

Folks,

Eliot Sorel has launched a campaign to make health care a human right. As is his style, he is obtaining a large number of supporters to participate in the launch. Details at:

<http://psychnews.psychiatryonline.org/doi/full/10.1176/appi.pn.2017.4b50>

In the April 24 NY Times, an op-ed by Facebook COO Sheryl Sandberg: “How to Build Resilient Kids, Even After a Loss,” such as the death of a parent. The recommendation is that the remaining parent tell the child over and over again how much that parent loves them. Further helpful if the kids are encouraged to believe they are noticed, cared for, and relied on.

In “Our Costly Addiction to Health Care Jobs,” Sunday’s NY Times: Jobs in the health care industry now constitute one in nine U.S. jobs, up from one in 12 in 2000. Since 2007, health care is the biggest sector in job creation. For every physician, there are 16 other health care workers, over half of whom are not involved in direct care.

Last Thursday: FDA said no codeine or tramadol in children under 12 – period. Also, a warning as to breastfeeding.

JAMA, 18 Apr 2017:

A Canadian study concluded that children born to mothers who received SSRIs during pregnancy are NOT at increased risk of developing autism.

Wall Street Journal, 2 Apr 2017, book review of NO ONE CARES ABOUT CRAZY PEOPLE says that the calls for reform go back to the 1850s, but failures of the health care system continue as we see an increasing number of mentally ill on the streets or in jail.

Headline in the American Psychological Association’s MONITOR, reflecting on the gender of psychology majors: “The Male Psychologist: Privileged in the path to extinction.”

A study published in Stroke found that individuals "who drank at least one artificially sweetened beverage a day had almost three times the risk of developing stroke or dementia." The researchers "did not find the same link between stroke and dementia in people who drank sugar-sweetened beverages, but the authors say that doesn't mean it's time for people to start" consuming those either.

This month's J of Child and Adolescent Psychopharmacology: "the long-term use of atypical antipsychotics, both as monotherapy or in combination with other psychotropic medications in children and adolescents with bipolar disorder, was associated with a steady and cumulative increase in BMI."

This month's JAMA Psychiatry:

1] I think we are all attracted to meta-analyses, but an editorial says that, at the present time, there are flaws that threaten their validity and utility.

2] There was a time when doctors were protective of the information they entered into a patient's record. However, with the advent of electronic health records and the desire by patients to have true transparency in healthcare, it's much more common for physicians to share all notes, lab results and X-ray images to allow patients to be more involved in their own medical care.

From the lakphy desk: This month's *Scientific American Mind* has an article suggesting that the "best fix" for depression is physical exercise.

Roger