

FOUNDED 1989

ACA PADDLE AMERICA CLUB

THE RMSKC NEWS

THE LATEST ABOUT THE CLUB
AND OUR MEMBERS

MUSINGS FROM THE COCKPIT

By President George Ottenhoff

When I joined RMSKC in 2006,

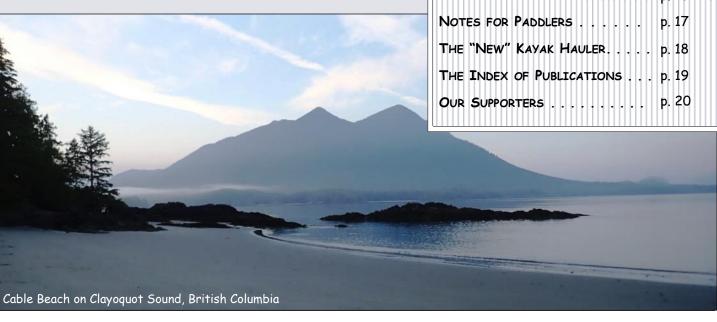
I had just purchased my first sea kayak (through E-bay, without a clue what I was doing).

Fortunately, in surfing the internet for information about kayaking I came across the RMSKC, and promptly became a member. That was one of the best decisions of my life. Through the formal classes on safety and paddling, and by paddling with some of the most knowledgeable, helpful and encouraging kayakers around, I actually learned the correct and safe way to paddle.

The result has been years of great fun, wonderful friendships, and many, many memorable kayak trips.

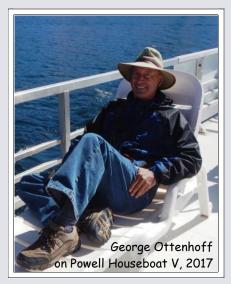
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My point is that RMSKC has a lot to offer to both relatively inexperienced kayakers and veteran paddlers. If you are one of the former, please don't be bashful, but jump right in. Introduce yourself to other members, and ask questions. If you are one of the latter, introduce yourself to new members (and to longer-term members that you don't yet know), and make them feel welcome. Help them learn from the knowledge you have gained through experience.

Our club has some excellent opportunities for instruction. The indoor pool sessions at the George Meyers Pool during the winter months are a great place to learn and practice skills. A Kayaking First Aid class by David Hustvedt is scheduled for April 13; it will present information that is important for all of us to know. During the spring there will be lake sessions to learn and practice padding and rescue skills. In July you won't



want to miss the clinic that your club is sponsoring by nationally respected instructor Wayne Horodowich of the University of Sea Kayaking. This is a tremendous opportunity to get the very best instruction without having to travel hundreds of miles at great expense.

One of the top priorities of RMSKC is promoting paddling safety, and the club has a fund established to help provide safety training. Much of the money in this fund has been donated by the family of a member who died in a tragic boating accident (not on an RMSKC trip). Please take advantage of these opportunities to learn paddling skills and water safety so that our club will be one of the most skilled and safety-conscious paddling clubs around.

See you on the water, George

ROCKY MOUNTAIN SEA KAYAK PUBLICATIONS

WHY RMSKC HAS TWO PUBLICATIONS: About ten or eleven years ago we stopped sending paper copies of the RMSKC Newsletter. When we did, we could add lots more photographs, and the issues became way too long. As a result, in 2009, we created two separate publications; the two are:

- The *RMSKC's NEWS*, which is like a NEWSPAPER that publishes mostly just Club news and details of the workings of the RMSKC. Many of the items in it will be less pertinent after time.
- The Mountain Paddler, a MAGAZINE which publishes articles about trips and other aspects of kayaking that will remain relevant over a longer time span.

THE INDEX OF PUBLICATIONS: Articles in our past issues bring back memories of fun trips, and they provide valuable information for planning future outings. There are also pieces on general kayaking topics you might want to review. By searching the Index of Publications, you can easily find anything we've published; you can search by author, by title or by key words. Read more about how to use the Index on page 19.

STEERING COMMITTEE NEWS

OCTOBER, 2018 STEERING COMMITTEE MEETING

NOMINATIONS AND **ELECTIONS**: Since the request for nominations produced no responses, the Steering Committee made the following suggestions for the open SC positions:

- President: George Ottenhoff, who was previously the Secretary
- Secretary: Dan Downs
- Membership Coordinator: Marsha Dougherty, who's new to the SC but one of our Frequent Paddlers

Because there were no contested positions, it was decided that members would be emailed about these candidates and there would be an election by acclamation at the Winter Party. You can read biographies of our new Steering Committee members starting on page 7.

TREASURER'S FINANCIAL REPORT: Dave Hustvedt presented the balance sheet and the income and expense reports. After discussion it was decided to separate the funds donated by Mark Wier's family for safety education from the money in our general fund. The dedicated money will be called the *Memorial Safety and Education Fund* and will have its own Year End accounting. As amended, the financial report was approved. The Treasurer's Report for 2018 is on page 5.

