

Montgomery Moms

President's Note

January is here which means we finally get to send our kids back to school!! Well at least some of us. Hope everyone had a great holiday season and had some time to relax some. Now that we are into the winter months, let Montgomery Moms help you keep yourself and the kids entertained. We have lots of fun stuff coming up.

Sincerely, Sarah - President, Montgomery Moms



RECRUITMENT

The deals keep coming. Join Montgomery Moms for only \$25 for the remainder of our event year. This includes a great Spring Couples Party along with many other events. Tell your friends and neighbors!

NEW MEMBER

Welcome to our newest member Ashley Allison!

GENERAL MEETINGS

Please join the Montgomery Moms for our Lodge Meeting on Tuesday, January 10 at 7:30 p.m. at Terwilliger Lodge (10530 Deerfield Rd).

Former Montgomery Mom Jennifer Bain will be joining us to help ring in the New Year with good health! Her private practice, Advanced Nutrition and Dietetics (www.stressfreenutrition.com), focuses on nutrition education and sustainable exercise practices for both children and adults.

Hope to see YOU there!

**Montgomery
Nursery School**
~Where children always come first~



Contact Us

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Moms' Night Out

Join us for 2017's first Moms' Night Out! Burn off the cookies and eggnog with a circuit workout at 9Round Blue Ash, located at 9733 Kenwood Rd. on Thursday, January 19th.

Cycle through nine circuit stations that focus on strength, kickbox fitness, and abs and core, all completed in just 30 minutes. No equipment needed and all fitness levels welcome.

Please arrive at 7 p.m. to sign waivers and workout begins at 7:15 p.m.

COUPLES NIGHT

SAVE THE DATE! Get ready to be a fool on April Fools Day! We are excited to plan out a wonderful night for couples to hang out and enjoy some adult time. We will keep you posted on the amazing plans coming up soon.

Book Club

Join us for lively, fun book discussions every month. Here is the list of the dates and books for our 2016-2017 Book Club.

Please email montgomerymomsinfo@yahoo.com if you are interested in joining.

January 23rd: Out of My Mindy by Sharon Draper

February 23rd: The Rosie Project by Graeme Simison

March 28th: Outliers by Malcolm Gladwell

April 24th: The Rainbow Comes and Goes by Anderson Cooper and Gloria Vanderbilt

May 22nd: The Book Thief by Markus Zusak

August 28th: Truly Madly Guilty by Liane Moriarty

Upcoming Events

January 10th - Lodge Meeting at 7:30 p.m.

January 19th - Moms' Night Out at 9Round Blue Ash.

April 1st - Couples Night



Congratulations to the Kindberg family on the birth of their new little one, Owen Andrew. Everyone is doing well.

Thank you to the following ladies who have delivered meals over the past month: Wendy A. and Ashley G.

Please email Maria Wysong at maria.wysong@gmail.com if you are expecting or are in need of meals to help you through a tough time.

Support Local Businesses!



Montgomery Moms appreciates all of our advertisers. If you do reach out to one of our sponsors, **please** let them know Montgomery Moms sent you!

And remember: if you or your spouse have a business you'd like to share, our members may take 50% off regular advertising rates.

Contact Ashley Gratsch at ashleyeilers@yahoo.com for more information.

Children's Activities

Monday, January 9th, 9:30 a.m.

Join us for a FREE Kindermusik Class at Madeira-Silverwood Presbyterian Church (8000 Miami Avenue, Madeira). The music-filled class celebrates the unique joys of your growing child. Your child will love singing, dancing, and playing instruments with friends and you'll love helping him/her practice a wide variety of abilities such as gross and fine motor skills, turn-taking, social skills, and active listening. This 45 minute class will be geared towards children ages 1-3.

Due to the size of the classroom, space is extremely limited. Please see your email for the signup link.

Tuesday, January 17th, 10:00 a.m.

Come join us at Kids First for a FREE Abakadoodle Art Class. For children ages 20 months to 5 years, there will be two classes at the same time: Twoosy Doodlers (20 mths - 3 yrs) and Mini Doodlers (3 - 5 yrs). Please see email for more information. Space is limited.

Tuesday, February 7th, 10:00 a.m.

Big Shots Sports Training Class at Recreations Outlet. This will be a one hour multi-sport class for children 3+. More details to come!





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FOR MORE INFORMATION OR TO SET UP AN APPOINTMENT
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or visit web site www.donsautorepairinc.com



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The Laundry Fairy

Have you ever wished for The Laundry Fairy to magically come and do all of your laundry for you? With work, kids' practices, and homework, finding time to do your laundry can feel overwhelming.

Well you are in luck! The Laundry Fairy really does exist...and she makes it easy and worry free.

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1. Contact me at triciathomas18@gmail.com or call/text 513-673-6368.
2. You choose a day for your laundry to be picked up.
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***The Laundry Fairy is a great gift! Give a new mom, friend, or family member the chance to have The Laundry Fairy visit them!**

The Laundry Fairy

Triciathomas18@gmail.com

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