last Supper: "This is my body ... This cup is the new covenant in my blood."
 - a. "Do this in memory of me." Anamnesis. The past becomes present.
 - 3. **We believe:** The bread and the wine are entirely changed into the real Body, Blood, Soul, and Divinity of Jesus. This is not merely a symbol or representation.

4. How do we thank him enough?

- a. Receive the food that he gives. That food is Thanksgiving, the Eucharist.
- b. This flows out of a relationship that is surrendered to Jesus.
 - i. I surrender to him, give him authority over my life.
 - ii. He tells me to repent, to turn from the darkness and toward him.
 - iii. Then he feeds me with his own Body and Blood.
- 5. More on this next week, especially looking at John 6. It will be helpful to bring your Bible.

Reflection Questions and Homework:

- 1. Have you surrendered your life to Jesus and his Church yet?
- 2. Does anything keep you from believing this?
- 3. Read: John 6