ONSHORE COORDINATOR'S REPORT: Tim Fletcher reported by telephone while stuck in a massive traffic jam. The Winter Party and Annual Meeting will again be held at Atonement Lutheran Church, tentatively on January 26, 2019. Paddle Fest was tentatively scheduled for Roxborough Cove at Chatfield State Park on Saturday, June 15.

MEMBERSHIP NEWS: We have approximately 80 members.

PUBLICATION UPDATE: Sue said the Index needs updating, and she is hoping to find an effective way for participants to post pictures of club trips that will make them available to her and to all members. Contact Sue if you can help her develop this process. Read more about the not-yet updated *Index of Publications* on page 19.

SAFETY AND TRAINING COORDINATOR'S REPORT: Brian Hunter reported that rescue training and kayak camping classes had been scheduled, but were cancelled due to low attendance. Brian said that with Andy McKenna's help he would like to conduct a survey of members to learn what kinds of safety and training classes members might be interested in attending. [The results of this survey will be in the next *The NEWS*.]

The clinic that Wayne Horodowich presented in July on *The Art of Staying Upright* was discussed. More than a dozen members attended, and spoke highly of it. Brian was directed to contact Wayne in an effort to schedule another clinic in 2019. The possibility of offering partial scholarships from the *Safety and Education Fund* to club members to attend the clinic was discussed. A decision was made that participants must register and pay for the clinic in advance, and that the Club will handle the funds.

Brian presented a proposed *Trip Description Levels* for discussion. The purpose is to assign a difficulty rating to paddling trips to inform potential participants of what to expect on a trip and to assist them in assessing whether they have the skills required for the trip. A number of comments were offered, and it was decided to post the document on the RMSKC website for comment and suggested revisions by members.

STEERING COMMITTEE NEWS, CONT.

SAFETY AND TRAINING, CONTINUED: The benefit of presenting a class on first aid for minor injuries that might be encountered on a kayak trip was discussed. EMT Dave Hustvedt offered to conduct a first aid class on a Saturday, possibly in February. [This has been rescheduled due to snow for April 13; check the schedule on the website for more information.] The SC also considered again presenting a basic navigation class.

PADDLE COORDINATOR'S REPORT: Jud Hurd stated that Clark Strickland talked with a member of the Houston Association of Sea Kayakers, and discussed with him the possibility of a joint trip to the Houston/Galveston area next spring. Jud will follow up and try to arrange that trip. Other trips for 2019 were discussed; read about them on pages 16-17.

CHANGING OF THE GUARD: Outgoing President Clark Strickland thanked the members of the Steering Committee for their service, and told them how much he had enjoyed working with each of them and the group as a whole during the past four years. The members of the Steering Committee thanked Clark for his outstanding work and leadership as president.

2019 STEERING COMMITTEE

PRESIDENT:	George Ottenhoff	970-351-6968	ghocolo@gmail.com
TREASURER:	Dave Hustvedt	303-442-2814	davidhustvedt@hotmail.com
SECRETARY:	Dan Downs	720-234-1052	dan.downs@lefthandsoftware.com
MEMBERSHIP:	Marsha Dougherty	720-301-9444	marsha5847@gmail.com
PADDLE COORDINATOR:	Jud Hurd	970-377-9277	hurdofgoats@gmail.com
SAFETY and INSTRUCTION:	Brian Hunter	303-748-6776	oldmanadrift@yahoo.com
ONSHORE EVENTS:	Tim Fletcher	303-726-1549	timfletcher5583@comcast.net
PUBLICATIONS EDITOR:	Sue Hughes	303-776-4541	suehughes@yahoo.com
WEBMASTER:	Andy McKenna	720-412-9279	monstor@comcast.net
SECRETARY: MEMBERSHIP: PADDLE COORDINATOR: SAFETY and INSTRUCTION: ONSHORE EVENTS: PUBLICATIONS EDITOR:	Dan Downs Marsha Dougherty Jud Hurd Brian Hunter Tim Fletcher Sue Hughes	720-234-1052 720-301-9444 970-377-9277 303-748-6776 303-726-1549 303-776-4541	dan.downs@lefthandsoftware.co marsha5847@gmail.com hurdofgoats@gmail.com oldmanadrift@yahoo.com timfletcher5583@comcast.net suehughes@yahoo.com

Th are

These figures are not fishy.

END OF THE YEAR

FINANCIAL REPORT

For 2018

Dave Hustvedt, Treasurer

ITEM		000000000000000000000000000000000000000
BEGINNING BALANCE, January 2018		\$4467
REVENUE		
Members' dues	\$480	
Misc. Donations	\$50	
TOTAL REVENUE		\$530
EXPENSES		
ACA Insurance and Dues	\$381	
Chatfield Permit	\$20	
Reimburse Kayak Camping Class expenses	\$139	
TOTAL EXPENSES		\$540
ENDING BALANCE, December 2018		\$4457

EDITOR'S NOTE: After his death on the Arkansas River in June of 2017, Mark Wier's heirs donated his kayaks and boating equipment to RMSKC. The Steering Committee has suggested that the \$2622 from its sale be placed in a separate *Memorial Safety and Education Fund.* Decisions about how to use that money have not been made and none of it has been spent. When it is, accountings of how the money is allocated will be in separate Treasurer's Reports.

