

Basic Binding



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Binding Strips

See Quilt Chef pattern for necessary number of binding strips.

OR

To determine total number of binding strips needed:

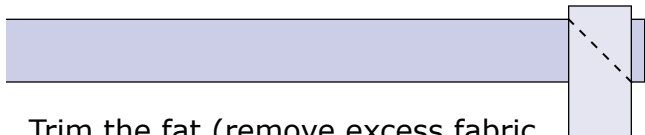
- Measure outer edges of quilt.
- Divide total by 40".
- Add 1 extra strip to allow for seams.

Example: Quilt measures 70" x 90"

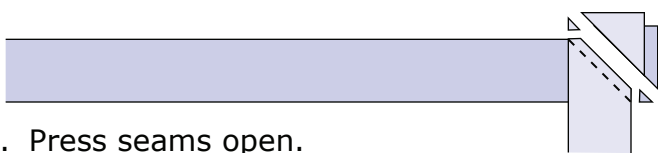
- $(2 \times 70) + (2 \times 90) = 140 + 180$
- $320 \div 40 = 8$
- $8 + 1 = 9$ strips needed

Binding Construction

1. Slice required number of 2½" strips.
2. Remove selvages.
3. Place binding strips right sides together at 90° angle.
4. Stitch strips diagonally as shown.



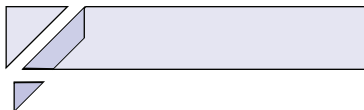
5. Trim the fat (remove excess fabric triangles) leaving ¼" seam allowance.



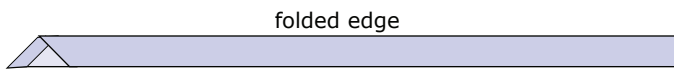
6. Press seams open.



7. Slice starting end at a 45° angle. With wrong side up fold over ½", press, and trim corner.



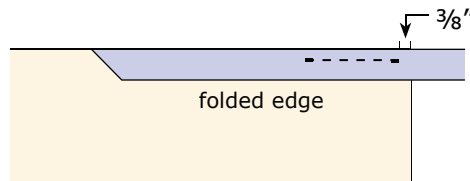
8. Fold binding in half lengthwise, wrong sides together, and press.



Attach Binding

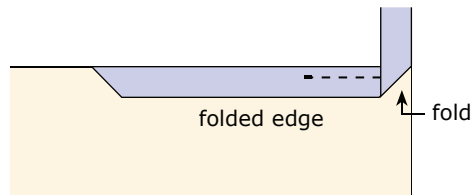
1. Position angled starting end along trimmed edge of quilt front, 12" before one corner. Pin raw edges together.
2. Using a walking foot and a scant ⅜" seam allowance, leave 8" unsewn and begin stitching 4" before corner.

3. Stop a scant ⅜" before corner. Backstitch.



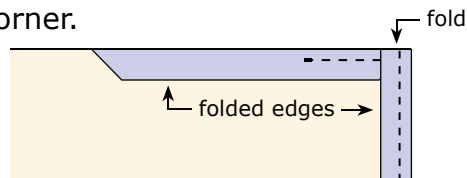
4. Clip threads and remove from sewing machine.

5. Fold binding up creating a 45° angle at corner.



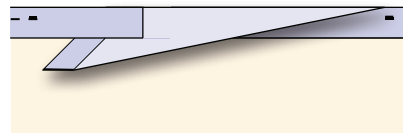
6. Holding diagonal fold in place, fold binding down onto itself aligning horizontal fold with top edge and raw edge with next side of quilt. A small flap is formed.

7. Stitch from top edge down the side, using ⅜" seam allowance. Repeat steps 3 - 6 at each corner.



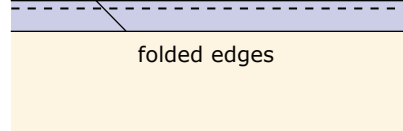
8. Stop stitching 4" prior to reaching the angled starting end and backstitch.

9. Open angled end and insert raw edge end.



10. Trim inserted end down to a 1" overlap.

11. Realign all raw edges and complete the seam.



Finish Binding

1. Fold binding to quilt back, covering stitches. Pin or clip in place.
2. At corners finger press first side of binding flat and fold diagonal edge down to form mitered corners. Pin or clip in place.
3. Hand stitch to backing and along mitered corners.