






ANTONINE SISTERS ADULT DAY CARE CALENDAR

JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Happy New Year  ADC CLOSED	2
3	4 Toss the Ball & Talk Exercise	5 Whiteboard Activities Exercise	6 Elvis Presley Movie Exercise	7 Elvis Presley Birthday Sing Along (youtube) Exercise	8 BINGO Exercise	9
10	11 Bowling Exercise	12 BINGO Exercise	13 Parachute Activities (Balance ball on chute) Exercise	14 Snow Scenes to Color Exercise	15 MOVIE Exercise	
	18 BINGO Exercise	19 Presidential & 1st Lady Trivia Inauguration Day Exercise	20 International HUG Day (Make a <i>friendship/hug</i> card for another client) Exercise	21 MOVIE Exercise	22 Snow Scenes to Color Exercise	
24	25 Parachute Activities (Balance ball on chute) Exercise	26 Winter Hangman Exercise	27 Whiteboard Activities Exercise	28 BINGO Exercise	29 MOVIE Exercise	30