STEERING COMMITTEE MEMBERS

DAN DOWNS, SECRETARY: Dan and his wife, Gail Denton, got into kayaking in anticipation of a long trip to Alaska. In 2008 they bought an RV and a kayak on Craigslist, then looked around for training on what to do! Members of the club came out and gave a group of fledgling kayakers some lessons in wet exits, in a cold lake on a chilly day: perfect conditions to practice. They bought a few things from Ray Van Dusen at River Mouse, especially the Chota boots he recommended; they were the best purchase ever! Then off they went to Kachemak Bay, and beyond.

Since then, they have paddled other places in Alaska, Puget Sound, Columbia Lake (the headwaters of the Columbia River in British Columbia), Flaming Gorge Reservoir, the Everglades, Hampton, VA, Chesapeake Bay, and Lake Champlain. Locally they've paddled Lake Dillon, Union and Lonetree Reservoirs, Carter Lake and a few smaller lakes like McIntosh in north Longmont. Lovely paddles all.

They paddled a tandem 21' *Seascape* by Northwest, and Dan paddled a Pygmy. Since then he's bought an NDK *Explorer HV* and Gail has a new-to-her NDK *Romany*.

MARSHA DOUGHERTY, MEMBERSHIP COORDINATOR: I bought my first boat in 2001 and joined the RMSKC and Rocky Mountain Canoe Club in 2004.

I am an avid paddler and have enjoyed many wonderful trips with the clubs. I'm not wild about white water, more of a Class 2 camper type.

I am excited to be membership coordinator and part of the RMSKC steering committee. And, of course, I'm looking forward to another great season of paddling.



STARTING TIME: "Starting time" means the time that everyone will be *in the water and ready to paddle*. Be sure to arrive early enough to have your boat off the car, loaded and ready to go by that time.

DAY PADDLES: Non-member guests may paddle with the Club on day paddles if they sign an American Canoe Association Waiver and Release of Liability form and pay the \$5 ACA event fee. ACA members from other Paddle America clubs may join RMSKC day trips if they provide a current ACA card; they must also sign a paper Waiver at the put-in but do not have to pay the event fee.



MULTI-DAY PADDLES: According to RMSKC policy, overnight and extended trips are open only to RMSKC members; additional criteria for members' participation may be included in the trip description at the discretion of the trip leader.

STEERING COMMITTEE MEMBERS, CONT.

Our other Steering Committee members have had biographies in previous issues; read their full write-ups in publications that you can find on our website.

GEORGE OTTENHOFF, our new President, has been Secretary for several years. He and his wife, Jen, live in Greeley; they have been on



most of the Lake Powell houseboat trips. George has joined all of RMSKC's Green and Colorado River trips and several of the Pacific Northwest and Alaska trips. He is busy trying to retire from his law practice. As he told us at the Winter Party a coupe of years ago, he really does have the very best words. His full bio is in *The NEWS*, Early Spring 2015 (23-1a)

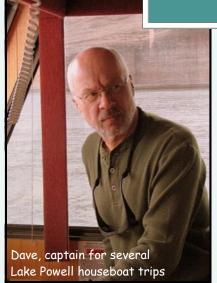


TIM FLETCHER, our Onshore Coordinator, is retired from Union Pacific railroad. He canoes and camps with his wife and a group of friends, and has paddled with RMSKC on Lake Powell and Alaska. He's led three RMSKC river trips out of Moab on the Green and the Colorado and volunteers with the Girl Scout boating program every summer. His motto is, "Slow is smooth and smooth is fast." Read more about Tim in *The News*, Spring 2016 (24-1a).

Jub Hurd, Paddling Coordinator, lives in Ft. Collins with his wife Gail, who has a new rowboat but isn't too excited about water sports. Jud is a former controller for the University of Colorado at Boulder and has planned more RMSCK trips than anyone else. He is fond of saying, in an Oklahoma drawl, "It will all work out; it always does." His biography was originally run in the Fall, 2009 issue of The NEWS (19-2a).



MORE STEERING COMMITTEE MEMBERS



DAVE HUSTVEDT, our Treasurer, shared the Onshore Coordinator position with his wife Lou Ann, in the years before she died. He lives in the mountains west of Boulder with his daughter, son-in-law and two grandchildren in the house that Lou Ann built. He sings in his church choir, hunts and fishes, and plans trips to Alaska. His full bio is in *The NEWS*, Fall 2011 (19-1a)



BRIAN HUNTER, Safety and Instruction Coordinator, grew up in Florida and starting kayaking as a way to fish. Since then he's gotten faster and more maneuverable boats, taught himself to roll, and to make Greenland paddles. He takes grief for paddling a super-loaded kayak, but on every trip there's someone who needs something he's brought.

He has written more articles for our club publications than anyone else. His full bio is in *The News*, Spring 2016 (24-1a).



SUE HUGHES, RMSKC Editor, loved canoeing at Girl Scout camp. She took a guided trip to Baja the year before she retired, and then bought a boat, went to lessons on the west coast, joined RMSKC and took the first Kayak Camping class in 2008.

She likes formatting publications more than quilting: less mess and more control. Read other details in *The Mountain Paddler*, Winter 2008-2009 (17-1)



Our webmaster, ANDY McKENNA, works full time, raises two teenagers with his wife Dawn, and still finds time to kayak and even write an article for the Mountain Paddler once in a while.

He got his start in a boat that had belonged to Jud Hurd, which Brian Hunter helped him buy at a swap meet at Confluence Kayaks. He's gone to Lumpy Waters and practices at the pool in the winter and Standley Lake in the summer. Read more details in *The News*, Winter 2017-2018 (26-1a)



RENEWAL PROCEDURES:

RMSKC AND

ACA MEMBERSHIP



Your Rocky Mountain Sea Kayak Club membership has two components. They are membership in RMSKC itself and membership in the national paddling group which provides our insurance, the American Canoe Association.

The first component, your **RMSKC** MEMBERSHIP, expires on March 31. In the next few days, please follow the renewal procedures on the "Membership" page of the RMSKC website (http://www.rmskc.org/) and mail or email the application form, and snail-mail a \$10 check, to Marsha Dougherty to arrive before March 31. (Both categories are \$10—either an "Individual" or a "Family" membership. What a deal.)

Being a current MEMBER OF THE ACA and having a current ACA WAIVER ON FILE WITH RMSKC are the second components of being in RMSKC. Your American Canoe Association membership is also renewed yearly, but that date depends on when you first joined ACA. The ACA renewal is done on their website http://www.americancanoe.org/. This website is not intuitive and you may want an adult beverage before you start, but the directions on the Membership page of our website will help you.

When you are done with your ACA renewal and have signed their waiver, be sure to save it to your desktop and then attach it to an email to Marsha Dougherty, our new Membership Coordinator. That is the only way that RMSKC will get the copy, which is a mandatory part of your Rocky Mountain Sea Kayak Club membership



IN SUMMARY:

- 1. Mail your RMSKC dues to Marsha by March 31.
- 2. Renew with ACA whenever your membership with them needs renewing.
- 3. Make yourself a copy of the waiver you sign when you renew with ACA and then attach it to an email to Marsha.

marsha5847@gmail.com

Marsha Dougherty 90 South Carr Street Lakewood, Colorado 80226

WELCOME NEW MEMBERS

➤ JIM LEGGITT, OF DENVER: I grew up in Connecticut holding a paddle instead of a baseball bat, inspired by my father who built more than twenty lightweight wooden or canvas kayaks for fly fishing in local lakes.

Upon graduation from Rhode Island School of Design, I moved to Denver and practiced architecture for more than forty years. Notable buildings I helped design are Writer's Square and Denver's Aquarium. Now retired from commercial practice, I spend time volunteering with my poodle at DIA, creating art, meeting Clark Strickland and other friends every Saturday morning for coffee, repairing my 1910 Park Hill home, adventure traveling, teaching drawing, and enjoying a well earned retirement.





I became a white water paddler in the mid-1970s, taking multi-day trips down rivers in Colorado and New Mexico. I even kayak surfed in Canada on Vancouver Island's Long Beach. I still own three vintage kayaks from that era.

My daughter Gretchen lives in Bellingham, Washington, and I experienced my first sea kayaking trip two summers ago when we paddled eight miles to Lummi Island and spent a couple of days camping in a hidden cove on the island. I was instantly hooked on sea kayaking! I recently purchased an orange *Delta 17* from Confluence Kayaks and am waiting for delivery this spring.

I am going back to Bellingham this summer for a multi-day sea kayaking trip throughout the San Juan Islands. I also want to return to Valentine, Nebraska, for a relaxing float down the Niobrara River, which I hope I can interest some RMSKC members in doing this summer.

➤ JACOB SCHOR, OF DENVER: Jacob Schor says he was roped into joining the club by Brian Hunter late last spring. He's been playing in small boats in water since he was a kid, and confesses that few other things make him as happy as getting his feet wet.

He was in Wayne Horodowich's second clinic last July and is planning to paddle with Clark's trip to the Hudson Valley and Long Island Sound this coming fall.

He sent this photo of his newest boat, a NDK *Pilgrim* that was restored by the Maine Island Kayak Company on Peaks Island, Maine. The shadow in the photo hides the seam where the stern had been snapped off.



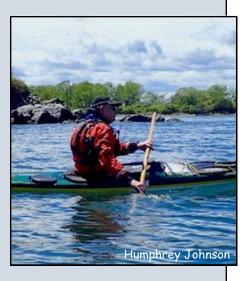
MORE NEW MEMBERS

LIZ AND HUMPHREY JOHNSON, OF DURANGO: Liz wrote: Humphrey and I moved from Peaks Island, Maine, to Durango in February, 2018. Peaks Island is about three miles off the coast of Portland, Maine. On the island, I worked as a sea kayak guide at Maine Island Kayak Company while Humphrey commuted into Portland by ferry. He was also a trip leader for the southern Maine Sea Kayak Network.

Both Humphrey and I are
Registered Maine Sea Kayak
Guides, ACA Level 3 paddlers and
Level 2 Instructors, and have BCU
3-Star certifications. We have
Nigel Dennis boats: mine is an NDK
Pilgrim and Humphrey has a
Romany Surf.

We have paddled the Maine coast and its islands, from where we lived in Casco Bay, along the Maine Island Trail to the more remote waters of Downeast Maine.





Other waters where we have gotten our paddles wet are the Gulf of Mexico, the infamous "triangle" off Tybee Island, Georgia, and the north and south coasts of Cornwall, England, where we completed an *Incident Management and Sea Survival* course with Sea Kayak Cornwall.

Liz and Humphrey joined RMSKC members for Opening Day at Gross Reservoir last May. We're sorry they live so far away that we probably won't get to paddle with them very much.

➤ CHRIS AND GRISELLE DUVAL, OF COLORADO SPRINGS: In 2015 we published biographies of the Duvals in *The NEWS*, Spring 2015. We learned Chris had done some kayaking in a variety of places, and that Griselle was from Puerto Rico and had been raised around the water, but not in human-powered boats.

By last summer when they resumed their membership, Chris had paddled lots more. He wrote: "This is my third season sea kayaking, and my second doing whitewater. I'm not sure which one is more fun, but since I just retired, I expect to do more of both.

"After taking a five day class with Kayak Academy in Issaquah, Washington, I bought a Tiderace *Xplore-M*. Then I did a ten-day class in Sitka, Alaska, and now I can't paddle enough. My wife likes to join me but only for calm, flat water paddles. In the spring of 2019 I hope to do some exploring in the Bahia de Kino area of the Sea of Cortez. It's an area that doesn't see a lot of kayaking, but it's a place I fell in love with when I was in college."

Chris and Griselle were in Wayne Horodowich's clinic at Chatfield this past summer, and Chris paddled on the club's trip to Lewis and Shoshone in Yellowstone in August.



NEW MEMBERS

PROBERT "JAKE" JACOBS, OF GENESEE: I was introduced to kayaking in December, 2016, in Antarctica. I was on a cruise for 24 days that went to South Georgia Island, up and down the West coast of the Antarctic Peninsula in the Patagonian Fjords. I was able to paddle in several bays and sheltered areas and near research stations. We saw whales, penguins, seals and sea birds in great abundance.



I was so intrigued I returned the following year, and again this holiday season with my son and his wife, and paddled every chance I got. I started thinking of buying a boat and that was cinched when I returned in early July from a month in Iceland, Norway, Scotland and Denmark, where I got to paddle in fjords and bays. I bought my first kayak, a red *Delta 12.10*, when I got home in August.

I grew up in Idaho and graduated from Boise State University. I am a retired Human Resources executive and moved to Genesee in late 2014. Prior to that my career took me to many places in the US (Idaho, Washington, Wisconsin, Illinois, West Virginia and Indiana) as well as Europe and South America, but I've never before lived in Colorado. However I have skied and hiked here for over 35 years.

My activities include cooking, hiking, biking, skiing and now paddling. I have only been able to paddle, so far, in Frisco, Evergreen, Grand Lake and Chatfield but would welcome the opportunity to go wherever. I look forward to meeting and getting to know others who paddle, and to gaining experience with my boat.

- > OTHER NEW MEMBERS: We hope to see all our new members on the water this summer, and to have information about the following people in our next issue:
 - Michael Enochs from Pueblo West
 - Stephen Tomcheck from Castle Pines
 - David Christian from Denver



Jen Ottenhoff, Sandy Carlsen, Marsha Dougherty Von Fransen, Brian Hunter, Tim Fletcher, Harold Christopher, Dick Dieckman and George Ottenhoff

WINTER POTLUCK AND CLUB MEETING, JANUARY, 2019

Almost two dozen members enjoyed the 2019 Winter Party. It was held at Onshore Coordinator Tim Fletcher's church, Lutheran Atonement in Lakewood, again this year.

As always, the food was good and the camaraderie even better.



Our new President, George Ottenhoff, thanked Clark Strickland and Marlene Pakish for their service on the Steering Committee.

Marty and Clark Strickland and Gary Cage

Clockwise from the front right:

He then held a voice vote to approve the slate of new Steering Committee members: George for President, Marsha Dougherty for Membership Coordinator and Dan Downs for Secretary.

The SC members all gave brief updates about their responsibilities or pet projects:

- Onshore Coordinator Tim Fletcher announced that PaddleFest has been scheduled for June 15 at Chatfield, remodeling permitting.
- Treasurer Dave Hustvedt reviewed the club's finances and the new Memorial Safety and Instruction Fund, which was established by the SC with the proceeds from the sale of Mark Wier's equipment. [See page 5 for the exact figures.]
- Publications Editor Sue Hughes reminded members that they are asked to carry an Emergency Medical Card in their PFD. She also spoke about volunteering for Tri for the Cure on August 3 this summer.

- Brian Hunter, charged with Safety and Instruction, announced there will cold water rescue practices
 scheduled at both north and south metro areas as soon as the ice melts, and that we are working to have
 Wayne Horodowich back to teach another set of clinics this coming summer.
- Marsha Dougherty said she'd only been Membership Coordinator for about ten minutes, so we'd hear from her about membership renewal procedures by email soon. [The particulars are on page 9.]

 Newly elected Secretary Dan Downs and Webmaster Andy McKenna were unable to attend. Dan's bio is on page 6.

Then Jud showed a PowerPoint presentation which reviewed the highlights of last season's paddling, and gave a shout-out to the season's Most Frequent Paddlers [on p. 15]. He also listed the full season of paddles already scheduled for 2019. [See pages 16-17.]

During the event the tables around the edge of the room were piled high with good gear that former member Kathleen Ellis is no longer going to use.

She donated all of it to RMSKC to sell for the *Memorial Safety and Education Fund*. Dave Hustvedt reports that the fund received \$375 from the proceeds of this sale.

Kathleen also has a lime green Current Designs' Sirocco for sale for \$800. It can easily hold a week's worth of gear and water, and the bulkhead between the day hatch and the back compartment has been removed so it's super-easy to pack. Email her if you're interested: kathleenaellis@gmail.com



HAROLD'S HERB ROASTED WINTER VEGETABLES

INGREDIENTS:

1 pound white or red potatoes, quartered

1 medium red onion, but in wedges

1 2-pound butternut squash, cut in 1.5" cubes

1/2 of a 16 oz. bag of baby carrots

1/3 cup chicken broth Tbsp. water

1/4 cup olive oil

1 tsp. each snipped fresh oregano, rosemary and thyme or 2 teaspoons Italian seasoning

1/4 tsp. black pepper

1/4 tsp. salt

DIRECTIONS:

Preheat oven to 450°. Combine the veggies in a roasting pan, drizzle with the broth and oil and sprinkle with the seasonings. Stir until well coated.

Bake uncovered for 25 minutes. Sir and bake 20 minutes more or until the broth has evaporated and the vegetables are tender.

MEMBERS AT THE WINTER PARTY

Gary Cage and Anne Fiore,
Sandy Carlsen and Harold Christopher,
Dick Dieckman, Marsha Dougherty,
Tim and Ben Fletcher, Von Fransen,
Sue Hughes, Brian Hunter, Jud Hurd,
Dave Hustvedt, George and Jen Ottenhoff,
Julie Pfannenstein, Julie Rekart,
Stacy Rezak, Marty and Clark Strickland and
Anna Troth and Gregg Goodrich

PADDLE DATA, 2018

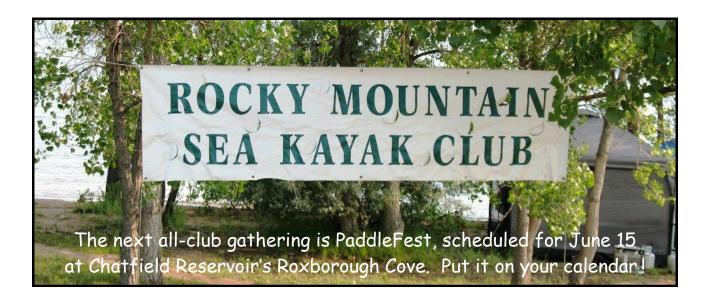
Compiled by Jud Hurd, Paddle Coordinator

2018'S MOST FREQUENT PADDLERS

- 15 Brian Hunter
- 13 Clark Strickland
- 11 Jud Hurd
- 11 Marsha Dougherty
- 10 Susan Hughes
- 5 each: Ann Marie Odasz, Anne Fiore, Dave Hustvedt, Dan Downs, Gary Cage,
 George Ottenhoff and Tim Fletcher

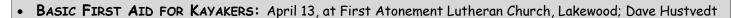
2018'S MOST POPULAR PADDLES

- Gross reservoir 13 participants
- Lake Pueblo 12 participants
- Art of Staying Upright Clinics 10 and 6 participants
- Barr Lake Birding 9 participants
- Green River 7 participants
- Bighorn Canyon 7 participants



RMSKC'S PLANS, 2019

- POOL PRACTICE AT MEYERS POOL in Arvada:
 Usually every other Sunday, at 10:00 (the "canoe" time). Check our website for specific dates and a phone number for weather-related pool closures.
- MULTI-CLUB: March 30 or snow date of April 6;
 Paddle the South Platte with other paddle clubs



- 13TH ANNUAL MUD HEN PADDLE at McIntosh Lake in Longmont: April 27; Sue Hughes
- PUEBLO LAKE: May 11; Jud Hurd's Saturday paddle (and maybe overnight camping) is always popular
- SECOND TUESDAY AFTER-WORK MONTHLY PADDLE (NORTH) at Lake McIntosh in Longmont: Beginning May 14, check the website for the dates for the rest of the summer; Dave Hustvedt
- WEDNESDAYS DURING-THE-DAY MONTHLY PADDLE
 (SOUTH) at Chatfield Reservoir: Beginning May 15, check
 the website for the dates; Clark Strickland or Brian Hunter
- CHATFIELD PLUM CREEK BIRDING: May 18; Ann Troth and Gregg Goodrich are leading their fourth annual birding spotting paddle in a new location.
- OPENING DAY AT GROSS RESERVOIR: May 25, the Saturday of Memorial Day weekend; Dave Hustvedt
- BARR LAKE CLEANUP: May 30; Clark Strickland
- PADDLEFEST at Chatfield Reservoir's Roxborough Cove:
 June 15; our annual summer paddle, gear share and sale, and potluck lunch
- GLACIER BAY, ALASKA: June 22-30; Dave Hustvedt, Marsha Dougherty and Jud Hurd
- GIRL SCOUTS' FOCUS WATER CAMP: June 24 28; Brian Hunter, Clark Strickland, Tim Fletcher
- GIRL SCOUTS' SAMPLER WATER CAMP: July 22 26; Brian Hunter, Clark Strickland, Tim Fletcher
- WAYNE HORODOWICH CLINICS: July 27 and 28
- TRI FOR THE CURE: August 3; Volunteer opportunity at Cherry Creek Reservoir, with a \$50 stipend



T-rescue practic

- FULL MOON PADDLE AT CHERRY CREEK: August 16; Sue Hughes
- HORSETOOTH PADDLE: August 17; Jud Hurd
- GREEN RIVER, MINERAL BOTTOM TO SPANISH BOTTOM: August 24 - 31; Tim Fletcher
- BIGHORN CANYON, MONTANA, CAMP AND PADDLE: September 7 12; Jud Hurd
- HUDSON VALLEY AND LONG ISLAND SOUND: September 29 October 8; Contact Clark Strickland to be added to the waitlist.
- KAYAK CAMPING CLASS: Two sessions (an introductory talk with a packing demonstration, and a shakedown practice pack-and-paddle) followed by a paddle-in overnight somewhere along the Front Range; contact Brian Hunter to express interest.

VOLUNTEER OPPORTUNITIES

- Trash Trackers Cleanup, Lake Powell, Summer 2019: Apply online to be put on their waitlist for cancellations
- Girl Scout Water Camps, June 24 28 and July 22 26; contact Brian Hunter for more info.
- Tri for the Cure, Cherry Creek Reservoir: August 3, check the website for contact information
- Horsetooth Open Water Swimmer Support: September 8; check online for registration information

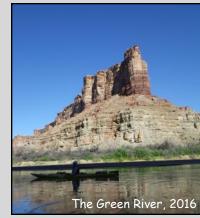
NOTES FOR PADDLERS

READ THE *PARTICIPANTS' GUIDELINES:* Before joining a club day paddle or longer trip, please check the guidelines in the "For Participants" section of TRIPS AND DAY PADDLES on the club's website. It has lots of particulars about paddling with RMSKC.

RSVP TO THE TRIP LEADER: Check with the Trip Leader to

discuss the necessary skill level and other requirements. When you RSVP you'll learn important details about the outing and be put on the list to stay in the loop about any last minute changes due to our famously unpredictable Rocky Mountain weather. It's a fact of life: sometimes trips get relocated, postponed or cancelled!

PLAN SOMETHING NEW: Is there a day paddle or a trip that you'd like that you don't see? Read the revised *Trip Leader Guidelines* on the RMSKC website. It's full of helpful suggestions for paddle coordinators. There is also a tutorial for post-trip reporting required by the ACA. [*The NEWS*, 20-2a]. Or check with Paddle Coordinator, Jud Hurd for help; he's a master at "Jud-Led" trips and will be happy to help you with any details.



Jud, with bags of garbage collected on a camping trip

A SYNDICATE OF CLUB MEMBERS OWNS A KAYAK TRAILER

Owning a RMSKC trailer for hauling kayaks is something the Steering Committee has considered more than once, but each time they decided the prospect was too full of issues and voted to pass.

Clark Strickland was undeterred; he was sure that he and his paddling friends really did need one. When he heard about the simple hauler that former member Roz Brown was selling, he bought it. It came with Roz's two kayaks, which Clark sold to help cover the cost of the rig.



He then talked a handful of his RMSKC friends into paying for shares. That makes it privately owned equipment, but it is available for use by non-owners for a freewill offering to cover keeping it registered and insured: \$25 a weekend or \$100 a week. Contact Clark if you're interested.

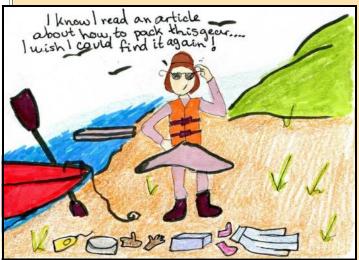
HERE ARE THE DETAILS:

- It has a tongue coupler for a 2" ball which fits the trailer. There are $1\frac{1}{2}$ " and 2" draw bars in the waterproof cargo box, one of which should fit a standard car, SUV, or PU truck receiver. There is a 4-pin electrical connector. All of the lights work. There is a spare tire; the spare and tongue coupler are locked. The trailer has three sets of Thule J-frame kayak carriers. There are two chocks to block a wheel and the tires have covers on them.
- There is a cargo box for the trailer which is locked with the same key as the spare and the tongue coupler. In the box are straps for the J-frame carriers, a wrench for removing the lug nuts holding the spare onto the frame, and a copy of the trailer registration (in Clark's name) in a waterproof container. The cargo box, which is not watertight, is big enough to carry a few PFDs or small dry bags, but will be too short for paddles.
- It is stored in the mountains above Boulder. When the trailer is returned there, it should be locked, chocked and the wheel covers put over the tires and fastened using the straps with clips because the area is subject to high winds. Plastic garbage bags should be strapped over the J-frames to keep the sun from deteriorating the padding any further.
- Your own auto insurance should provide coverage for the damage that you do WITH the trailer or its
 contents, but probably not damage that you do TO the trailer or its contents; if you damage it, you're
 expected to replace it in kind. Consult with your auto policy carrier to understand your liabilities and
 responsibilities.

As you know, the Rocky Mountain Sea Kayak Club has two publications. They were created out of the former RMSKC Newsletter in July, 2009, when people felt that the Newsletter had gotten too long.

WE HAVE AN INDEX FOR THE CLUB'S PUBLICATIONS

The RMSKC's NEWS publishes mostly just what its title implies—Club news. Its goal is to keep you current on the working of the RMSKC and what is on our paddling schedule. It's a bit like a newspaper; many of the things in it will be less relevant after the passage of time. The other Club publication, The Mountain Paddler, is a magazine that publishes articles written by members about trips and other topics of interest to kayakers that will remain pertinent over a longer timespan.



Yes, those articles and their pictures are wonderful, and could be an invaluable source of information for future paddles, if you could find the one you were looking for.

To facilitate that, an index of all the articles and news briefs in both publications has been created and posted to the PUBLICATIONS page on the RMSKC website. By using the search 1 function while in the Index you can locate any article by name or by author, and by almost any topic or subtopic.

Below are some examples. Check them out; all the issues are posted on our website. Hopefully you can now find and re-read anything we've published in the last decade.

- Interested in paddling from a houseboat on Lake Powell? Check 18-1b, 18-3b, 21-2b or 25-2b
- Remember there was something about **mosquitoes on the Missouri?** Search "mosquitoes" and you can read about those in 17-3b...and other references to the bothersome bugs in Yellowstone in 18-1b.
- Curious about articles mentioning "staying together"? There is only one, but try searching just "together" and you'll find three more under "paddling together".
- Likewise, all the articles about paddling or lessons in the Pacific Northwest can't be found with "northwest". Some are "Washington" and others "Puget" and "lessons" will get some more. You'll have to be crafty.
- Looking for how to pack it all into those tiny hatches? Sorry, you will have to write that one yourself. But there's info on labeling your gear in 21-2b.

¹How to use the *Search* function, also known as the *Find* function:

Click "Control" and then "F" and a dialogue box will pop up. Type in what you are looking for and the closest instance will appear.

Click "Find Next" or a picture of an arrow if you want to look for other articles. Keep clicking to look through all our publications back for at least ten years.

Cartoon by Dave Hustvedt's daughter, Ingrid Anderson

- AAA INFLATABLES (dry gear, clothing, PFDs)
 3264 Larimer Street, Denver
 303-296-2444
- CONFLUENCE KAYAKS
 2301 7th Street, Denver
 303-433-3676
- GOLDEN RIVER SPORTS
 806 Washington Avenue, Golden
 303-215-9386
- SEA KAYAK BAJA MEXICO www.seakayakbajamexico.com
- COLUMBIA RIVER KAYAKING
 Skamokawa, WA, an hour from Astoria, Oregon www.columbiariverkayaking.com
- SUBURBAN TOPPERS discounts for members on all products: Yakima, Thule, Rhino-Rack, caps, etc. 5795 E Colfax Avenue, Denver 303-320-8677
- UNIVERSITY OF SEA KAYAKING discounts for classes offered through RMSCK Wayne Horodowich www.useakayak.org









Sea Kayak Baja Mexico www.seakayakbajamexico.com Trips & Training for enthusiasts World Heritage location Nigel Dennis Kayaks Werner; Kokatat; Beale GPs BCU-certified leaders & coaches: Ginni Callahan, Yuri, Marcos, Santiago, Ramon 10% Discount for RMSKC Members. 17 years experience.

